

SILVER QUALIFYING ADVENTUROUS JOURNEY (AJ) REPORT TEMPLATE

- 1. Use this template as a guide to help you compile a written report.
- 2. The instructions/suggestions can be deleted as you go.
- 3. Save your completed Report as a PDF, then upload it to your Online Record Book (ORB) with the following naming convention: Billy_Bloggs_Qualifying_AJ_Report.

Your Name:	
Your Award Centre:	

Insert a photo or a Google map showing the location

Journey Name	Example: Group 2 Great North Walk Coastal Track, Royal National March 2017	Example: Group 2 Great North Walk Coastal Track, Royal National Park, March 2017					
Journey Type	Example: expedition, exploration	Example: expedition, exploration					
Mode(s) of Travel	Example: bushwalking, canoeing						
Dates	Start / / Finish	1 1					
Location Details							
Journey Goal / Purpose	Example : the purpose of this journey is to investigate, and study a rock art found in Ku-Ring-Gai National Park	boriginal					
Supervising Organisation	Example : the name of the school, community group or expedition who supervised your journey	company					
Assessor	Example : the name of the person at your school, community group or expedition company who will be providing the final signoff to your AJ and this AJ Report						





Journey Group Members

Supervisor name(s)	Supervisor(s)				
Group member name(s)	group member 1 group member 2 group member 3				
group member 4	group member 5	group member 6	group member 7		

insert photo of group here

(L-R) group member names

Pre-Journey Information

Suggested inclusions:

- A general description of the National Park/Forest & its location
- Outline the skills you acquired during your Preparation and Training and your Practice Journey
- Outline the physical fitness preparation for the Qualifying Journey
- Weather / environmental / timing notes prior to departure (see table below)

	Expected weather conditions	Expected terrain/environmental conditions	Distance (km)	Expected time (hrs/mins*)
Day 1				
Day 2				
Day 3				

*An average of at least **7 hours of** *purposeful effort* per day is required for Silver. *Purposeful effort* means time spent towards accomplishing the purpose of the journey. Time associated with sleeping, cooking and eating is in addition to this time.





Map/Route Plan

Insert images/photos showing:

- Map Name
- Route (including start and finish points) and route summary (eg total distances/times)
- Meal stops, check/rendezvous/meeting points, water sites and campsites
- The groups progress during the journey
- Environmental features and points of interest

If possible also include your Route Plan/Navigation Data Table. The Plan/Table assists in navigating, and in recording points of interest and environmental features or track junctions by using grid references. The Plan/Table should be completed for each day/stage of the journey.

An example Plan/Table is set out as below. You could also insert an image/photo of the Plan/Table you may have used for your Journey.

Total distance: (km)	Total time: (hr/min)	Avg. hours per day: (> 7 hrs)	
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Day/ Stag e	Grid Refs	Grid Bearin g (deg)	Magnet ic Bearin g (deg)	Distanc e (km/m)	Height (+/- m)	Est. time of departur e	Est. time of arrival	Actual time taken	Remarks (features/terrain etc)
1/1	123456 - 123456	90	78	3.8	+55m	8:45am	9:45am	1h 10m	Yabby Creek crossing



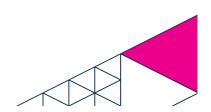


Equipment List

Full equipment list:	Equipment review:
Item 1Item 2Etc	Example : comments on equipment taken which was essential, useful, inappropriate or unnecessary, and equipment not taken but which would have been helpful

Clothing List

Full clothing list:	Clothing review:		
Item 1Item 2Etc	Example : too much / too little, essential, useful, inappropriate or unnecessary, clothing performance issues (eg waterproofs, shoes, thermals etc). What other clothing would have been desirable?		



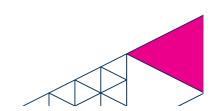


Food List/Menu Plan

Food list: Food review: (include emergency food) Item 1 **Example**: comments on adequacy of rations, ease of Item 2 preparation, waste/rubbish produced. Was emergency Etc... food required? What tasted good and what didn't you feel like eating, why? **Cooking equipment/utensils list:** Was your water supply adequate? Were there any Item 1 water supply issues? Item 2 Etc...

If possible also include a Menu Plan. Such a Menu Plan could be set out as below, or you can insert an image/photo of the Plan you may have used for your Journey.

Meal	Day 1	Day 2	Day 3
Breakfast			
Lunch			
Dinner			
Snacks			
Emergency Food			
Other			





Description of Journey

Note – a minimum $\frac{1}{2}$ page description is expected for each day

Day 1

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

Expected time (hr/min)	Actual time taken (hr/min)	Timing notes eg longer than anticipated due to

Day 2

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

Expected time (hr/min)	Actual time taken (hr/min)	Timing notes eg longer than anticipated due to





Description of Journey (continued)

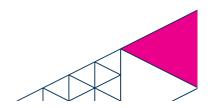
Note – a minimum $\frac{1}{2}$ page description is expected for each day

Day 3

Suggested inclusions:

- Observations such as geography, weather, flora, fauna, etc...
- Information historical, geographical, scenic, etc...
- Your highlights for the day
- Items noted on the trip but not included on the map (new tracks etc...)
- Any problems encountered/overcome
- Adequacy of campsites, water supply, etc...
- Photos / sketches etc...

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Expected time (hr/min)		Actual time taken (hr/min)	Timing notes eg longer than anticipated due to





Supporting Evidence

- Evidence may include: (scans/photos are acceptable)
- •
- Leaflets
- Clippings
- Entry permits
- Sketches
- Photos
- Etc...

Thoughts/Reflections

A Silver Qualifying Journey is a memorable experience and a major achievement. Please record some of your thoughts and reflections of the trip below.

Some questions to help you:

- Feelings about the trip such as what you and the group learnt about yourselves and what were the highs and lows of the trip? What didn't you like or enjoy?
- What were the most memorable events/things you encountered on your journey?
- How did your group work together? What were the benefits and problems?
- What did you learn?
- What were your proudest achievements during the journey?
- What was most challenging about this journey?
- What would you do differently next time?
- What advice would you give to someone before they went on a similar journey?
- Any other matter relating to the trip and its organisation?

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