

Available in Spanish, Chinese, Vietnamese, and Arabic.

Oakland High School Campus Resource Page

Welcome to Oakland High School's Official Campus Resource Page. This page is a comprehensive collection of all activities and resources available to students on campus. Whether you're looking to get involved, or find support in academics or mental health, you'll find a variety of resources right here. Look through the sections below to discover what our campus has to offer!

Please contact your ASB Education Officer Guadalupe Duenas (s_guadalupe.duenas@ousd.org) if you have any questions or would like to add anything on this document.

Date Last Updated:

9/17/25

Latest additions:

- Added meeting dates for Drone & Business Legacy training offered by Edward Davis (Tuesdays and Thursdays 4:00 to 6:00 PM).
- Added PTO Website in the General Links section.
- Updated Google Classroom codes



Table of Contents

Table of Contents	2
General Links	3
2024 - 2025 A/B Day Bell Schedule	3
2025 - 2026 Bell Schedule 3	
Sport Calendar	3
Student Support Directory	3
OHS Launch Page	
Parent/Caregiver Support and Connection	3
Pathway One Pagers	3
Club & Sports Information	
Student Support Form	
ChromeBook Request Form	3
School Lunch	4
Activities	4
School Clubs	4
Culture & Diversity	4
Community Service	
Interests and Academics	6
Sports	9
Programs for Students	10
Summer Search	10
Student Culture & Climate Team	10
Student Resources	12
Shop 55 Wellness Center & Expanded Learning Program	12
Request Support Form	12
Wellness Center	12
Expanded Learning Program	
Future Center	14
Future Center Partners	15
Library	18
Job & Internship opportunities	19
Google Classroom	19
Student Career Opportunity Website	19
ECCCO Summer (Paid) Internship Program	19
Shop 55 Paid Opportunities	19
Scholarships	20
Scholarship Search Engines	20



Additional Academic Resources	21
Peer Tutoring	21
Sentence Starters for Essays and Essay Support	21

General Links

2024 - 2025 A/B Day Bell Schedule

2025 - 2026 Bell Schedule

Sport Calendar

Student Support Directory

Need to contact a teacher or staff member? Staff contacts are provided.

OHS Launch Page

Parent/Caregiver Support and Connection

Join the Oakland High PTO! Together we create great educational opportunities, add enrichment for the students, and build achievement and our community! Learn about the upcoming events @ OHS, or come join us in the PTO.

Pathway One Pagers

Club & Sports Information

Student Support Form

More information in the **Shop 55 Section**

ChromeBook Request Form

Further information in the <u>Library section</u>



School Lunch

OUSD School Lunch menu is indicated on the right of the linked page.

Activities

School Clubs

(More will be added soon!)

Contact <u>s_guadalupe.duenas@ousd.org</u> if you would like to add your club to this list

Culture & Diversity

Chinese Culture Club (CCC)

Chinese Culture Club (CCC) is a culture & social club at Oakland High. CCC is a welcoming & safe space for anyone who is interested in diving deeper into Chinese culture, foods, and clothing. The meetings consist of learning about Chinese holidays, food tasting, interactive games, and watching Chinese dramas! Come check CCC out and maybe there's food on that day!

Meetings

- When? Every Monday during lunch
- Where? Room 227
- Questions?
 - Email <u>ohighccc@gmail.com</u> for inquiries

Mien Club

Oakland High's Mien Club is a social/cultural club for students of all backgrounds to learn more about an underrepresented community in the Bay Area. The Iu Mien are a subgroup of the Pan Yao branch of the Yao Nationality, and through interactive activities we give ALL students, including those who identify as Mien, a chance to deepen their connections with Mien culture and community.

Meetings

- When? Every other Friday during lunch
- Where? Room 240 (Mr. Saephanh's room)
- Questions?
 - Contact Cailah Hy (s_cailah.hy@ousd.org) or @ohs.mienclub on Instagram



Muslim Student Union (MSU)

Muslim Student Union is a club that unites Muslim and non-Muslim students from all different cultures and countries to learn about Islam, Palestine, and other Islamic communities.

Meetings

- When? Every Monday during lunch
- Where? Room 326
- Questions?
 - Contact Zaynab Elbgal (<u>zelbgal@gmail.com</u>)

The SEAS (SouthEast Asian Students) Club

A club that explores the diverse culture of different groups of Southeast Asian students. During our meetings we engage in community bonding activities and plan for future events such as dance performances, community service opportunities, and outside of school activities.

Meetings:

- When? Every Tuesday during lunch
- Where? Room P111 (Ms. Ascuittos)
- Questions?
 - Contact our Instagram! @ohigh.seasclub
 - Join our Remind! Class code: theseasc

Latinos Unidos (LU)

Latinos unidos (LU) is a cultural club at Oakland High School that welcomes Hispanic and Latino students. Meetings consist of community activities, potlucks, and planning for events which include an assembly for Hispanic heritage month, field trip opportunities, and school wide events.

Meetings:

- When? Every Thursday during lunch
- Where? Room 226 (Mr.Espinoza)
- Questions?
 - Contact our Instagram! @ohigh.luclub or Emali s_guadalupe.duenas@ousd.org
 - Join our Remind! Class Code: lunidos26



Community Service

buildOn

Students get to uplift their community through weekly service and gain an understanding of social issues. Students participate in our after school recycling program on campus to clean up and weekend services around Oakland. Selected buildOn students have the chance to service abroad in one of seven countries.

Meetings

- When? Tuesdays at Lunch
- Where? Upper Theater
- Questions? Contact Teresa Ascencio (teresa.ascencio@buildon.org)

Cal-Nev-Ha KIWIN'S

CNH KIWIN'S is the 32nd District of Key Club International and a student-led service organization. We perform service deeds with fellow members to improve our school and communities.

Meetings:

- When? Every Thursday at Lunch
- Where? Room 313
- Questions? Contact @ohs.kiwins on Instagram

Oakland Key Club (OKC)

Oakland Key Club (OKC) is a community service club at Oakland High. It is part of Division 2 North, Region 9, California-Nevada-Hawai'i District, and Key Club International, the largest student-led high school community service organization that encourages leadership through serving others. OKC holds services at events ranging from park clean-ups to street festivals. Additionally, there are bigger events held at Six Flags and Convention Centers where you can meet to engage with other Key Clubbers from all around California-Nevada-Hawai'i. Your community service hours will also be counted on a club spreadsheet. Join to meet others who are passionate about serving their community and build friendships along the way!

Meetings:

- When? Every Friday during lunch
- Where? Room 219
- Questions? Email keycluboakland@gmail.com for inquiries



Interests and Academics

Arts & Crafts Club

The Arts and Crafts Club is a club where all students are welcome regardless of their skill levels. Our purpose is to create a club where we can all have fun with art projects!

Meetings

- When? Every Mondays & Fridays during Lunch
- Where? Room 338
- Questions?
 - Join the <u>Discord</u>
 - o @oakhigharts on Instagram

Crochet Club

The Crochet Club brings everyone-- beginner and advanced crochetters alike-- together to learn how to crochet as well as knitting and sewing! We aren't just exclusive to crocheting since we are a fiber artist club!

Meetings

- When? Every other Tuesdays at lunch
- Where? Room 302 (Ms. Clark's)
- Questions? @ohs.crochetclub on Instagram

Drama Club

The Oakland High Drama Club develops students' theatrical skills and confidence through drama games, improv work, coached acting, and voice and dance training. Practicing multiple times weekly throughout the year, the club produces and performs the annual school musical in the spring.

Meetings

- When? Thursdays afterschool, 3:45 4:45 PM
- Where? Room 329/Theater
- Ouestions?
 - o Cole Margen: cole.margen@ousd.org
 - Keith Wong: keith.wong@ousd.org



Lunch Brunch

Eat food and learn about the history behind them! At Lunch Brunch, officers bring in a food/snack every week and share about the fun history behind how they came to be!

Meetings

- When? Every Monday during lunch
- Where? Room 314
- Questions?
 - @ohs.lunchbrunch on Instagram
 - @karmalovescats on Instagram
 - o @karmascorpse on Discord

Ouiz Bowl

Quiz Bowl is a fun game played in teams of four where everyone is asked questions and the first person to buzz in with the correct answer wins points for their team. We practice weekly for tournaments against other schools on the weekends. Anyone can join in at any time.

Meetings

- When? Every Thursday after school, 3:30 5:30 PM
- Where? Room 221
- Questions? Contact Douglas Robenson (douglas.robenson@ousd.org)

Trinkets Club

Trinkets Club is a hands-on, interactive club for students interested in creating small decorative items like keychains, bracelets, and more!

Meetings:

- When? Every other Thursday during lunch
- Where: Room P103 (Ms. Ong's room)
- Questions? @ohs.tc on Instagram

Robotics Club

The Robotic Team collaborates to design, build, and program a robot each year for the FTC competition. FTC is a global challenge that releases a new alliance-based game each year. Anyone from any experience level can join the team and we can encourage that everyone work together, think creatively, and have fun!



Meetings:

- When? Every Monday after school, 3:30 5:00 PM
- Where? W103 (Ms. Chen's Room)
- Questions? Contact ohsrobotics2@gmail.com for inquiries

Sports

Want to contact a specific coach? <u>Visit this page with the coaches' emails</u>
General Questions? Contact our Athletic Director Jonas Perez (<u>jonas.perez@ousd.org</u>)

List of sports available at Oakland High School:

Fall (August - November)

Volleyball
Girls & Boys Cross Country
Tennis
Football
Cheer
Flag Girl Football
Golf

Winter (November - March)

Girls & Boys Basketball
Wrestling
Bowling
Girl's & Boys Soccer
Cheer

Spring (February - May)

Softball Baseball Lacrosse Badminton Swimming



Programs for Students

Summer Search

Summer Search is a youth development nonprofit organization that works with students beginning their sophomore year and after graduating. The program provides one-on-one or group mentoring, including a college and career advisor to prepare students to make informed decisions. Within a safe space, students share their identities and experiences. We also offer two free challenging yet empowering summer opportunities for growth and connection

- Meetings: Short Wednesday once per month 1:35 3:30 PM
- Questions? Contact Jen Tibbet (<u>itribbet@summersearch.org</u>)

Student Culture & Climate Team

Oakland High's Student Culture and Climate Team is committed to strengthening and supporting our affinity groups on campus, spreading awareness about the importance of mental health, and using restorative justice to create a strong foundation for our community. We believe since students are affected the most by what happens in our communities they should have a say in what policies and programs are implemented at Oakland High. This team will confront and correct the issues in our school community by working with students and listening to student voices.

SCCT Committees: Every Committee does Big Projects/Events, but it is up to students on what fundraisers, events, and projects that they do. <u>Click here for more information</u>.

- emPOWER:
 - emPOWER is an organization that was founded to support Black youth by
 providing them with a platform and resources to amplify their voices, cultivate
 leadership and organizational skills, and initiate positive change within their
 communities. The Change Conversations program is an open and honest
 dialogue exchange that informs and educates high school students about social
 justice topics that impact marginalized communities, and will foster solutions to
 issues raised during the conversation.
 - This is an 8-week after-school program that would be open to all Oakland High School students. The program would be 1 day a week for 1 hour and 30 minutes.
 - Link to Application
- Mental Health:



- Our Mental Health Committee focuses on spreading awareness about the importance of mental health and strives to help the student body in tackling mental health concerns.
- Link to Application
- Restorative Justice:
 - SCCT's Restorative Justice committee is committed to building a strong foundation for our Oakland High Community through circles, restorative conversations, and community wide engagement
 - Link to Application

BAStA:

- BAStA is a completely student run organization formed in 2018 in the wake of the Marjory Stoneman Douglas High School shooting. BAStA aims to bring together Bay Area students from all backgrounds and work together to amplify our voice and demonstrate the power of youth in politics and activism. We have chapters in schools all across the Bay Area and we run events from fundraisers for those in need to letter writing campaigns to increase voter participation, every year our main event is Lobby Day where we speak with California congress members advocating for a bill packet
- o Link to Application



Student Resources

Shop 55 Wellness Center & Expanded Learning Program

SHOP 55 is a partnership between Oakland High and local community agencies that provide medical health, mental health, youth development, and academic support to Oakland High scholars. Together, the partners work to increase scholar well-being, equity, and community spirit at Oakland High. Click for Clinical and Medical Services in further detail.

Request Support Form

Fill out the Request Support Form.

You may request for CONFIDENTIAL and FREE support services through this form. This includes, but is not limited to support for academics, physical health, housing, mental health. ANYONE can fill out this form including students and adults, whether for themselves or someone else

Wellness Center

Basic Life Needs

- Connection to free food and groceries
- Connection to CalFresh and Medi-Cal
- Support with AC Transit **Application**

Emotional Needs

- Crisis Counseling
- Individual Therapy
- Mental Support

Physical Health

- Bandages
- School Nurse Services
- Confidential Reproductive **Health Services**



All services listed below are FREE.

WE ARE HERE FOR YOU! www.shop55.org 510-874-7152 Ext. *8801 (299)





BASIC LIFE NEEDS

- Connection to free food and groceries Connection to Cal Fresh and health insurance (Medi-Cal) eligibility and enrollment
- Support with AC Transit Application for

Provided by EBAYC, Oakland High, and OUSD



PHYSICAL HEALTH

- Grab and Go: bandages, sanitation pads, and tampons
- Minor First Aid Triage (i.e. cramps, headaches, stomachache, etc.)
- School Nurse services (i.e. chronic health case management, and major first aid triage for injury, scrapes or cuts, bloody nose, etc.)
- Dental Services (Priority goes to students without health insurance or with Medi-Cal)
 Sports Physical
- Confidential Reproductive Health Services
 Reproductive Health Services and
- Reproductive Health Services and Counseling (i.e. birth control and testing for sexually transmitted infections).
 Emergency Contraception
 Prenatol Care
 PrEP (HIV pre-exposure prophylaxis)
- Immunizations (Only for students without health insurance or with Medi-Cal)

Provided by Asian Health Services, EBAYC, and Oakland High



- On-call crisis counseling
 Wellness Check-In
 Individual Therapy
 Group Support
 Peer Mentoring
 Case Management or Life Coaching (wellness
 check-ins, goal setting, social and emotional
 support)
- support) In-house self-care baskets Take home wellness kits (art supplies, & DIY stress and anxiety relief activities)

All confidential, except when there is harm

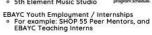
Provided by Asian Health Services, EBAYC, Family Violence Law Center, Lincoln, Oakland High, OUSD, Seneca, and Wellness Together



EXPANDED LEARNING PROGRAMS

The program schedule will be distributed at the beginning of each semester.

- Academic Support
 Homework help
 Sport study halls
- Enrichment Programs
 5th Element Music Studio



Provided by EBAYC, Oakland High, and co

California State Law Allows a minor 12-17 Years Old to receive Reproductive health Services, mental health Services, and Alcohol & Substance Use Counseling without parental Consent. However, we encourage open communication between students and parents/ caretakers

HOP 55 is a partnership between Oakland High and local community agencies that provide medic alth, mental health, youth development, and academic support to Oakland High scholars. Togeth the partners work to increase scholar well-being, equity, and community spirit at Oakland High.













Expanded Learning Program

Academic Support, Homework help, Sport study halls, Enrichment Programs, EBAYC Youth Employment / Internships.

- 1. **Peer Tutoring/Drop-In Study Space:** Offering a safe place for students to do their homework, study, and build community. Chromebooks and supplies provided. Tutoring is available from the 30 Peer Mentors who are current Juniors and Seniors.
 - a. When? Mondays, Tuesdays & Thursdays after school, 3:30 5:30 PM
 - b. Where? The Library
- 2. **Sport Study Hall:** Athletes are given the opportunity to receive additional academic support prior to their Practice and training.
 - o Offered for Boys Basketball, Girls Basketball, Cheerleading, and Football.
- 2. **5th Element Music Studio:** Fifth Element Studio, by appointment or same day, students can come record tracks in a digital recording facility. The Coup Studios featuring Dame Dollar Vocal Booth.
- 3. Internships/Employment Opportunities:
 - o Visit Job & Internship Page.



Future Center

ALL STUDENTS ARE WELCOME TO COME INTO THE FUTURE CENTER TO RECEIVE SUPPORT!!!

The Future Center is located next to the library in the cafeteria and offers a variety of services geared towards helping students prepare for their future, including but not limited to:

- College Support
 - College Planning
 - 4 Year plans for college
 - Community College
 - o A G Resources/Awareness
 - College Access Programs
 - College Advising
 - o Financial Aid Application Support
 - o Campus Tours
 - College Fairs
- Career Planning
 - Skills Trade
 - Site tours
 - o Apprenticeship Programs
 - Certifications
 - Career Fairs
- Financial Resources
 - Scholarships, grants, work study
 - o FAFSA/CADAA

Latino Student Achievement

Receive support from an award winning author and college professor Javier Armas!

- Services
 - Develop post high school plans
 - Receive College application support
 - Career plan development
 - o Get connected to academics, graduate students, and professors
- Hours:
 - o Mondays, Tuesdays, and Fridays 12:50 PM 3:30 PM
 - Thursdays 9:00 AM 3:30 PM
- Contact: Set up an appointment with Javier Armas at <u>Javier.armas@ousd.org</u> or drop in to the Future Center



African American Male Achievement

KINGCARE is provided by AAMA Facilitator, Edward Davis Jr. a professional Performance trainer Academic Specialist. The goal is to Engage, Encourage and Empower young Black men, equip them with skills outside of the classroom and guide them on how to navigate the matrix.

- Services
 - College Application Support
 - Financial Aid Support
 - Academic Support
 - College Tours and CTE Exposure
 - Drone & Business Legacy After school on Tuesdays and Thursday, 4:00 PM to 6:00 PM
 - Weight training at lunch)
- Hours:
 - Monday Friday 9:00 AM 4:00 PM
 - Short Wednesday, Entire School Day
- Contact:
 - Edward Davis Jr. (edward.davis@ousd.org)
 - You can find him at:
 - Counselor's office
 - Future Center

Future Center Partners

Destination College Advising Corps (DCAC) / Early Academic Outreach Program (EAOP): We serve first generation, low income, underrepresented minority high school youth in their journey towards life after high school.

- Services:
 - Receive one-on-one advising
 - Enrichment programs
 - **Pre-College Academy** (9th 10th Grade): The Pre-College Academy PCA is a 6-week Summer Program at UC Berkeley, where you will be taking academic enrichment classes to help prepare you for your next academic school year.
 - Senior Seminar (11th Grade): Cohort juniors can prepare for their senior year with Senior Seminar. Get a head start on UC College Applications, essays, and one-on-one support
- Hours: Monday Friday in the Future Center 8:00 AM 4:30 PM
- Link to Application



- Contact
 - o Michelle Darwis (mdarwis@berkeley.edu)
 - Edgar Galvez (<u>esgalvez@berkeley.edu</u>)

TRiO

TRiO is a collection of college access programs, and at Oakland High School there are four programs dedicated to supporting students for their future. At TRiO, Oakland High students receive college support from a team of advisers from UC Berkeley, Northeastern University, and USF.

Mills College Upward Bound: Upward Bound is a free college access program that supports high school students in Oakland & Richmond and prepares them to enter college.

- Services
 - College Tours
 - Academic and College Advising
 - Summer Residential Program:
 - 6 week long program in the summer
 - Opportunities for paid work
 - 2 week dorm experience
 - Saturday College: Enrichment courses to supplement current classes.
 - After School Tutoring
- Hours: Wednesday & Friday 9:00 AM 2:00 PM
- Contact: Ronald Johnson (<u>ro.johnson@northeastern.edu</u>)

University of San Francisco Upward Bound: USF Upward Bound is a free college access program that supports high school students in Oakland & Hayward and prepares them to enter college.

- 4. Services
 - College Tours
 - Academic and College Advising
 - Monthly Lunch Workshops
 - Summer Residential Program:
 - i. 6 week long program in the summer
 - ii. Ambassador Program
 - iii. 2 week dorm experience
 - Saturday Academy: Enrichment courses to supplement current classes.
 - Tutoring
- 5. Hours: Monday Thursday 9:30 4:00 PM



6. Contact: Andrea Diaz (adiaz43@usfca.edu)

UC Berkeley Upward Bound: UC Berkeley Upward Bound is a free college access program that supports high school students in Oakland & Richmond and prepares them to enter college.

- 7. Services
 - College Tours
 - Academic and College Advising
 - College Knowledge Workshops
 - Summer Residential Program:
 - i. 6 week long program in the summer
 - ii. Ambassador Program
 - iii. 2 week dorm experience
 - o Saturday Academy: Enrichment courses to supplement current classes.
 - Tutoring
- 8. Hours: Thursdays, all day
- 9. <u>Link to Application</u> (Students accepted on a rolling basis)
 - o Note: First Generation and Low-income are prioritized.
- 10. Contact: Denzale Johnson (denzalej@berkeley.edu)

UC Berkeley Educational Talent Search (ETS): Federally funded college access program for high school students that provides students college support.

- Services
 - One-on-one Support
 - Financial Aid and scholarship support
 - College Readiness Workshops
 - Once a year field trips.
 - Juniors get the special opportunity to explore So-Cal colleges
 - Program Events at UC Berkeley
 - Hours: Monday Thursday 9:00 4:00 PM
- Link to Application (Students accepted on a rolling basis)
 - Note: First Generation and Low-income are prioritized.
- Contact: April Rojas (april.rojas@berkeley.edu)



Library

Want to check out a book, study, or just take a nap? Visit the library! Oakland High's library has a variety of books to check out, couches to relax, and available tables to study.

What's in the library?

- Chromebooks and Computers available for use
- Lots and lots of books! Check out Oakland High's Book Catalog
- College Rep visits and other events hosted at the library
- Flyers with student opportunities

Offerings:

- Chromebook Request Form
 - Contact Oakland High's technical lead (<u>hannah.strayve@ousd.org</u>) if you have any questions.
- <u>Sora</u>: A digital reading app resource that offers ebooks, audiobooks and more from your school library.
 - o <u>Directions</u> on how to sign up for Sora.
- OUSD Free Hotspots (Currently Unavailable)
 - Visit this page for further information on getting internet at home.



Job & Internship opportunities

Google Classroom

Ms. Barnes is the Work Based Learning Liaison at Oakland High School. Internships and job opportunities are sent out frequently over Google Classrooms that are dedicated to provide students with such resources. Below are the Google Classroom codes. *Please join through your OUSD account.*

Internship, Jobs, etc. Google Classroom Codes (2025-2026):

9th Grade: iso475z5
 10th Grade: ekxiohtn
 11th Grade: fn4cga5y
 12 Grade: I4lcrwz7

Questions? Contact Theresa Barnes: theresa.barnes@ousd.org

Student Career Opportunity Website

Official OUSD Career Opportunity website that provides directory information to internship opportunities for students in OUSD.

ECCCO Summer (Paid) Internship Program

Contact Theresa Barnes if you have any questions: theresa.barnes@ousd.org

Shop 55 Paid Opportunities

REAL HARD

REAL HARD (Representing Educated Active Leaders Having a Righteous Dream) is a youth leadership and empowerment program that amplifies the positive and challenges the negative elements of school culture. We work with youth to build their critical thinking skills, facilitation abilities, and to develop research needed to identify and solve problems in their school community.

Questions? Contact Senayt Sium (<u>senyat@kidsfirstoakland.org</u>)

Peer Mentor Internship

The 30 Oakland High School Peer Mentors are trained, coached, and supported to provide mentoring support to their Wildcat peers. Each Peer Mentor will be matched with three 9th and 10th graders and each Peer Mentor will support their mentees through weekly one-to-one sessions and three after-school group sessions.



Questions? Contact Karla Verde (<u>karla@ebayc.org</u>)

Youth Educators

The Youth Educators are a cohort of 20 OHS students who are trained and supported to provide after-school academic support and enrichment education to K-t students at Franklin, Garfield, Lincoln, Manzanita Community School, Manzanita Seed elementary schools.

Questions? Contact Julia DeGuzman (julia@ebayc.org)

Scholarships

Visit the Future Center and your counselor for more information and support.

- 1. Future Center Google Classroom
 - Join your Class Future Center Google Classroom for news and scholarship listings:
 - Class of 2028 | Class of 2027 | Class of 2026 | Class of 2025
- 2. Scholarships for 12th Graders
 - o Resource for Scholarships, PIQ Resources, CEP Course Planning.
- 3. EBSCC Scholarship Bulletin 2024-2025
- 4. Oakland Promise Scholarship

Scholarship Search Engines

College board

Fast Web



Additional Academic Resources

Peer Tutoring

More information provided in the Expanded Learning Program section.

Sentence Starters for Essays and Essay Support

Oakland High School
1023 MacArthur Boulevard, Oakland, CA 94610
https://www.ousd.org/oaklandhigh
Main Office: (510) 879-2304
Fax: (510) 627-9304
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