



COMPETITIVE EVENTS' SUMMATIONS 2025-2026

Competitors may compete in ONE orange event, ONE blue event and ONE yellow event.

Competitors CANNOT register two events in same color.

They may compete in as many green and purple events as they would like.

**** SS (secondary/high school); MS (Middle School); PS (post-secondary; graduates/collegiate)**

EVENT: Health Science Events	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
Behavioral Health (BH)	6SS/6PS	ONLINE TESTING	Individual
Biomedical Equipment Technician	6SS/6PS	ONLINE TESTING	Individual
Cultural Diversities & Disparities in Healthcare (CDD)	6SS/6PS	ONLINE TESTING	Individual
Dental Terminology (DI)	Unlimited	ONLINE TESTING	Individual
Healthcare Administration	6SS/6PS	ONLINE TESTING	Individual
Health Informatics	6SS/6PS	ONLINE TESTING	Individual
Human Growth & Development (HGD)	6SS/6PS	ONLINE TESTING	Individual
Med Law & Ethics (MLE)	6SS/6PS	ONLINE TESTING	Individual
Medical Mathematics (MM)	6SS/6PS	ONLINE TESTING	Individual
Medical Reading (MR)	6SS/6PS	ONLINE TESTING	Individual
Medical Spelling (MS)	6SS/6PS	ONLINE TESTING	Individual
Medical Terminology (MT)	6SS/6PS	ONLINE TESTING	Individual
Nutrition (NUT)	6SS/6PS	ONLINE TESTING	Individual
Pathophysiology (PAT)	6SS/6PS	ONLINE TESTING	Individual
Pharmacology (PHA)	6SS/6PS	ONLINE TESTING	Individual
Foundations of Medical Terminology	6MS	ONLINE TESTING	Individual
Foundations of Medical Reading	6MS	ONLINE TESTING	Individual
Foundations of Nutrition	6MS	ONLINE TESTING	Individual
World Health & Disparities	6SS/6PS	ONLINE TESTING	Individual

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EVENT: Health Professions	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
Biotechnology (BT)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Clinical Laboratory Science	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Clinical Nursing (CN)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Clinical Specialty (CS)	3SS/3PS	Career portfolio and presentation	Individual
Dental Science (DS)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Family Medicine Physician (FMP)	3SS/3PS	Presentation to judges	Individual
Home Health Aide (HHA)	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Medical Assisting (MA)	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Nursing Assisting (NA)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Occupational Therapy (OT)	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Patient Care Technician (PCT)	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Personal Care (PC)	Unlimited -IEP-	Skills only-Form must be turned in by	Individual
Pharmacy Science (RX)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Phlebotomy	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Physical Therapy (PT)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Respiratory Therapy (RT)	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual
Sports Med (SM)	6SS/6PS	ONLINE TESTING -Skills Top 10 go to Round 2	Individual
Surgical Technologist	6SS/6PS	ONLINE TESTING-Skills Top 10 go to Round 2	Individual

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EVENT: Emergency Preparedness Events	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
CERT Skills (CERT)	Unlimited	ONLINE TESTING -Skills Top 10 go to Round 2	Team
CPR/First aid (CPR)	3SS/3PS	ONLINE TESTING -Skills Top 10 go to Round 2	Team
EMT (EMT)	3SS/3PS	ONLINE TESTING -Skills Top 10 go to Round 2	Team
Epidemiology (EP)	6SS/6PS	ONLINE TESTING	Individual
Life Support Skills (LSS)	SS-IEP-unlimited	Skills only- Eligibility form must be turned in 3-5-2026	Individual
Mental Health Promotion	2SS/2PS	Presentation	Team
MRC Partnership (MRC)	Unlimited	Interview/Portfolio	Team
Public Health (PH)	1 Team SS/ 1 Team MS 1 Team PS	Top 10 go to round. 2	Team

EVENT: Leadership Events	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
Research Poster (RP)	1SS/1PS	Presentation	Individual
Extemporaneous Health Poster (EHP)	3MS	Poster Only- ONSITE 1 Round	Individual
Extemporaneous Writing-Health Policy (EW)	2SS/2PS	ONLINE writing composition	Individual
Health Career Photography (HCP)	2SS/2PS	Presentation with pictures-Top 10 go to round 2	Individual
Healthy Lifestyle (HL)	Unlimited	Test with notebook-Top 10 go to round 2	Individual
Interviewing Skills (IS)	SS-IEP-unlimited	Interviewing- Eligibility form must be turned in 3-5-2026	Individual
Health Care Preparation (HCP)	3MS	No Uploads – All paperwork judged on onsite and Interview	Individual
Job Seeking Skills (JSS)	2SS/2PS	Interview	Individual
Prepared Speaking (PS)	2SS/2MS/2PS	Speech	Individual
Researched Persuasive Writing and Speaking (RPS)	2SS/2PS	Speech/Paper	Individual
Speaking Skills (SS)	SS/MS-IEP-unlimited	Speech- Eligibility form must be turned in 3-5-2026	Individual

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EVENT: Teamwork	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
Biomedical Debate (BD)	2SS/2PS	ONLINE TESTING -Debate Top 10 go to Round 2	Team
Community Awareness Project (CA)	1SS/1PS	Portfolio/presentation	Team
Creative Problem Solving (CPS)	2SS/2PS	ONLINE TESTING-Problem-Solving scenario Top 10 go to Round 2	Team
Forensic Science (FS)	2SS/2PS	ONLINE TESTING-Case study Top 10 go to Round 2	Team
Health Career Display (HCD)	1SS/ 1MS/1PS	Display Top 10 go to Round 2	Team
Health Education (HE)	1SS/1MS/1PS	Presentation	Team
HOSA Bowl (HB)	2SS/2PS	ONLINE TESTING -Top 10 go to Round 2	Team
Medical Innovations (MI)	2SS/2PS	Display/Demo Round 1 to qualify for Round 2	Team
Parliamentary Procedure (PP)	3SS/3PS	ONLINE TESTING and Meeting-Top 10 go to Round 2	Team
Public Service Announcement (PSA)	1SS/1PS	Presentation and upload	Team

EVENT: Recognition	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
Health Care Issues Exam (HCIE)	6SS/6PS	ONLINE TESTING	Individual
Emotional Well Being Challenge	Unlimited	This is a ILC Competition ONLY	Team
HOSA Service Project (HSP)	One per chapter SS/MS/PS	Track donations/hours	Chapter
Barbara James Service Award (BJSA)	SS/MS/PS Unlimited	Track Hours on HOSA activity	Individual
HOSA Happenings (HH)	1SS/1MS/1PS	Submit newsletter	Individual Chapter
HOSA History Examination	Unlimited	ONLINE TESTING	Individual
EVENT: Academic Testing	NUMBER of ENTRIES PER CHAPTER	COMPETITION	EVENT TYPE
NG: Occupational Health and Safety Test**	6SS/6PS	ONLINE TESTING	Individual
NG: AAFP Family Medicine Career Test**	6SS/6PS	ONLINE TESTING	Individual

NG: Leadership Test**	6SS/6PS	ONLINE TESTING	Individual
NG: Biology Test**	6SS/6PS	ONLINE TESTING	Individual
NG: Anatomy and Physiology**	6SS/6PS	ONLINE TESTING	Individual

****These events do not advance the competitor to ILC. These are National Geographic Learning Academic Testing Center Events.**

The deadline for online submissions is Friday, March 6th

The online testing window is 3/2-3/6/2026

Round 2 results will be posted by Friday, March 20th no later than 8pm