



Heffley Creek Elementary

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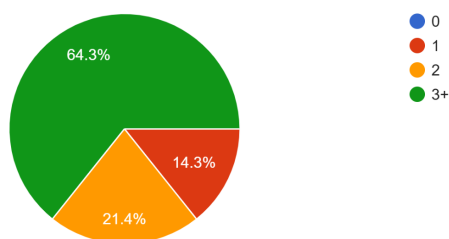
May 2026 Newsletter

Making Connections

We live in a time when many people feel disconnected and live without individuals that they know care about them. As a school, we are focusing on supporting students to feel connected to each other and to the adults who are part of our school team.

Over the last month, our Grade 2-3 students completed a survey to give our team feedback on ways we can continue to improve our school environment to support them in feeling more connected. One of the questions asked about adult connections. See below for responses.

How many adults at our school can you name that care about you?
14 responses



We are encouraged that over 85% have two or more adults that they know care about them. However, we are not satisfied. We continue to look for ways to build relationships between students and with our staff team.

I've recently been reading a book called, *Why We Click*, by Kate Murphy. She explores the science of how humans subconsciously fall into rhythm with one another. Murphy argues that feeling disconnected from those around you can lead to higher stress levels and a weakened immune system. Some of Murphy's key recommendations include: prioritizing in-person interactions, managing your own rhythm (moods are contagious) and listening with an introspective awareness of our bodies. If this topic interests you, this book may be a worthwhile read.



Upcoming Events & Dates

- May 15 In-Service Day (no school for students)
- May 18 Victoria Day (no school)
- May 19 PAC Meeting at 9:00 am in the staff room
- May 20 Kindergarten SPARK Session #1 at 1:30 pm
- May 21 Speedy Creek Band visit
- May 27 Kindergarten SPARK Session #2 at 1:30 pm
- June 2 Support Staff Appreciation Day
- June 18 Speedy Creek Band visit
- June 19 National Indigenous Peoples Day
- June 25th Summative Learning Updates printed & published
- June 25th Last day of school - dismissal at 12:34 pm
- Sept 8 First Day of School 10:30 am -12:34 pm
- [SD #73 School Calendar for 2025/2026](#)
- [SD #73 School Calendar for 2026/2027](#)

Learning Updates Overview

- **1st** Point of Contact: Classroom Connections - Oct 29th
- **2nd** Point of Contact: Written Learning Updates printed & published - Dec 12th
- **3rd** Point of Contact: Written Learning Updates printed & published - March 11th
- **4th Point of Contact: Open House - April 29th 2:00-4:00 pm. See more information from teachers**
- **5th** Point of Contact: Summative Written Learning Updates printed & published - June 25th

Kitchen Renovations

Thanks to Feeding Futures funding that the school district is channeling in our direction, Heffley Creek is in the process of having a brand new kitchen space built in our multi purpose room. This kitchen will be used to process fruits and vegetables for our Farm to Classroom program, to prep light snacks/breakfast and for students to learn about food preparation. We are excited and thankful for this wonderful investment in our school.

Open Parachute Learning Moment

This month's Open Parachute Learning Moment shares ideas around how to support your child around [School Avoidance](#) (absenteeism). We hope that this 10 minute learning opportunity will give some ideas that will work for your family.



Battle of the Books

Our Grade 3 Battle of the Books team participated in the Zone Battle of the Books and came in second place. On Thursday, April 23rd our team moved on to the District Battle of the Books and represented our school well. We are so proud of our Battle Team members and thankful to Mrs. Sauer (Teacher Librarian) for all of her work in preparing this team. Way to go, Heffley Creek!



Kindergarten Registration 2026

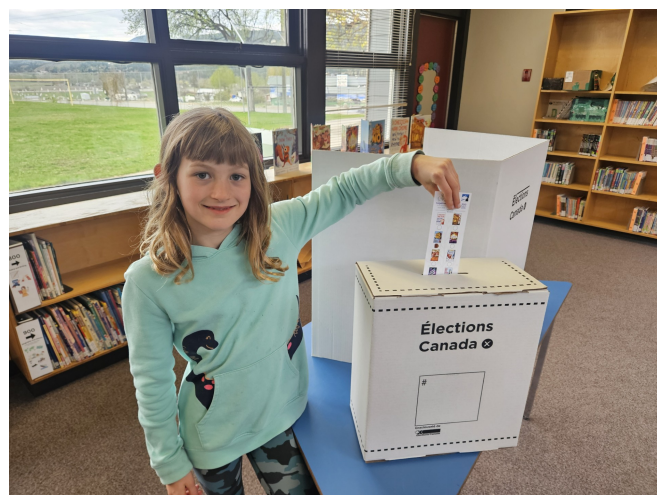
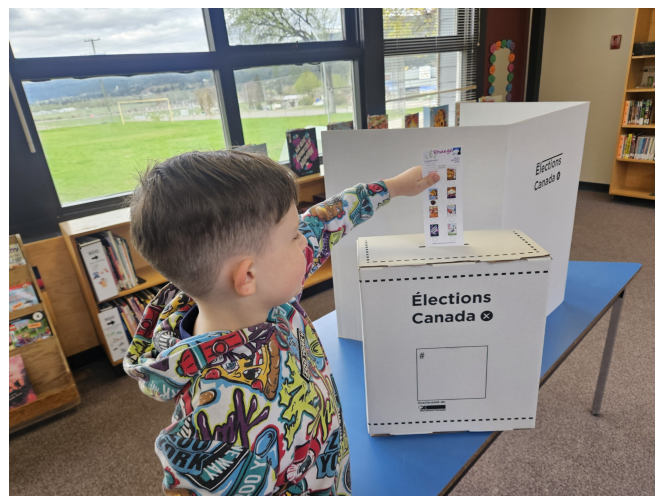
We continue to have Kindergarten registrations trickle in for next school year. If you know anyone with a student who is turning five by December 31, 2026, please encourage them to contact the office as soon as possible.

Criminal Record Check

Thank you to everyone who has worked through the process of getting a Criminal Record Check done this year. All that you need to go through this process is on the Rayleigh [website](#) (we share a portal between the two schools).

Views from the Library

Students voted on their favourite books



PAC News

If you are looking to connect with the Heffley Creek PAC, feel free to email: pac.heffleycreek@gmail.com. Our PAC needs more helping hands to keep providing fun and exciting activities for the school community. Please consider coming out to PAC meetings and volunteering to support PAC-run initiatives.

The Heffley Creek PAC will have the next meeting on Tuesday, May 19th at 9:00 am in the staff room. Everyone is welcome to attend. The April 28th meeting was postponed to this May date.