Community Violence and Mental Health: Supporting Patients and Building Resilience Monday, October 25, 2021 at 2:00 - 3:30pm ET

Session recording and slides:

https://nurseledcare.phmc.org/past-webinars/item/1165-community-violence-and-mental-health-supporting-patients-and-building-resilience

Mindfulness-Based Stress Reduction Guided Practices, Jefferson Health

Self-Compassion Guided Practices and Exercises, Center for Mindful Self-Compassion

Philadelphia Adverse Child Experiences Survey, Philadelphia ACE Project

<u>Community Violence and Trauma: Supporting Youth and Building Resilience,</u> National Child Traumatic Stress Network

How to Respond When Trauma is Revealed, Psychology Today

<u>How to Help Your Clients Understand Their Window of Tolerance</u>, National Institute for the Clinical Application of Behavioral Medicine

6 Tips to Help Your Nonclinical Staff Practice Trauma-Informed Care, Relias

<u>Key Ingredients for Successful Trauma-Informed Care Implementation</u>, Center for Health Care Strategies, Inc., Robert Wood Johnson Foundation

<u>Fostering Resilience And Recovery: A Change Package for Advancing</u>, National Council for Mental Wellbeing

Trauma-Informed Primary Care, National Council for Mental Wellbeing

<u>The Road to Trauma-Informed Care in Primary Care</u>, National Council for Health in Public Housing [recorded webinar]

Adverse Childhood Experiences (ACEs), Centers for Disease Control and Prevention

Substance Abuse and Mental Health Services Administration (SAMHSA) Programs, SAMHSA

The Sanctuary Model, The Sanctuary Institute

From Trauma to Transformation, Alive

<u>Five Science-Backed Strategies to Build Resilience</u>, Greater Good Science Center at the University of California, Berkeley

Crime and Violence, Healthy People 2020, Office of Disease Prevention and Health Promotion

Community Violence Prevention, Centers for Disease Control and Prevention

Community Violence and Mental Health: Supporting Health Center Staff and Building Resilience

Monday, November 29, 2021 at 2:00 - 3:30pm ET

Session recording and slides:

https://nurseledcare.phmc.org/past-webinars/item/1180-community-violence-and-mental-health-supporting-health-center-staff-and-building-resilience

Radical Self-Care, CompassPoint

Mindfulness-Based Stress Reduction Guided Practices, Jefferson Health

Self-Compassion Guided Practices and Exercises, Center for Mindful Self-Compassion

The 7 types of rest that every person needs, TED

<u>Understanding Moral Distress, Moral Injury, & Other Dangers of Helping Others</u>, Association of Clinicians for the Underserved

Increasing Staff Capacity to Respond to Intimate Partner Violence/Human Trafficking During COVID-19, Futures without Violence

<u>Secondary Traumatic Stress Identification, Mitigation and Improving Work Satisfaction for Health Center Staff During the COVID-19 Pandemic, National Center for Health in Public Housing</u>

<u>Supporting Resilience and Recovery in the Community</u>, National Mass Violence Victimization Resource Center

How Can Healthcare Professionals Help with Gun Violence?, Healthcare Management Degree Guide

Violence Against Healthcare Workers: A Rising Epidemic, American Journal of Managed Care

<u>Peer Support for Health Care Workers Emotionally Affected by Workplace Violence,</u> The Joint Commission

Self-Care for the Healthcare Professional: How to Gain Confidence, Take Control & Have a Balanced and Successful Career, Community Health Training Alliance and Life First Therapy, LLC.

[Book] <u>Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others</u> Laura Van Dernoot Lipsky, Connie Burk

[Book] My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies by Resmaa Menakem

Community Violence and Mental Health: Health Center Strategies for Violence Prevention and Intervention

Wednesday, December 15, 2021 at 2:00 - 3:30pm ET

Session recording and slides:

https://nurseledcare.phmc.org/past-webinars/item/1186-community-violence-and-mental-health-health-center-strategies-for-violence-prevention-and-intervention

Health Partners on IPV + Exploitation (Futures without Violence) provides free technical assistance to community health centers and other Health Program grantees working to address and prevent intimate partner violence, human trafficking, and exploitation, in partnership with community-based advocacy programs. You can contact them here: https://healthpartnersipve.org/contact-us/

<u>Building Community Power To Heal And Thrive: Addressing Adverse Community Experiences,</u>
Prevention Institute

To Combat Violence, Clean up the Neighborhood, New York Times

<u>The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement</u>, Dr. Shawn Ginwright, Professor of Africana Studies at San Francisco State University

Adverse Community Experiences and Resilience: A Framework for Addressing and Preventing Community Trauma, Prevention Institute

<u>Developing Cross-Sector Partnerships</u>, National Nurse-Led Care Consortium, National Center for Equitable Care for Elders, and National Center for Health in Public Housing

Addressing Intimate Partner Violence and Human Trafficking in the Health Center Setting, HITEQ

Building an Inclusive Organization Webinar Series, The Association of Clinicians for the Underserved, National Health Care for the Homeless Council, and Association of Asian Pacific Community Health Organizations

Stopping Workplace Violence in Healthcare, Crisis Prevention Institute

Improving Health Outcomes Through Violence Prevention: Model Partnerships Between

Community Health Centers and Domestic and Sexual Violence Programs, Futures without Violence

Supporting Mothers At The Intersection Of Violence & Racism, Futures without Violence

<u>Healing Centered Engagement for Patients Experiencing Intimate Partner Violence</u>, Futures without Violence

Why Domestic Violence Increased During Covid-19, And What Can Be Done About It, Futures without Violence

Gun Violence: The Health Care Provider's Role in Prevention, Futures without Violence

<u>Clinical Response and Prevention Strategies to Support Migrant and Seasonal Agricultural</u>

<u>Workers Who Have Experienced Intimate Partner Violence and Human Trafficking</u>, Futures without Violence

<u>Improving Health Outcomes through Violence Prevention: Promising Strategies from Community Health Centers</u>, Futures without Violence

How a Health Equity Approach Enhances Violence Prevention Efforts, Futures without Violence

New Public Health Strategies For Violence Prevention, Futures without Violence

Anti-Racism As Violence Prevention, Futures without Violence