Chef Loren's Seafood Supper

A Menu by Chef Loren Larsen

Grilled Endive Salad

Seared Scallops

Ahi tuna Crudo

Tomato and Lemongrass Consume w/ Crab Salad

Peanut Butter Mousse Pie

Grilled Endive Salad

Prep/Cook: 15/10 min | Serves: 12

- 12 ea. Belgian Endive
- ½ Lemon
- Kosher Salt & Pepper, to taste

For Bacon Candy

- 1 lb bacon
- ¹/₄ cup maple syrup
- ½ cup brown sugar
- 4 tablespoons water
- Additional ½ cup brown sugar for pickled radish
- 4 ea. Watermelon radish
- 1 cup rice vinegar

- 2 tablespoons sugar
- 2 tablespoons salt
- 2 ea. garlic cloves, pasted
- 1 tablespoon parsley, minced

For vinaigrette:

- 3 tablespoons champagne vinegar
- 2 tablespoons candied bacon fat
- 2 tablespoons olive oil
- 2 tablespoons shallot, finely diced
- 1 tablespoon dijon mustard
- 2 tablespoons honey
- Microgreens, for garnish
- 12 oz. goat cheese
- 1. Chef Notes: Get bacon going early/before guests arrive
- 2. Bacon Candy:
 - a. Combine all ingredients in a baking pan, mix thoroughly and bake at 350°F for 1.5 hours.
 - b. Remove from the oven and drain excess fat, saving 2 tablespoons for dressing.
 - c. Add additional ½ cup brown sugar to bacon and stir thoroughly, then place back into the oven until browned, caramelized, and crispy.

d. Let cool in a baking pan on the counter, and serve warm.

3. For pickled radish:

- a. Combine all ingredients into a bowl. Using a mandolin, finely slice watermelon radishes into the pickling mixture
- b. Let sit for minimum 1 hour, max 2 days

4. For endive:

- a. Remove oxidized root end with a knife. Slice endive long ways turning each hear into 4-6 pieces. Place cut side up on a sheet pan, drizzle with olive oil, salt and pepper.
- b. Get cast iron grill plated red hot, sear endives on both sides until edges become translucent.
- c. Land onto sheet pan, and drizzle with lemon juice

5. For vinaigrette:

a. Whisk all ingredients together in a bowl

6. Assembly:

- a. Dress a bowl with the vinaigrette
- b. Toss all endives and place rustically in a shallow platter
- c. Top with candied bacon, crumbled goat cheese, and pickled radish
- d. Garnish with microgreens

Pan Seared Scallops w/ Popcorn cream

scallops: the filet mignon of the sea, aren't difficult to cook when you set yourself up properly

Prep/Cook: 15/10 min | Serves: 12

- 60 scallops
- Kosher salt & pepper, to taste
- 2 tablespoons avocado oil
- ¼ cup butter, cut into cubes
- 2 lemons, zested

Pop Corn Cream

- 1 cup butter (browned
- 1 cup pop corn
- 1 white onion, finely diced
- 4 cloves garlic, pasted
- ¼ cup white wine
- ¼ teaspoon nutmeg
- 1 cup whipping cream

1. For popcorn cream:

- a. Pop popcorn & brown butter
- b. Sautee onion and garlic in until translucent, no browning. Deglaze with a ¼ cup white wine
- c. Once wine is reduced to dry, add in nutmeg and 1 cup whipping cream, bring back up to temp.

- d. After simmering 10 min, puree with immersion blender
- e. Run pureed corn through a chinoise and place back on stove on low to keep at temp

For Scallops:

- a. Chef Note: This is the last thing you do before the dish is served, have corn cream and garnish ready before cooking
- b. Remove all scallops from the bowl and place on a paper toweled plate. Using a paper towel, press all water out of the scallops, place on a dry plate and top with salt. Let them sit out for a minimum 30 minutes: DRY AND ROOM TEMP is the key to success here.
- c. In a RED HOT non-stick or cast iron pan, add 2 tablespoons oil to the pan and roll around the pan until it's evenly coated
- d. Quickly place scallops on one half of the pan. Sear one side then flip to the other side of the pan.
- e. Add butter cubes at the end of each batch and baste until cooked through. Land onto a paper towel-lined sheet pan to drain for plating
- 3. Plating: Create a bed of popcorn puree,, place odd number of scallops on top, garnish with large amount of lemon zest and microgreens

Ahi Tuna Crudo

In a mediterranean vin

It starts with the fish you source, do not skimp on quality, don't over season the marinade, let the fish show out

Serves: 12

- 3 lb Grade A maguro tuna Dressing:
- 1 tbsp capers, diced
- 1 fresno chili, sliced seeded and diced
- 2 oranges zested, ½ orange juiced
- 1 Lemon zested, and juiced
- 2 tablespoons white balsamic, rice, or white vinegar
- 1 green onion sliced thin

- 4 tbsp olive oil
- 1 head fennel, sliced thin and roasted
- ½ teaspoon zataar seasoning
- Salt & pepper to taste
 Additions to crudo
- 1 cucumber halved, seeded, and sliced thin
- ½ red onion sliced thin
- 1 orange and 1 lime, peeled and sectioned: citrus supreme
- 1. Remove Ahi tuna from the package you received in, rinse with cold water, pat dry and place on a sheet pan, put in the freezer for 35 min-1 hour until it is just barely frozen.
- 2. Remove from freezer and slice desired thickness

- 3. Shingle tuna into an appropriately sized container
- 4. Mix all remaining ingredient in a bowl to make the marinade
- 5. Pour marinade over the tuna, and place into the fridge for 30 min-2 hour
- 6. Plate as beautifully as you can, you can do a carpaccio style, a stack, a shingle, rustic etc
- 7. Dress with a few spoons of dressing and gentle place cucumber, red onion and citrus around your plate
- 8. Serve chilled

Tomato and Lemongrass Consume, with a Chilled Crab Salad

Serves 10-12

- 8 roma tomato, halved, oil s&p and broiled lightly
- 1 white onion sliced thin
- 3 cloves garlic, smashed
- 1 cup white wine
- 4 stalks lemon grass
- 6 cups of water
- S&P to taste

• 5 egg whites

For crab salad:

- 1.5 pounds of dungeness crab
- 2 tbsp kewpie mayo
- 2 lemon zested
- Salt and white pepper to taste
- 2 oz chives sliced thin

- 1. Char tomato
- 2. In a small rondo gently saute onion and garlic until translucent, no color
- 3. When onion and garlic is translucent deglaze with white wine
- 4. When white wine is fully reduced to au sec, add charred tomato & water
- 5. With a back of knife "bang up" the lemon grass to expose more fibers and place into tomato broth
- 6. Boil for 15 min
- 7. After 15 min remove the lemon grass and discard
- 8. While broth is at a boil add egg whites, and do not move the water, turn down to a medium heat and let the egg create a float, once egg is fully cooked use a spider to remove and discard
- 9. Run broth through a chinoise and return to a suitable pot on low heat
- 10. Mix crab salad ingredients together thoroughly
- 11. Before plating bring soup up to a rolling boil
- 12. Place broth into soup bowl
- 13. Place scoop of crab salad in center in bowl

Oreo and Peanut Butter Mousse Pie

An easy dessert that never disappoints

Serves 8

- 24 oreos
- 5 tbsp of butter melted filling
- 40 oz peanut butter
- 8 oz mascarpone

- 1.5 qt heavy cream
- 1 cup powdered sugar
- ¼ cup brown sugar
- 1 tablespoon vanilla
- High end chocolate

- 1. Preheat the oven to 350 F.
- 2. In robot coupe, pulse all oreos until crumbled and transfer to bowl
- 3. Stir in butter to cookie mixture,
- 4. Pack mixture into pie tin and bake for 8-10 min
- Cool at room tempFor filling:
- 6. Combine cream and powdered sugar in mixer and whip into whipped cream
- 7. Slowly add vanilla once peaks in cream are established
- 8. Remove whipped cream and place into bowl
- 9. Add peanut butter into mixer with brown sugar and mix until creamed, after mixed add in mascarpone
- 10. Once mixed slowly re incorporate whipped cream
- 11. Put mousse into piping bag with desired tip
- 12. Fill pie crust with mousse, and place into fridge for 30 min
- 13. Top with grated chocolate
- 14. Serve with ice cream