

PAS Email Mission

PAS

Pain/Desire is highlights **Yellow**

Amplify is highlighted in **Blue**

Solutions is highlighted in **Green**

Email

Subject Line: Feel like you're almost hitting the last straw?

When you wake up in the morning are your first thoughts on every little thing that needs to be done ?

Do those thoughts drown your mood and take away your energy to keep going ?

Coffee doesn't help like it used to, it just makes you feel both hyper **and** stressed out, not including the mid-day crash afterwards

So lack of energy isn't the problem but now your stress is showing in your face

Your kids could see it and you don't want to paint that kind of picture to them

Maybe a drink could lighten up your mood but that could start a whole NEW problem around the children

If you've had enough of feeling this way and are ready to get back into the mood to take on the day headstrong

Click here to feel balanced and bounce back