

Taking care of your health is an act of resistance. Access free healthcare resources at these locations, whether you're insured, unhoused, or unsure about your coverage status:

- [Metro Community Health Center](#) offers free or low-cost healthcare based on need, including same-day appointments at 1789 South Braddock Avenue, Suite 410, Pittsburgh
- Catholic Charities of Pittsburgh offers [several free healthcare services](#) for those making less than 250% of the poverty threshold
- [Northside Christian Health Center](#) offers free or low-cost services on a sliding scale, with good-faith estimates for those that schedule 3 days in advance. 816 Middle St. and 525 Mt Pleasant Rd.
- Our Streets Collective now offers free Street Therapy with our licensed counselor. [Submit a request here.](#)
- [Second Avenue Commons' free clinic](#) through UPMC offers free basic care including wound care, mental health services, foot care, eye glasses, and other general services.
- [Birmingham Free Clinic](#)
- [Northside Christian Help Center](#) offers free and low cost, sliding scale services based on income. These include dental services.
- Free STD testing through [Allegheny County Health Department](#)