



Incoming 9th Grade Health Requirements for the 24-25 School Year

Dear Parents and Guardians,

This is a reminder that your child is required to have current health documents on file with LZHS Health Office for the upcoming school year. Health documents are due prior to the first day of school. Please upload documentation to ParentVue, have your child bring them to the school nurse, or email documents to the school nurse.

LZHS Nurse Email Information:

Heather Kinsey - heather.kinsey@lz95.org

Leslie Biagi - leslie.biagi@lz95.org

Sandy Koelper - sandra.koelper@lz95.org

9th Grade Requirements

- An Illinois Health Examination signed and completed by parent and doctor. The physical must be completed within one year of August 15th for the current school year (for example, an acceptable physical for the 24-25 school year must be from 8/15/23 or newer).
 - **PLEASE NOTE: An IHSA sports physical does NOT meet this requirement.**
However, the Illinois Health Examination will meet criteria for the Athletic Department/sports physical requirements.
- A Dental Examination is required for all freshmen students. This form must be signed and dated by an examining dentist.

FAILURE TO SUBMIT REQUIRED PHYSICAL AND IMMUNIZATIONS BY OCTOBER 15, 2024 WILL LEAD TO EXCLUSION FROM SCHOOL.

You can find health documents on the District webpage-> departments-> health services->health forms: <https://www.lz95.org/departments/health-services>

Sincerely,

The Lake Zurich High School Health Office Team
847-540-4248