

Mentorship Menu

I partner with coaches to bring extra support, strategy, and lab insight to their clients. This lets you stay in your zone while your clients receive deeper, root-cause guidance.

✨ A La Carte Consult

For when you just need an extra set of eyes or a new direction for a client.

60 min call — \$150



Ongoing Co-Coaching Mentorship

For coaches who want me woven into their client's journey.

What's included:

- Bi-weekly calls (with you + your client)
- WhatsApp communication between us for strategy and support (me + you)
- Lab reviews and ordering support
- Root-cause strategy and terrain roadmap

Investment:

- \$499/month (month-to-month, cancel anytime with 2-week notice)
 - \$477/month (12-week commitment)
 - \$1,288 paid in full for 12 weeks (saves \$143)
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Referral Appreciation

When a client would be best served working directly with me, I offer a **\$75 thank-you**. This can either be:

- Paid directly to you as the referring coach, **or**
 - Applied as a discount to your client's first month with me
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These options are designed to keep things clear, collaborative, and supportive so your clients receive the depth they need, and you have me as a trusted resource by your side while you get to learn with me along the way in a co-collaborative container.

If any of these offerings align with your needs, reach out and let me know which is for you.

🌟 I'm excited to potentially work together in a mentoring relationship!