

## Mental Health Provider List

This is a list of some local mental health providers in the area. It is in no particular order or an endorsement for any particular provider(s).

### Crisis/Emergency Mental Health:

- **Call 911** for any serious medical problem or life-threatening situation
- [Psychiatric Emergency Services \(Advocates, Inc.\)](#) (800) 640-5432
  - 24 hours a day, 365 days a year. Available to offer skilled, compassionate support and connections to resources and services during difficult times.
- [UMass Memorial Emergency Mental Health](#) (866) 549-2142
  - 24 hours a day, 365 days a year. Telephone crisis intervention, psychiatric evaluations and crisis stabilization
- [Milford Regional Medical Center Emergency Mental Health](#) (508) 422-2240
- [Lifeline](#) 24/7 Support Dial 988
  - [Hearing & Speech Impaired](#) (800) 799-4889
- [Samaritans Suicide 24/7 Helpline](#) (877) 870-4673 (Talk or Text)
- [Call2Talk](#) (508) 532-2255 or Text 741741
- [Veteran's Crisis Line](#) 24/7 Support Dial 988, Press 1
- [The Trevor Project](#) (LGBTQ) 24/7 (866) 488-7386 or text 678-678

### Mental Health Agencies:

- [Castlebrook Counseling](#) (Westborough)
- [Wayside Youth & Family Support Network](#) (Milford & MetroWest Campuses)
- [Riverside Community Care](#) (Milford)
- [Seven Hills/YOU Inc.](#) (Central Referral)
- [Children's Friends](#) (Worcester)
- [Community Healthlink](#) (Worcester)
- [MSPCC](#) (Worcester)
- [Thriveworks](#) (Westborough)
- [Advocates](#) (Walk in Services- Framingham & Milford)

### Cultural/Bilingual:

- [Centros](#) (Worcester)
- [Multicultural Wellness Center](#) (Worcester)
  - offers outpatient & in home therapy
- [Massachusetts Alliance of Portuguese Speakers](#) (MAPS) (Framingham)
- [RAI Counseling](#) (Telehealth)

**Loss/Bereavement:**

- [Jeff's Place](#) (Framingham)
- [Carriage House](#) (Worcester)

**LGBTQR:**

- [MetroWest Out](#) (Framingham)
- [GLSEN](#)
- [PFLAG](#)
- [Massachusetts SafeSchools Program](#)
- [The Trevor Project](#)

**Victims & Survivors of Sexual & Domestic Violence**

- [Voices Against Violence](#) (800)-593-1125

**Misc./Other:**

- [Family Health Center of Worcester](#)