Southeastern Athletics: General Information

- There is **no user fee** for participation in SERSD Athletics. We believe that athletics can play a crucial role in the development of young men and women and work hard to ensure that all students have the opportunity to participate.
- **All students must have an updated physical form on file** with the office of the Athletic Trainer before they can start practice with their team. Physical exams are valid for participation for 13 months from the date of the exam.
- **Transportation -** All athletes must ride the team bus to and from away athletic contests. In the event there is no bus available from Southeastern HS to the athlete's home, ***the parent/guardian is responsible for transportation.***
- Practice and game schedules **include school vacation weeks and weekends**. Students and families should take this into consideration when students decide to try out for teams that have vacation week and weekend game/practice schedules. Students who are absent from practice or games for any reason, including taking a vacation, should not expect to resume their starting positions immediately upon returning. Coaches will determine when a student who has been absent is physically fit to play. Depending upon the length of absence, there is a possibility of the "substitute player" retaining the starting position. ***All personnel decisions (including playing time) will be made by the head coach in each sport, and is not negotiable.***
- Through our seasonal registration process, parents and student athletes are asked to review many policies with regards to the wellbeing of our student athletes. These policies include, but are not limited to bullying/hazing, concussion protocols, consent to participation and liability waivers, consent to medical treatment and release of information, and substance use/abuse policies. We use FamilyID for athletic registrations which can be found under the registrations page on our school website.

Southeastern Athletics: Expectations of Student Athletes

The following is a list of Expectations of ***ALL*** Southeastern Regional Athletes:

1. Commitment: Players are required and expected to attend every game and practice unless there is a valid and approved reason for the absence. ***Prior approval*** must be obtained from the coach for any planned absence. Players must notify the coach in person or by telephone prior to the scheduled game or practice for any unplanned absences such as illness or family emergency. Players are expected to schedule outside activities, including work, around the team's practice and game schedule. Absence from school, which prohibits athletic participation on that day, without valid reason is considered an unexcused absence from that practice or game.

2. Punctuality: Players are required to be on time, properly equipped and ready to play for all games and practices.

3. Sportsmanship: Players will conduct themselves in a manner consistent with good sportsmanship at all times. Unacceptable actions include, but are not limited to swearing; throwing equipment; arguing with officials; taunting, intentionally injuring or attempting to injure another player and failure to congratulate opponents and/or teammates.

4. Team Spirit: Players are expected to be "Team Players", display a positive attitude, and be supportive of the team, their teammates, and the coaching staff. Negative, selfish, and disinterested players undermine the goals and unity of the team.

5. Equipment: Players are expected to wear all appropriate protective gear during any practice or game and are responsible for returning their equipment in reasonable condition at the conclusion of the season. Athletes that lose/damage any item will be required to reimburse the school for that item. Failure to reimburse the school for lost/damaged uniforms and/or equipment may result in the loss of the privilege of participation during any subsequent season and/or graduation.

6. Alcohol, Drugs, and Tobacco: Players are not to use, consume, possess, or buy/sell alcohol, drugs or tobacco products at any time.

7. Social Media: Any comments or photos posted online about teammates, coaches, or school personnel that are not in compliance with anything listed this agreement may be used against you.

******Players are required to carry out all directives of the coaching staff, and to comply with all of the above guidelines, as well as all school rules. Penalties for infractions of the above rules will be decided after considering the circumstances, severity, frequency and team impact of the infractions and, again, can range from ineligibility to participate in games and/or practices to removal from the team.***

Southeastern Athletics: Expectations of Parents

As a parent:

1. I will remember that children participate to have fun.
2. I will teach my child that putting forth their best effort is more important than winning, and to never feel defeated by the outcome of a game or his/her performance.
3. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
4. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all school events.

As a spectator:

5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy to everyone involved in any contest.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I agree not to criticize, belittle, antagonize, berate or otherwise incite any team and/or its players, coaches, cheerleaders, fans or officials/judges by word of mouth or by gesture, including our own teams.
8. I will respect all coaches and officials and their authority during games and will never question, discuss, or confront them in public before, during, or immediately after any contest

If I have a sport related concern for of my child:

9. I will encourage and facilitate a conversation between my child and the coach, and respect the relationship that they have established.
10. If item #9 does not help resolve the issue, I will request a meeting with the coach and my child.
11. If item #10 does not help resolve the issue, I will request a meeting with the coach and Athletic Director.
12. If item # 11 does not help resolve the issue, I will request a meeting with the Athletic Director and the Principal.

*** The order of the attempts to resolve an issue is important. You may not be allowed to speak with the principal if you do not have proof of (at least) attempts at #'s 10-12.

I understand and agree that I do not have the right to question the decisions of the coach as they relate to rosters, positions, or amount of playing time.

I also agree that if I fail to abide by the aforementioned expectations, I will be subject to disciplinary action that could include, but is not limited to the following:

1. Verbal warning by official, head coach, and/or administration.
2. Written warning by administration.

3. Parental game suspension with written documentation of incident kept on file.
4. Parental season suspension.

Southeastern Athletics: What you can expect from our Coaches

Our Coaches are expected to:

- Demonstrate respect for the well-being of our student athletes.
- Respect and enforce schoolwide rules, regulations, and codes.
- Develop positive rapport with players and their families, coaches of other sports, as well as faculty, staff and administration
- Communicate effectively with athletes, parents, faculty, media, and Athletic Director.
- Exemplify the conduct of a professional coach both in and out of school.
- Develop respect by example in appearance, behavior, language, and conduct during practices and contests.
- Provide proper supervision of athletes.
- Be knowledgeable in rules, fundamentals, techniques, and strategy pertaining to the sport.
- Maintain individual and team discipline and control.
- Utilize practice time for both individual and team development.

Parents & Players:

If you feel, at any time, that your coach is not meeting these expectations, please feel free to contact our Athletic Director to express your concerns and/or make an appointment for a meeting.

If you do not get a response within 48 hours, feel free to contact our Principal.

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