



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region IV-A CALABARZON
DIVISION OF RIZAL
CAINTA SENIOR HIGH SCHOOL
CAINTA, RIZAL



Weekly Home Learning Plan (DMDL)
Grade 12
Modules 29 and 31 (April 4 –April 8, 2022)

Subject: Personal Development

Quarter 2 - Module 29: Factors in Personal Development: Guide in Making Important Career Decisions/ Module 31: Creative Visualization of Personal Development Through the Various Stages that you Went Through

Week: 7 (April 4-8)

Day: 1 (Tuesday)

Time: 12:00-5:00pm

Strategies/ Method: Independent Learning Instruction using SLM/Asynchronous

Mode of Delivery: Digital Modular Distance Learning (DMDL). Student will download the modules and the Weekly Home learning Plan in the CSHS Learning Portal and they will submit their output through the messenger, email, google drive or any portal given by their adviser and subject teacher.

Learning Competencies: At the end of the lesson, the learners are expected to:

1. Explain the factors in personal development that may guide him/her in making important career decisions as adolescents.
2. Construct a creative visualization of his/her personal development through of the various stages he/she went through, stressors, influences, and decision-making points, and a personal profile analysis.

TIME	TASK/ACTIVITY
12:00pm-12:20pm	Self-prayer, self-preparation, and preparation of learning materials
12:20pm-12:45pm	Read Introduction of Lesson 29 - Factors in Personal Development: Guide in Making Important Career Decisions on page 4
12:45pm-1:20pm	What's In Answer Activity 1 on page 5.
1:20pm-2:20	What's New Answer Activity 2 and Activity 3 on page 6-7 including the questions at the bottom part.
2:20-2:40	Break
2:40 – 3:00pm	What is It Read page 8-10
3:00pm-3:30pm	What's More Fill in the blanks to complete the five-year career plan on page 11. Integrative Performance Task

3:30 – 4:00pm	What I Can Do Complete the graphic organizer on page 13 and explain it in three paragraphs.
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Day: 2 (Thursday)
Quarter 2 - Module 29: Factors in Personal Development: Guide in Making Important Career Decisions/ Module 31: Creative Visualization of Personal Development Through the Various Stages that you Went Through
 Time: 12:00-5:00pm

TIME	TASK/ACTIVITY
12:00pm-12:20pm	Self-prayer, self-preparation, and preparation of learning materials
12:20 -2:20pm	Read Introduction of Lesson 31 – Creative visualization of personal development through the various stages that you went through on page 4 What’s In Read and answer the activity on page 4-5. What’s New Read and answer the graphic organizer and the guide questions on page 5-7.
2:20 – 2:30pm	Break
2:30 – 4:00pm	What Is It Read and understand about Personal Development on page 7-9.
4:00 – 5:00pm	What I Can Do Do the Activity 1.3 My Own Personal Profile Analysis QWSS on page 13. Integrative Performance Task

Day: 3 (Friday)
Quarter 2 - Module 29: Factors in Personal Development: Guide in Making Important Career Decisions/ Module 31: Creative Visualization of Personal Development Through the Various Stages that you Went Through
 Time: 2:00-4:00pm

Weekly Assessment and Performance Task

Note:

1. Subject teacher can be reached thru online (fb / messenger / email / google classroom) for learners’ questions, and clarification during class hour.
2. You can access and download the soft copy of the module in CSHS Portal

<https://sites.google.com/depd.gov.ph/casenhghlm/home?fbclid=IwAR1qq-OF434YT7RM1mAdaBOuzicHgG0QO-OMC1VpZ7Iu8ODGDPxXKnvKCxM>

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