

Little Seed Counseling – Assessment Options Comparison

Our goal is to provide affirming, accessible assessments for adults exploring ADHD and Autism. Below is a breakdown of the services we offer to help you find the best fit for your journey.

Assessment Type	ADHD Assessment	Autism Assessment	Combined ADHD & Autism Assessment
Time Commitment	90 min assessment + 30 interactive feedback session	Two 60-min assessment sessions + 30min interactive feedback session	Two 90-min assessment sessions + 30 minute interactive feedback session
Cost	\$450	\$650	\$800
Includes	CREYOS Computer Based assessment Full report write up Access to ADHD 101 & Executive Functioning Course	Full report write up Access to ADHD 101 & Executive Functioning Course Adult Sensory Profile Exploration	CREYOS Computer Based assessment Full report write up Access to ADHD 101 & Executive Functioning Course Adult Sensory Profile Exploration
Diagnosis Provided	<input checked="" type="checkbox"/> Yes (if applicable)	<input checked="" type="checkbox"/> Yes (if applicable)	<input checked="" type="checkbox"/> Yes (if applicable)
Optional Add Ons	Extended Interactive Feedback Session \$125/hr		

Little Seed Counseling is proud to offer neurodivergent-affirming care rooted in curiosity, creativity, and compassion. Whether you're seeking clarity, diagnosis, or deeper understanding, we're here to help you anchor into your truest self.

Little Seed Counseling – Payment Plan Options

Payment plans are available. A deposit is required to reserve your assessment. Final reports and diagnostic documentation will be released once the balance is paid in full.

ADHD Assessment: \$450

At booking : \$150

Before assessment: \$150

Before feedback: \$150

Autism Assessment: \$650

At booking : \$200

Before assessment: \$225

Before feedback: \$225

Combined Assessment: \$800

At booking : \$250

Before assessment: \$275

Before feedback: \$275