

Physical Eligibility Frequently Asked Questions

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DO I NEED A PHYSICAL FORM ON FILE FOR CLINICS? FOR SUMMER SPORTS CAMPS? FOR DEVELOPMENTAL SPORTS? FOR TRYOUTS?

Yes, yes, yes, and yes! A valid physical form must be on file with the Athletics Department BEFORE a student can participate in tryouts, sports camps, clinics, developmental sports, and/or competitive sports.

HOW DO I KNOW IF THE PHYSICAL FORM THE SCHOOL HAS ON FILE FOR ME IS VALID FOR MY SPORT'S SEASON?

Physical forms expire one year from the date of the physician's examination, which is indicated on the physical form. Physical forms must be valid for your entire sport's season. To check if the Athletics Department has a physical form on file for you and when it expires, please go [here](#).

IS IT OKAY TO USE THE PHYSICAL FORM WITH A WATERMARK OTHER THAN 2023-2024?

Yes. You can use an earlier watermarked physical form, or you can download and use the 2023-2024 watermarked physical form found [here](#).

MY PHYSICIAN USED A 2-PAGE PHYSICAL FORM. WILL THAT BE ACCEPTED?

As long as the physician's physical form includes the Medical History and the Physician Examination portions of the physical form with all the necessary fields, the 2-page format is fine.

WHAT IF MY PHYSICAL FORM IS NOT MARKED "CLEARED?"

Upon conclusion of your physical exam, the examining physician will choose one of three options on your physical form:

Cleared

Cleared After completing evaluation/rehabilitation for: ____

Not Cleared for: ____

☐ **Please only submit physicals marked "Cleared."**

Physical forms noted as "Cleared After completing evaluation/rehabilitation for:" or "Not Cleared for: ____" will not be accepted as they cannot clear students for physical eligibility. If you submit a physical that is not marked "Cleared" you will be notified by email that your physical form can be picked up from the Middle School office so you can take whatever steps are needed to be able to return a physical form that we can then use to note the student athlete as physically eligible.

If your physical form was marked "Cleared After completing evaluation/rehabilitation for," you will need to follow up with the recommended doctor and attach a note from that doctor indicating that your student has been evaluated or received rehabilitation for the cause noted and that they are now cleared for sports. Once you have this physician's note clearing your student for sports attached to the original physical form, you can submit it for processing.

If your physical form was marked "Not Cleared for," you will need to go through the necessary recovery time, evaluations or treatment and then get a new physical form that is marked "Cleared" by a physician before submitting it.

WHAT IF I MISS THE PHYSICAL FORM SUBMISSION DEADLINE?

Being a small department trying to tackle as much as possible for our community, we must batch administrative processes as much as possible to be efficient, including physical form processing. If you miss your sport's physical form deadline, please double-check that it is filled out completely before submitting to expedite processing. Then please submit it by emailing it to physicals@mwschool.org. Please allow five school days for processing before your student will be noted as physically eligible. (This assumes the physical form submitted was filled out completely and cleared by the physician.)

Please note that the Athletics Department will be closed from June 2 – July 9, 2023. Physical forms for Summer Camps must be submitted by July 9 to physicals@mwschool.org at the latest.

Check if the Athletics Department has a physical form on file for you and when it expires [here](#).

Please email Meridian-athletics@mwschool.org or physicals@mwschool.org with questions.