

## **WVJS Annual Meeting Minutes: 1/10/26 at 1 pm**

### **Attendees:**

Walt Van Zant (President), Joseph AuBuchon (Vice President), Becki Kriege (Secretary), Helen Wong (Treasurer), Nancy Kirk, Missy Sudan, Danny Moon, Ken Camet, Norry McAllister, Lin Sun, Bob Lord, Geoff Bradley, Radha Nambula, Todd Hayes, Kat Powell

**Call-in attendees:** Dino Delyani, Jorn Jensen (had to leave at 1:30 pm), Dick Chimenti, Tom Warfel

### **1. Club officers & team captains:** vote: (16 yes- 0 no)

- a. Propose to keep all current officers: Walt Van Zant (President), Joseph AuBuchon (Vice President), Becki Kriege (Secretary), Helen Wong (Treasurer)
- b. Propose to keep Jorn as the Men's team captain and Missy as the Women's team captain.
- c. Propose to add co-captains to serve as backups: Travis for Men's team and Lin for the Women's team.
- d. Duties of team captains: sending out email to find out who will run PA races and relays, organize relay teams, submit teams for PA scoring

### **2. Budget (Helen):**

#### **Revenue**

Club Dues Paid from club USATF reimbursement	\$970
Club Dues	\$1,682
Unaccounted Income	\$266
Race Winnings	\$570
Dividend	\$223.59
<b>Total Income</b>	<b>\$3,711.59</b>

#### **Expenses**

Post Office Box	\$200
USATF membership reimbursements to club members	1800
Valentine	\$125.92
Awards/Trophies	\$680.83
Banquet	\$2,984.96
Handicap Relay	\$407.20
Xmas Relay	\$390
<b>Total Expenses</b>	<b>\$6,588.91</b>

	<b>Net Income/(Loss)</b>	<b>\$2,877.32</b>
<b>Beginning Cash Balance</b>		<b>\$13,778</b>
<b>Net (Loss)</b>		<b>\$(2,877.32)</b>
<b>Ending Cash Balance</b>		<b>\$10,900.68</b>
i.    USATF membership re-imbursements owed for 2025	\$1495	
ii.    Club merchandise rewards for racing owed for 2025	\$1450	
iii.    Club merchandise awards for RunnerOTY owed for 2025	\$300	

### **3. Club Dues**

- a. Propose keep current level of \$30 individual, \$40 family, \$1 student (*15 yes, 0 no*)
- b. Propose to add a lifetime membership option for \$300 individual and \$400 family.
  - i. For both annual and lifetime options, clarify that family means people living in the same house as well as their children under 25 years old living elsewhere. (*15 yes, 0 no*)
  - ii. The lifetime membership is under the name of a single person or a couple, applies to his or her family, and can't be passed down or otherwise transferred to another family member.
  - iii. An individual lifetime membership can later be converted to a family lifetime membership by paying whatever the cost difference is at that time.
- c. Club members can pay their dues via Venmo (@wvjstreasurer), cash/check (to Helen in person), check to (*P.O. Box 2271, Saratoga, CA 95070*), Zelle (upon request).

### **4. Lupus 5k as a fundraiser:**

- a. If offered the opportunity to organize the course we will accept and Norry will coordinate another year while training someone else who will take over the following year.
- b. Who will be the future coordinator after Norry? *We have nobody for now. We will keep looking.*
- c. Advisor: Walt

### **5. USATF reimbursement for 2026**

- a. Do we want to continue? *Vote: yes=2, no=16*
- b. Propose to drop the merchandise bonuses and either:
  - i. Also eliminate USATF annual membership reimbursement (is it actually motivating more people in the club to race?) *vote: yes=16, no=2*

- ii. Give the USATF full reimbursement (\$60) for runners racing for the club in at least 10 ( races with XC races each counting double ) *vote: yes=2, no=16*
- iii. Give the USATF half reimbursement (\$30) for runners racing for the club in at least 3 ( races with XC races each counting double ) *vote: yes=4, no=14*

## 6. **Sportspacks Merchandise**

- a. Reports of very long delays in shipping
- b. Are the rewards gift cards used?
- c. Is there a better way to give the merchandise rewards to the winners besides Sportspacks gift cards? I.e. bulk order or from another site?
- d. Propose to not purchase gift cards and instead do bulk order and/or reimbursements for orders
- e. Voting on other options for gift card allocation:
  - i. **Money:** Runners can receive half the value of the merchandise in cash. *vote: yes= 0, no=18*
  - ii. **Donate:** Runners can choose to donate the dollar value of their winnings back to the club towards a tent. *Vote: yes=16, no=2*
  - iii. **Club gear:** Assemble two bulk orders to save on shipping and to eliminate the need for gift cards.
- f. Propose to have Lin survey eligible racers about how they would like to spend the reward gift cards earned in 2025. Survey will include:
  - i. 1 or 2 options for specific items (i.e. a jacket, just select a size)
  - ii. Option to select what they want from the SportsPack website and ask Lin to include in the bulk order.
  - iii. Option to order directly from SportsPack, submit receipt, and be reimbursed up to the planned gift card amount.
  - iv. Option to decline merchandise award and say you want it directed towards purchase of WVJS branded club tent
  - v. Option to decline merchandise award and credit back to club general funds
- g. Committee to help with merchandise options for previous: Lin, Becki, and Joseph

## 7. **Annual Club Awards Dinner**

- a. Coordinator: Mark
- b. Awards: Lin for plaques (13 plaques and 2 perpetual trophies). *vote: yes=9, no=7*
- c. Certificates: Donna Krey? (need to check with her)
- d. Where: Brookside (Missy reserved right after the meeting)
- e. MC: Joseph

- f. When: Sunday, March 1st, Location reserved from 12pm to 3pm with setup allowed from 11am. Event start time will be communicated later.
  - g. Options for food: (a)Club pays with a budget (\$1500) *vote: yes= 7*, (b)\$10-\$20 head count charge + club pays the rest *vote: yes=12* \*(c)Club pays for venue, but we do it as a potluck *vote: yes=4*. (d)Club pays for entree and potluck for everything else. *vote: yes=8* (e)Do the awards later in the day and have potluck dessert. *vote: yes=7*
    - i. *2nd round voting out of a, b, d, and e with only 1 vote allowed→ b received ~10 votes to win*
  - h. Set deadline to rsvp
- 8. Annual Valentine Race , *vote for club to cover cost: yes=16***
- a. When: Saturday 2/14/26 at 8am.
  - b. What: 4-person teams, scored like a XC race
  - c. Committee: Walt, Scott Bang?, Mike Krey, Ken Camet
  - d. Prizes: Valentine candy: Becki & Missy will purchase.
  - e. Club will cover the cost
- 9. Annual Handicap Race , *vote for club to cover the cost: yes=16***
- a. Where: Kevin Moran Park (Missy reserved park right after the meeting)
  - b. When: Monday September 7, 2026
  - c. Committee: Becki, Ken, Missy, Walt, & Danny
  - d. Club will cover the cost. Only members can receive prizes.*yes=16*
- 10. Christmas Relays: *vote yes=15, no=1***
- a. Club will pay entry fee for the teams that are formed by the early bird entry date
- 11. Racer of the Year: *vote: yes=12, no=3***
- a. Keep rules the basically the same? (See edited version in Appendix 1)
  - b. On track event days, should we allow the best time from any heat? (majority voted no)
  - c. Continue to allow remote runs for track races (majority voted yes)
  - d. Eliminate fastest marathon & half-marathon as races? (voted to eliminate)
  - e. Continue to only include PA road & XC races (not MUT and T&F) (voted to keep)
- 12. Runner of the Year:**
- a. Feedback on new format? (See Appendix 2) *Keep the rules the same without merchandise. Just a plaque and gold, silver and bronze award certificates (yes=15)*
  - b. Revised rules to include all USATF races (i.e. MUT, T&F); need to be reported to Tom directly.
  - c. Revised rules to clarify multiple races on the same day/meet don't relieve additional points.

- d. Rewards were not defined last year; we only said Gold and Silver winners would get some club merchandise award. Walt, Joseph, and Tom to review after results are totaled. Target 1 overall and ~2-3 gold, ~2-4 silver, and ~2-5 bronze winners. *Half the value of race participation race cards for 2025 (about \$300).*

#### **13. Cumulative Saturday contest divisions:**

- a. Dino started an email exchange with suggestions. Dino, Gary, and Joseph are aligned on the new divisions for 2026.

#### **14. Saturday Workout Schedule**

- a. Review of survey results (Appendix 5)
  - i. Generally people support current schedule
  - ii. Road courses seem about right
  - iii. People would like more of the track events (800, 1500, 3k, & 5k)
  - iv. Campus loop (eliminate: yes= 11) (keep: yes=1);  $\frac{1}{2}$  tennis court (eliminate yes= 10) (keep=4); tennis court (eliminate yes= 0) (once a year=8) (twice a year yes=1) , and 200/300m relays are the least popular events.  
(These are already run least often and are scheduled on days with lowest attendance due to PA race schedule)
- b. Changes for 2026
  - i. Reduced from 3 back to 2 All-Courses days
  - ii. Added a track 5k
  - iii. Voted in meeting to eliminate campus loop relay & half tennis court loop relay and to reduce full tennis court loop relay to 1x a year.
- c. Options to consider:
  - i. Want to investigate whether the additional 5k can be made into a road 5k still starting and finishing at the usual road course spot or on the track (we did have a 3 mi handicap race in 2021; something like that course is an option). (majority supported creating road 5k and adding these in place of some of the removed events).
  - ii. We have 3 days of 1 mile on the track and 1 day of 1500m. We could change 1 of the days of 1 mile on the track to another track distance, like 1500m, or to a multi track event day. (considering but likely to stay the same)
  - iii. We have 1 day each for 800m, 1500m, 3k, and then 1 day for 3000/1500/800. We could change the 800m and/or 1500m day to another 3000/1500/800m day. (considering but likely to stay the same)

#### **15. Results, all time lists, website, & social media:**

- a. Update on new club email and contact list (Joseph)
  - i. Club email ([wvjsracing@gmail.com](mailto:wvjsracing@gmail.com)) created
  - ii. Inbox delegated to Joseph, Becki, & Radha who can send and receive emails from the club account (through their own gmail accounts)

- iii. Email distribution maintained through labels on the contacts list of this new gmail account
- b. Feedback on new Google Sheets based web posting format (feedback was positive with one issue in that results can't be copied into old bulletin format)
- c. Propose to publish the race results in the same format as the Saturday workout results (this is in addition to Jorn's race report emails.)
- d. Should we replace the club bulletin with periodic email updates which include links to the relevant material? (Dino) *vote: yes=17;no=0; should we send the email quarterly* *vote: yes=17*
- e. Update on new database proposal: Joseph to follow-up with Gary offline
- f. What can we do better on social media to attract new (young) members? (quick discussion but will follow-up with young club members or club members' kids)

**16. Saturday workout logistics:**

- a. WVZ trophy on relay days not awarded just for closest to predicted time. This has become the norm since we went to self predicting times ~2 years ago, but fails to reward other forms of good performances. (will not consider this a "rule" for relay award criteria going forward but it's still one of the options in selecting the winner)
- b. Timing is very challenging for relays. Many names/times missed each relay:
  - i. Continue use of exchange zone for hand offs for all relays >400m
  - ii. Do better to help keep waiting runners away from the finish line and exchange areas
  - iii. Video relay for backup?
  - iv. More volunteers for timing/recording/spotting. We can add this to an email.
- c. A couple suggests about shifting the Saturday workout time during the summer and/or winter
  - i. Propose to keep 8am year round to avoid confusion

**17. Memorial for former club members update (Nancy)**

Keep the picture and name for members who have passed away. Currently, they are under history. Ken Camet will help with this project.

**Appendix 1: Racer of the Year Contest rules**

- A. Runners will be placed into an appropriate division at the start of the year
- B. There will be 6 divisions (A to F) based on each runner's best equivalent 10k race performance (outside races or Saturday club road races) during the last year. The times for the divisions are: A (sub 39:00), B (39:00 - 43:59), C (44:00 - 47:59), D (48:00 - 51:59), E (52:00 - 63:59), F (64:00+)
- C. Runners joining after 7/1 will be placed in the A division for the remainder of the year

- D. Runners joining after the beginning of the year but before 7/1 will be placed in a division by the club president
- E. Runners who run a 10k equivalent time of 1:00 or better than the fastest time range for their division will be moved to the next higher division
- F. Runners may elect to move up to a higher division; this is not reversible for the rest of the year
- G. Points are awarded based on a runners rank vs other club members in the same division at each eligible race (1st place 25 points, 2nd place 24 points, etc.)
- H. USATF PA Grand Prix races will count double if the runner represented the club and had a valid USATF membership at the time (1st place 50 points, 2nd place 48 points, etc.)
- I. Scores will be calculated using points from their best 8 races (or fewer if using double pointed PA races). Total scoring is out of 200 points. Scoring will automatically use whatever race combinations give each runner their highest score.
- J. Runners must compete in at least 6 separate races in order to receive an award
- K. All who compete in at least 6 Racer races will receive a Gold, Silver, or Bronze award. The club president will determine the allocation of awards for each division at the end of the year.
- L. A club runner cannot score for a race unless he/she is an official entrant in the race.
- M. Club members cannot win more than one plaque in a year with Racer of the year taking priority.
- N. Ties for 1st place will be broken by comparing head-to-head W-L records in Grand Prix races.
- O. Racer of Year rules may only be changed at the annual meeting

**Races counting in the racer of the year contest:**

- All USATF PA road and XC races
- Fastest Farwell
- WVJS designated Saturday workouts for 800m, 1500m, 1 mile, 3k, and 5k
  - Only times from your designated heats count; not runs in the open/extra heats
  - Can be run remotely on any track in the world on the same day but times must be reported (wvjsracing@gmail.com) the day of the workout before midnight
  - Runs on the 3000m/1500m/800m day also count for those 3 events

**Appendix 2: Runner of the Year Contest rules**

**Purpose: To recognize club members who participate in club Saturday workouts, represent WVJS in PA races, and complete mileage regardless of pace.**

- i) Runners will earn one point for every mile that they run.
- ii) Runners will earn **50 points for every Saturday club workout** that they attend and run in, or help by timing/recording/etc, or just cheer on the runners. Tom Warfel will receive 50 points per week in exchange for keeping track of the Runner of the Year results.

- iii) Club members who compete in USATF PA road or cross country races representing WVJS will earn **250 points for each race**.
- iv) Club members who compete in any other USATF races representing WVJS (such as MUT or Track & Field) will earn 250 points for each race. These need to be reported to Tom Warfel ([tomwarfel@comcast.net](mailto:tomwarfel@comcast.net)) as they are not automatically tracked in the normal results.
- v) Any instance where a member runs more than 1 race at the same meet such as running in the masters and open divisions of an XC meet or racing in multiple track events (even on separate days of the same meet) will not receive more than 250 points.
- vi) Club members will receive **250 points** for participating in the Valentine race and **250 points** for participating (run in or help by timing/recording, etc) in the annual club handicap race.
- vii) Walking at a brisk pace during a workout will count towards mileage in this contest.
- viii) The overall points leader will receive the Runner of the Year award. Gold, Silver, and Bronze award certificates will also be awarded and the points criteria for these will be determined by the club president after totaling results at the end of the year.
- vii) Runner of the Year participants will report their mileage to Tom Warfel ([tomwarfel@comcast.net](mailto:tomwarfel@comcast.net)) monthly or quarterly. The Saturday workout and race participation log and points will be tracked in a Google Sheet which will be posted to the club website and kept updated with the latest reporting of mileage from participants. Any errors in the sheet should be reported to Tom Warfel.

**Appendix 3: Club Jobs Chart (copy from Becki's file as of 1/11/26):**

\*\* Updated File Posted here:

<https://docs.google.com/spreadsheets/d/1pBC5luOCgykGKs5HJbxilxD-XLraDC5DmWuoBpynPeo/edit?usp=sharing>

	<b>Job</b>	<b>Who</b>	<b>Description/Notes</b>
<b><u>Officers &amp; Racing Team Captains</u></b>	President	<a href="#">Walt</a>	Oversee all jobs and to make sure that everyone has what they need to complete their job.
	Vice President	<a href="#">Joseph</a>	Assist the president
	Secretary	<a href="#">Becki</a>	Annual meeting minutes File club taxes (using IRS form 990 N e postcard) Assist with many other administrative needs Ensures that WVJS's USATF club dues are paid on January 1st each year
	Treasurer	Helen Wong	Maintain club bank account Collect and log dues Issue reimbursements for club expenses
	Team Captains	<a href="#">Jørn (Men), Missy (Women)</a>	Put together teams Submit results to PA office
	Team Co-Captains	Travis Koh (Men), Lin Sun (Women)	Backup the team captains
<b><u>Weekly Roles:</u></b>	All-time lists	<a href="#">Dave Piazza</a>	Maintain database for age group records for all road runs
	Clock	<a href="#">Danny</a>	Saturday morning workouts
	Relay coordinator	<a href="#">Walt</a> & Radha	gather sign ups on Saturday morning for the relays, create teams, make handicaps for the teams,
	Timers & finish line	Volunteers signup on website. Everyone encouraged to volunteer to help with timing at least 1 relay a year.	Timers Recorder Spotter (needed for relays)
	Road course time archive	<a href="#">Dino</a>	Log all Saturday road course results into Google Sheet archive files
	Yearly track workout log	<a href="#">Dino</a>	Log all Saturday track events into Google Sheet
	CUM Saturday	<a href="#">Dino</a>	Update the Google sheet after every road run. Advise on division placement and changes Report winners at year end
	Social Media	Radha & Lin	Post results to club social media accounts Advertise workouts on social media
	Weekly results / updates emails	<a href="#">Becki, Joseph, &amp; Radha</a>	Compile results from each Saturday workout Share with the club email distribution along with

			the writeup and any other club updates
Weekly write ups	<a href="#">Walt</a>		Send weekly write up to whoever is sending out the results that week
Racer of the Year contest	<a href="#">Gary</a>		Maintain sheets tracking results for each division
Runner of the year contest	<a href="#">Tom Warfel</a>		Maintain mileage and workout/race participation file
<b><u>Other Key Roles:</u></b>	Webmaster	<a href="#">Dick Chimenti (Dino and Ken Camet are back ups)</a>	Maintain website
	Membership	<a href="#">nancy kirk</a>	Contact new members, take photo for website
	Club Bulletin	<a href="#">Walt, Dino</a>	Assemble bi-annually
	Awards (ordering)	Lin Sun	Order awards ahead of awards banquet
	Awards dinner/lunch	<a href="#">Mark</a>	Coordinate venue, meals, and invitations
	Lupus Run	<b>Norry for 1 more year</b>	Coordinate setup of the course and volunteers for the event day.
	Shettler Handicap Race	<a href="#">Ken, Missy, Becki, Walt, &amp; Danny</a>	Advertise, setup handicap starts, setup breakfast/treats, prizes, mark course, results
	Team merchandise	<a href="#">Becki, Lin Sun</a>	<a href="#">WVJS merchandise</a>
	Valentine Relay	<a href="#">Walt, Ken, Mike Krey, Scott Bang</a>	Advertise, assemble teams, mark course, prices, results