

Stop Making Fun of Only Children

Every day, people make fun of only children. Many people think only children have fewer social skills and grow up to be unsuccessful adults. However, research suggests only children have more skills and traits that help them become successful later in life. Children born into families with no other siblings become high-functioning adults.

For instance, one way only children become high-functioning adults is by having longer attention spans and a harder work ethic. Newsweek, a news organization focused on research, says only children tend to do better on standardized tests and in school. According to Newsweek, "In fact, only-children and children with a lone sibling tend to perform better on standardized tests, earn higher grades and stay in school longer, according to Douglas Downey, a professor of sociology at Ohio State University" (Deveny). Research has proven that onlyborns do better on standardized tests and earn higher grades. Some traits of high-functioning adults are longer attention spans and a higher level of thinking, all of which are needed for earning higher grades and performing well on standardized tests. One way only children become 'high-functioning adults is by doing well in school.

By extension, only children become high-functioning adults by having to face challenges on their own and maturing early on. The National Library Of Medicine, an organization focused on researching health information, being an only child comes with many benefits including leadership, independence and solitude. According to The National Library of Medicine, "Another explained the pros and cons of being an only child from her grown-up perspective: 'I'm an only child. Pros: leadership, independence, comfortable with solitude, confidence, can entertain myself, acted like an adult as a child because I was more exposed to adult conversations'" (Trent). Onlyborns have strengthened traits such as leadership, independence, and confidence. High functioning adults have very similar traits that lead to them being high functioning. Traits such as leadership and independence lead to only children becoming high functioning adults.

Finally, only children become high-functioning adults by becoming more social and having to make friends outside of their home. Psychology Today, an

organization focused on researching psychological causes and effects of certain events, concluded that there are benefits of only childness including higher peer acceptance and outgoingness. According to Psychology Today, "Some studies reported that only children were more sociable in terms of being more outgoing, engaging more in extracurricular activities, and enjoying higher levels of peer acceptance than those with siblings" (Newman). Only children are found to be more sociable and participate in more extracurricular activities. Sociability engagement in activities is an important part to being a high functioning adult.

Every day only children around the world are made fun of for their condition. Hopefully, someday only children will be accepted for their condition and put on the same level as non-only children. So, next time someone makes fun of an only child, tell them that only children have many strengthened traits that they don't have.

Sources

Works Cited

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