

Let's Rock Our Socks for World Down Syndrome Day – March 21!



Hello Discovery School families!

I've got a fun and easy way for you to make a difference—**Rock Your Socks on March 21 for World Down Syndrome Day (WDSO)**! This day is all about celebrating awesome people with Down Syndrome, like my amazing daughter Ada, and spreading a little joy and awareness in the simplest way possible!

Here's how it works:

Wear your brightest, wackiest mismatched socks on March 21! That's it. **Why?** Because chromosomes look like socks, and people with Down Syndrome have an extra 21st chromosome—hence 3/21! Plus, it's a great conversation starter about inclusion and acceptance.

Spread the word—get your friends, family, and coworkers in on the fun!

That's all it takes! A simple, colorful way to show love, support, and help build a more inclusive world—one pair of socks at a time. We hope that you'll wear your socks to celebrate our differences and have lots of fun. Whether you have an extra chromosome or crazy socks, we are more alike than different and that totally rocks!

Thanks for being part of this! I can't wait to see you rocking those socks!

Mrs. Rollings

FLOW Teacher

