STEAM Based Curriculum for Early Childhood Care and Development

For UKG Class (Age Group: 4 - 5 years)

Year 2025 - Month : February - Week : 2nd Week

Theme: My Self

Activities According to Sri Lankan National Standards

Domain And Subdoman	Specific Aspects	1st Day	02nd Day	03rd Day	04th Day	05th Day
		February 01st Week Monday	February 01st Week Tuesday	February 01st Week Wednesday	February 01st Week Thursday	February 01st Week Friday
		My Self	My family	My relations	My favourite / Hobby	My effort
Health & Physical Well Being	Healthy living Practices	Practice Good healthy habit	Encourage them to have home made food.	Visit the relations with home garden vegetable and fruits.	Discuss about my favourite food	I follow good healthy habits
	Personal Safety & Protection	Good touch and Bad touch	Share ,how spent the day with parents.	Carefully deal with relations.	Healthy food and Junk food	I am talent because i am taking healthy food
	Gross Motor Skills Development	Select the own gender from the picture.	Pick the teacher mentioned family members picture and run to the teacher.	Enhancing children's understanding of relatives through a game. (Symon ses said walk like granny)	Keep colour flags and ask kids to pick your favourite flag/ Act as a favourite animal	Race/ Spoon and lime race, book balance
	Fine Motor Skills Development	Finger print the kids cloth (picture)	Make family tree	Creating family relatives using a paper doll for a craft activity	Draw your favorite toy	Draw my self
Social And Emotional wellbeing	Relationship with adults and Peers	Wash and dry own dress	Express the Home created MY house	Visiting to relations place (play)	Share the idea with your friend game and play with friend	Group activity (passing ball)
	Pro-Social Behavior	Evaluate to live peacefully, sharing with kindness and without causing trouble to others	Share and care and working with family members	Organize the festival with family relations (Play house)	Bring your favourite toy and paly with friends	Who can be talent? Show the video
	Positive Self Concept	My good habits (Appreciate the child)	Discuss “ How I help for my family members”	Respecting and treating for relations (play house)		Discuss about kids talent. And appreciate that
	Self - Regulation	Practice the Patient until your turn come	The duties I must fulfill at home.	Express , how i help my relations	Express ,My hoppy	Express the talent
	Self - Expression	Identify the parts of body	Identify the family members and their names	Identify the relations and how they related to you	Express my Hobby	Identify the different talents.
	Moral, Religious, and Cultural Values	When I grow up, I will become..	Worship for parents.	honoring grandparents with gifts.	Stories about hobbies	Discuss- how good children beheave
Numeracy	Logical Thinking	Select the	Identify the	Discuss the		Give them to differents activity

	& Pre mathematical Skills	suitable place	parts of house and pasting	distance of relations place (on vehicle / by foot)	Talk about different hobbies	and ask them to select one
	Measurements	Make the children according to sizes	Ascending order the pictures of family members	Identify the elders and youngers in family		
	Counting and Number Concepts	ᔕcount the parts of body	Count the family members. And ask the position	count mother's relatives and father's relatives separately..	Hobbies (with activities)	Workers and their tools (count and matching
Language and Early Literacy	Receptive language	Listen to the friend and express his idea	Sing Family members song	Discuss the relationships	Discuss the hobbies	Discuss the talents
	Expressive language Skills Development	Introduce my self (by passing the ball)	Express the family members job and duties	Sort up the students, workers, house wives, babies among the relations	Show the differents hobbies and needy things	Differents talents/ jobs and tools
	Language comprehension	Mirror Reflex Activity	Duties of family members	How our relations help us	Talk about your favourite	Express about your siblings talents
	Pre - reading Skills	Talk about the own picture book	Introduce the family ,members from the own picture book	Introduce the fathers and mothers relations from the picture book.	Look at the pictures and tell what the hobbies	Show the tools and ask them who use this
	Pre - writing Skills	Draw my self and colouring	Pasts the my family members	Circle the relations by listening the teacher	Matching the picture (hobbies and tools)	Draw what they need(teacher needs- pen/)
	Early Interest Print (Sense of Letters)	Decorate the picture book using dry flowers	Colouring the family members	How should respect the relations (paste some picture)	Paste the your favourite things in your picture book	
Environment Exploration	Inquiring Mind	How we grow in mothers tummy. discuss	Express about family members	How we should call our relations. Express One by one relationship	Show the videos about different children like to do	Mention the helpers
	Exploration of Natural Environment	My favoutite flower / plant (draw)	Reminding the family trip by showing the pictures	Express the family trip .	Express the your favourite game and play with friends	Act like doctor/ teacher
	Man Made Word	Making the own picture book	Draw the emotion of family members	How our parents respecting and caring the family members.	Making book	Creating the hospital
	Community Awareness and Eco-Friendly Practices	Practice to dispose of waste properly.	How my family members dispose the waste	Monawada mutte mokada karanne (song)	Paste the favourite animal using leaves	
Creative Arts	Music and Dancing	Daily routing (song or poem)	Puppet role model of family members	.mother and grand mother song	Sing and dance	Sing and dance
	Drama and Role Play	Act. my favoutire role model	Act lice family members	Making play house with relations	Role play	Act like helpers
	Drawing, Painting and Molding (Visual Aids)	Paste favourite things around my picture	My favourite person in my family	Draw my relations in my picture book.	Draw your favourite picture	Draw your favourite person

	Construction and Craft	Make a book (my self)	Paste the family members in your book	Making play house	Play house	Working place

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Note: try to at least one : Indoor Activity Outdoor activity, story, Rhyme, Hands on Activity, Discussion(Conversations)

Experiential Learning - EL METHOD
2. Project Based Learning - PJL METHOD
3. Inquiry - Based Learning - IBL METHOD
4. Problem - Based Learning - PBL METHOD
5. Collaborative Learning - CL METHOD
6. Blended Learning - BL METHOD
7. Flipped Classroom - FC METHOD
8. Design Thinking - DT METHOD
9. Real World Application - RWA METHOD
10. Gamification Learning - GL METHOD

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