

St. Charles North Track & Field

DuKane Boys Quad

Date: 29 April 2024

Participants: St. Charles North, St. Charles East, Batavia and Wheaton North

Entries made on *Athletic.net* due by 9:00 AM Monday April 29, 2024



Location: St. Charles North High School
255 Red Gate Road, St. Charles IL

Time Schedule

St. Charles East throwers and vaulters will compete at Batavia

4:00 PM JV SHOT PUT (TBA)

4:30 PM Field Events

High Jump - Combined unless numbers dictate separation

Long Jump - 4 Jumps Cafeteria, 45 minutes unless numbers dictate longer

Triple Jump - follows Long Jump - 4 Jumps cafeteria- concurrent if possible

Shot Put and Discus- 4 Throws, Heats and order determined by coaches

Pole Vault - Combined

4:30 PM Running Events: Girls races followed by Boys. All races fastest heat first

Open entries

4x100

4x800 AND 3200 unless numbers dictate separation

110 Hurdles

100 Dash

800

4x200

400

300 Hurdles

1600

200

4x400

