

## Psychology Honors

### Dream Analysis Assignment

2 typed pages (minimum), double-spaced, 12-point font

APA format and citations (title page, references)

#### Research procedure:

- 1) Record the dreams that you remember each night (the manifest content).
- 2) Choose a dream you would like to write about/analyze (use an old dream that you remember if it is more interesting or you haven't been able to record a recent dream).
- 3) Research the possible meanings (latent content) behind the themes, events, and objects in your dream (use the dream dictionaries that can be found at <http://www.thecuriousdreamer.com> and/or <http://www.mydreamvisions.com/>).

\*You may use any sources you like, as long as they are properly cited

#### Parts of the paper:

- 1) Title page
- 2) Introduction/position statement: Do you think that dream analysis is possible? Do you believe that there is hidden meaning in our dreams?
- 3) Describe your dream.
- 4) Describe the interpretation of the various aspects of your dream that you found online.
- 5) Evaluate the interpretation of your dream according to these sites (does any of it make any sense to you and your life?)
- 6) Conclusion
- 7) References page