



Dr. Trevor Shaw

DC, MS, DACRB, CSCS

2026 ACRB Conference Speaker Spotlight

Dr Trevor Shaw is a 2010 graduate of Palmer College of Chiropractic's Florida Campus. Dr. Shaw practiced from 2010-2017 in a variety of different chiropractic offices, from family style to high end multi-disciplinary. In 2017 Dr. Shaw moved back to Florida to assume the role as the head of the Clinical Rehabilitation and Sports Performance department at Palmer Florida where he currently holds professor status.

As a chiropractor, and certified strength and conditioning specialist with a master's degree in sports nutrition and exercise science he serves not only as a Professor Palmer College but as a strength and conditioning and nutrition consultant at New Smyrna Beach MMA where he is an assistant coach and black belt instructor in Brazilian Jiu-Jitsu.

Dr Shaw specializes in orthopedic evaluation, movement skills, sports performance, nutrition and most importantly, getting people back to the life they want.