

Name:

Family and Child Development 1

Date:

Period:

Infants- Safe Sleep

Directions: Part 1. Answer the following questions and provide an explanation.

1. Would you put a bumper pad in your baby's crib?	
2. Would you put a stuffed animal in your baby's crib?	
3. Would you put a pillow in your baby's crib?	
4. Would you put a blanket in your baby's crib?	
5. Would you put your baby in bed with you and your spouse/partner to sleep?	
6. Would you put your baby in a box to sleep?	

Part 2. Read this [article](#) about Baby Boxes and answer the questions.

1. Provide 1 key point you learned from the article	
2. Provide 1 key point you learned from the article	
3. Provide 1 key point you learned from the article	
4. What is your reaction to the article? Are you for or against it? Why?	

Part 3. Complete the PRE column prior to viewing the [video](#) and the [articles](#) by writing a TRUE or FALSE to the statement. Complete the POST column after viewing the [video](#) and the [articles](#) by writing a TRUE or FALSE to the statement.

Pre-Viewing	Statement	Post-Viewing
	It is safe for babies to sleep on their tummies during naps.	
	Wrap baby in blankets, dress them warmly and	

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	increase the room temperature to keep them from getting cold while they sleep.	
	Soft objects such as pillows, bumper pads, and stuffed toys can be safely placed in the crib with the baby to provide comfort and protect from injury.	
	Comfy objects placed in the crib can increase the risk of SIDS.	
	Avoid buying electronic products claiming to reduce the risk for SIDS.	
	Infant co-sleeping with parents or siblings is recommended.	
	Allow infants to sleep in the same room with parents or other children.	
	SIDS affects babies under one year of age but is most prevalent during the first four months.	
	Smoking or second hand smoke has no impact on SIDS.	
	New parents are encouraged to use the crib wedges and sleep positioners to keep the baby in one place while sleeping.	

Part 4. Based on what you have learned from the videos and articles identify if the below pictures are considered to be a **SAFE** sleep environment or an **UNSAFE** sleep environment. Explain your reasoning.

Sleep Environment	SAFE or UNSAFE / Reason Why	Sleep Environment	SAFE or UNSAFE / Reason Why
			

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