

DiscNW Training Camp Packing List

Drop off at Camp Waskowitz on Monday August 18th between 12:00-12:30 pm

Pick up at Camp Waskowitz on Friday August 22nd between 11:30-12:00 pm

Packing list:

- ☐ Cleats, sandals and sneakers
- ☐ Socks
- ☐ Underwear/sports bras
- ☐ Practice Clothes, for both hot, cold, and rainy weather, white/dark jersey
- ☐ Comfy clothes (for down time & classroom)
- ☐ Clothes to wear to a social event
- ☐ Jacket/Sweatshirt
- ☐ Raincoat
- ☐ Pajamas
- ☐ Bathing Suit
- ☐ Hat
- ☐ Sunglasses

- ☐ Towel
- ☐ Toiletries (toothbrush, toothpaste, soap, deodorant, shampoo Etc)
- ☐ Bug repellent
- ☐ Sunscreen
- ☐ Medications as needed
- ☐ Sleeping Bag or twin sheet/blanket
- ☐ Water Bottle
- ☐ Flashlight
- ☐ Pillow

- ☐ Books, cards, games as desired
- ☐ A couple pens or pencils
- ☐ Journal or Notebook
- ☐ Something to remind you of home (photo, diary, stuffed animal Etc)
- ☐ Label all belongings with your name, first name and last initial
- ☐ If you would like to participate in the talent show on Thursday, bring any items you may need for your talent

What not to bring:

- ☐ Video Games
- ☐ Tablets, laptops, other electronics
- ☐ Valuables
- ☐ Jewelry

We prefer people not to have phones. If you need to bring one, you may have it in the cabins only.