

Prune Harris - The Healing Power of Ceremony

THE HEALING POWER OF CEREMONY

Simple ceremonies to heal yourself, your loved ones and the Earth

I have been working with ceremony since I was tiny; simple ones, complex ones, daily ones, seasonal ones, annual ones. In some of these ceremonies I was the only person involved, and in others there were hundreds of participants. And I love them all.

Ceremonies are all about connection, they provide a bridge between the personal, interpersonal and the sacred energy fields that exist within you and around you at all times. They work elegantly, simply and profoundly, and I believe them to be the single biggest transformer of the balance and healing of your energy fields. The more you work with ceremony, the more your energy fields are able to weave between the personal, the interpersonal and the sacred, helping you connect more and more into your place as a sacred being, a beloved and essential part of the great web of life.

There are many daily ways that you can work with sacred consciousness for yourself, for your loved ones, for your community and for the earth. Every ceremony is impactful and healing, even a few seconds of sacred consciousness can transform everything about your day, and it is this understanding that I want to convey in this 90 minute class.

My objective for this class is that you are empowered to:

- Understand what a ceremony is
- Know how to access the healing potential it holds
- Learn how ceremony affects your own energy field and how it affects people, places and situations in your life
- Feel confident in creating your own simple and transformative healing ceremonies

I will draw on my decades in clinical practice and lifelong ability of seeing energy to help you connect to and access the fullness of your life.

You have a choice to feel energised. You have a choice to feel empowered and joyful, every day.

The details

Cost:£40

What's included:

90 minute class

Unlimited access – the class is recorded so you can go back and enjoy it again and again

A class handout to view on the course platform or to download and print

Plus bonus downloadable material explaining your amazing energy anatomy and the fabulous fundamentals of energy

“The human energy system is the foundation of your health. When you understand how to support your energy you are able to support your physical health, emotional health and vitality. You have a birthright to feel awesome!”