

MEDIA & RESEARCH ON CANCER & ALCOHOL

Compiled by Cecily Mak January-May 2023

Mainstream Media Coverage (Select):

NYT January 2023 “Even a Little Alcohol Can Harm Your Health”

https://www.nytimes.com/2023/01/13/well/mind/alcohol-health-effects.html?fbclid=IwAR0aIIVbQVjrTJoMU02tlmjEcfsJJSM_52fPWesyZfdkFNpJYFJ-uXzWuiM&mibextid=q5o4bk

2021 NYT article on the direct link between cancer and alcohol:

<https://www.nytimes.com/2021/03/04/well/alcohol-cancer-risk.html>

2021 Wired article on alcohol and breast cancer:

<https://www.wired.com/story/alcohol-is-the-breast-cancer-risk-no-one-wants-to-talk-about/amp>

Note that this was reposted at UCSF [here](#).

1998 NYT article citing JAMA explicitly linking alcohol to breast cancer:

<https://www.nytimes.com/1998/02/18/us/studies-confirm-relationship-of-alcohol-to-breast-cancer.html#:~:text=In%20the%20new%20study%2C%20the,develop%20breast%20cancer%20than%20nondrinkers.>

NYT Guest Essay on women and drinking; mentions risks to health and Big Alcohol marketing to women, but does not squarely address cancer risk:

<https://www.nytimes.com/2022/04/03/opinion/american-women-alcohol-abuse.html>

WebMD more on labeling:

<https://www.webmd.com/mental-health/addiction/news/20220901/alcohol-warning-labels-need-an-update-researchers-say>

Official Reports from Governments and Health Agencies

World Health Organization: “No Level of Alcohol Consumption is Safe for our Health”

<https://www.who.int/europe/news/item/04-01-2023-no-level-of-alcohol-consumption-is-safe-for-our-health>

WHO: Alcohol; Key Facts

<https://www.who.int/news-room/fact-sheets/detail/alcohol>

Canada January Report:

<https://www.ccsa.ca/sites/default/files/2023-01/Canada%27s%20Guidance%20on%20Alcohol%20and%20Health%20Final%20Report.pdf>

Surgeon General 2016 Report with 34 references to cancer (not as direct as it could be):

<https://addiction.surgeongeneral.gov/sites/default/files/surgeon-generals-report.pdf>

NIH / National Library of Medicine:

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3391950/#:~:text=The%20International%20Agency%20for%20Research,colorectal%2C%20liver%20and%20female%20breast.>

Brief but full of helpful information petition before Congress to change labelling to disclose link to cancer in the US:

<https://consumerfed.org/wp-content/uploads/2020/10/Citizen-petition-re-alcohol-cancer-warning.pdf>

Petition to improve health risk labeling (2020):

<https://alcoholjustice.org/images/downloadables/Citizen-petition-re-alcohol-cancer-warning.pdf>

Medical Journal Articles

26 Year Study from The Lancet:

[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)31310-2/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31310-2/fulltext)

Government / Global Agency Materials

CDC on Alcohol & Cancer (the basics): “The less alcohol you drink, the lower your risk for cancer.” <https://www.cdc.gov/cancer/alcohol/index.htm>

Cancer.gov on alcohol link to cancer:

<https://www.cancer.gov/about-cancer/causes-prevention/risk/alcohol/alcohol-fact-sheet>

More Cancer.gov on global burden:

<https://www.cancer.gov/news-events/cancer-currents-blog/2021/cancer-alcohol-global-burden>

WHO (on Europe):

<https://www.who.int/europe/news/item/20-10-2021-alcohol-is-one-of-the-biggest-risk-factors-for-breast-cancer>

Wikipedia

https://en.wikipedia.org/wiki/Alcohol_packaging_warning_messages#By_country

https://en.wikipedia.org/wiki/IARC_group_1

Cancer Awareness Organizations

Drink less to reduce cancer risk:

<https://www.aicr.org/cancer-prevention/recommendations/limit-alcohol-consumption/#alcohol-labeling>

American ignorance re risks:

<https://www.aicr.org/news/most-americans-still-unaware-that-alcohol-is-a-cause-of-cancer/>

Direct ties between breast cancer and alcohol:

<https://www.breastcancer.org/risk/risk-factors/drinking-alcohol>

Brief but full of helpful information petition before Congress to change labeling to disclose link to cancer in the US:

<https://consumerfed.org/wp-content/uploads/2020/10/Citizen-petition-re-alcohol-cancer-warning.pdf>

Big Alcohol Spending

<https://movendi.ngo/news/2021/05/28/big-alcohol-exposed-big-investments-in-advertising-on-slaughter/>

Big Alcohol Lobbying

<https://researchonline.lshtm.ac.uk/id/eprint/4363466/1/Final%20accepted%20version%20Petition%20How%20alcohol%20industry%20organisations%20mislead%20the%20public.docx>

Big Alcohol interfering with research and access to health information:

<https://www.jsad.com/doi/full/10.15288/jsad.22-00434>

Expose: <https://movendi.ngo/the-issues/the-problem/exposing-big-alcohol/>

[https://www.thelancet.com/journals/langas/article/PIIS2468-1253\(22\)00060-7/fulltext](https://www.thelancet.com/journals/langas/article/PIIS2468-1253(22)00060-7/fulltext)

“in 2017, the top 10 US alcohol producers were exempted from paying tax on \$1.5 billion of beer marketing, a deduction closed to the tobacco industry in 1998.”

<https://www.opensecrets.org/industries/lobbying.php?cycle=All&ind=N02>

International Alcohol Risk Labeling Push

Harvard reference to New England Journal of Medicine researchers' call for new labeling:

<https://www.hsph.harvard.edu/news/hsph-in-the-news/experts-call-for-updated-warnings-on-alcohol-containers/> [Anna Grummon, co-author or request and Marissa Hall]; summary article [here](#).

<https://www.webmd.com/mental-health/addiction/news/20220901/alcohol-warning-labels-need-an-update-researchers-say>

Magazine article on labeling:

<https://treatmentmagazine.com/its-time-for-stronger-warning-labels-on-alcohol/>

Summary of all countries' requirements:

<https://iardwebprod.azurewebsites.net/science-resources/detail/Health-Warning-Labeling-Requirements>

See references in this article for a list of studies tying alcohol to breast cancer:

<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-023-15455-8>

Where is the Big Alcohol Class Action Lawsuit?

Holly Whitaker LONG post here:

<https://hollywhitaker.substack.com/p/42-wheres-big-alcohols-class-action>