

Sexual Healing Resources

Books

1. Surfing for God: Discovering the Divine Desire Beneath Sexual Struggle- Cusick
<https://a.co/d/erk3yLI>
2. The Sexually Healthy Man: Essays on Spirituality, Sexuality, and Restoration -Bauman
<https://a.co/d/34v3B8o>
3. Psychology of Porn: Essays on Pornography, Objectification & Healing -Bauman
<https://a.co/d/ajcftTx>
4. Unwanted: How Sexual Brokenness Reveals Our Way to Healing -Stringer
<https://a.co/d/aTvwV8z>
5. The Great Sex Rescue: The Lies You've Been Taught and How to Recover What God Intended -Wray Gregoire <https://a.co/d/4NGAGSW>
6. Talking Back to Purity Culture: Rediscovering Faithful Christian Sexuality -Welcher
<https://a.co/d/5SFFfaL>
7. As Soon as I Fell: A Memoir -Bruner <https://a.co/d/esueHjJ>
8. Quenched: Discovering God's Abundant Grace for Women Struggling with Pornography and Sexual Shame <https://a.co/d/4nuHeOe>
9. Fight for Love: How to Take Your Marriage Back from Porn – Makinney
<https://a.co/d/2z9EHJW>

Podcasts: (Individual episodes in plain text, shows in bold text)

<https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952?i=1000508811776>

<https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952?i=1000505499063>

<https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952?i=1000404321261>

<https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952?i=1000405447481>

[**https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952**](https://podcasts.apple.com/us/podcast/restoring-the-soul-with-michael-john-cusick/id1120914952)

[**https://podcasts.apple.com/us/podcast/therapy-shorts-with-andrew-christy-bauman/id1509693025**](https://podcasts.apple.com/us/podcast/therapy-shorts-with-andrew-christy-bauman/id1509693025)

<https://podcasts.apple.com/us/podcast/java-with-juli/id1116000318>

[**https://podcasts.apple.com/us/podcast/fight-for-love/id1493440244**](https://podcasts.apple.com/us/podcast/fight-for-love/id1493440244)

Counseling Centers (in-person and online)

The Well*

<https://thewellintl.org>

Valeo*

<https://www.valeo.global>

Restoring the Soul

<https://restoringthesoul.com>

On Site

<https://onsiteworkshops.com>

Christian Counseling Center for Sexual Health & Trauma*

<https://andrewjbauman.com/counseling/>

*Used by Levi & Betsy