

## **FITNESS OFFER FOR STUDENTS OF MONDRAGON UNIBERTSITATEA 25/26**

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## ARRASATE

### BETI ONA

Timetable:

- From Mondays to Fridays: 9:00-21:00
- Saturdays: 9:00-13:00

Type of rate	DURACIÓN	PRICE
Year	10 months	255 €+ 5 €key (25.5 €/ month)
Semester	6 months	192 €+ 5 €key (32 €/ month)

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

### Services:

- Musculation Machine Room
- Heavy Duty Circuit (Nautilus)
- Inbody; body composition analyzer.
- Dietary counseling
- Aerobic room.

### CROSSFIT ARRASATE

#### Fares:

- Basic rate. 8 lessons per month: 62€.
- Intermediate rate. 12 lessons per month: 72€.
- Advanced rate. 16 lessons per month: 82€.
- Unlimited rate. Unlimited lessons: 97€. (Includes specific competition programming)

**\*Students get a 20% discount** on the unlimited rate.


**\*Free registration** for new members.

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
8:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
8:30						
9:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	PARTNER WOD
9:30	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	
10:00	INICIACIÓN		CROSSFIT		CROSSFIT	PARTNER WOD
10:30	(10:15-11:15)		(10:15-11:15)		(10:15-11:15)	
11:00						PARTNER WOD
11:30						
13:00						
13:30				CROSSFIT		
14:00						
14:30	CROSSFIT	CROSSFIT	CROSSFIT	OPEN BOX	CROSSFIT	
15:00						
15:30					OPEN BOX	
16:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
17:00	CROSS INICIA	CROSS INICI	TOTAL	TOTAL	CROSSFIT	
17:30	FIT CION	FIT ACION	FITNESS	FITNESS		
18:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSS INICI	CROSSFIT	
18:30				FIT ACION		
19:00		TOTAL	CROSSF	INICI		
19:30	CROSSFIT	FITNESS	IT	ACION		
20:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	INICIACIÓN	
20:30						

SAIOA

Type of rate	PRICE
1 month	40€
9 months	350€



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
Cross Training 8:00 - 9:00	Cross Training 8:00 - 9:00	Cross Training 8:00 - 9:00	Cross Training 8:00 - 9:00	Cross Training 8:00 - 9:00
Yoga - Clasico 11:15 - 13:00		Yoga - Clasico 11:15 - 13:00		Yoga - Clasico 11:15 - 13:00
Cross Training 13:30 - 14:30		Cross Training 13:30 - 14:30		Cross Training 13:30 - 14:30
Cross Training 14:30 - 15:30	Stretching 14:30 - 15:45	Cross Training 14:30 - 15:30	Stretching 14:30 - 15:45	Cross Training 14:30 - 15:30
Karate 9 - 13 años 17:00 - 18:00 Brazilian Jiu Jitsu	Karate 4 - 8 años 17:15 - 18:15	Brazilian Jiu Jitsu 17:30 - 18:30	Karate 4 - 8 años 17:15 - 18:15	Yoga - Fit 16:00 - 17:30 Brazilian Jiu Jitsu 17:30 - 18:30
Kick Boxing 18:00 - 19:30	Karate 9 - 13 años 18:15 - 19:30	Kick Boxing 18:30 - 19:30	Karate 9 - 13 años 18:15 - 19:30	Kick Boxing 18:30 - 20:00
Karate Adultos 19:30 - 20:30	Karate Adultos 19:30 - 20:30	Karate Adultos 19:30 - 20:30	Karate Adultos 19:30 - 20:30	

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

## BILBO

### FITNESS PARK INTERMODAL, BOLUETA AND BARAKALDO

(Offer 2024-2025 academic year)

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

REGISTRATION	OFFER	MONTHLY FEE
Free	First 12 weeks: 17€ per 4 weeks	27€/4 weeks

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

### METROPOLITAN

- Welcome Pack with discounts and special gifts.
- Access to all Metropolitans in the rest of the cities in Spain (5 accesses per month) and unlimited access to Metropolitan Begoña.
- THE OFFER IS VALID until August 31, 2026

### **RATES EUSKADI BEGOÑA**

- Enrollment currently ranges between €39 and €69.
- EUSKADI SEMI-ANNUAL TENDERS: €93 (payment of €558 or two payments of €279 over two consecutive months). (Free admission all day).
- EUSKADI TENDERS: €103 (Free admission all day).

### **VAT 21% INCLUDED**

#### SERVICES INCLUDED IN FEES

The quotas include Fitness Room, Fitness Program, Directed Activities, Spa, Swimming Pool, Everyday Use Windows, Towel Service, WIFI Space, Welcome Pack (Fitness Initial Custom Plan, 50% dto. In an initial session with one of our Personal Coaches, 50% dto. or 2 x 1 for the first service of our restaurant, a free personalized beauty diagnosis, a 50% one-hour massage or facial hygiene and a UVA ray session).

#### ADDITIONAL SERVICES NOT INCLUDED IN FEES

Annual Box Office Rental/Garage/Exwindoive Service/One-day  
Invitation/Personalized Training/Pilates Method Training/Swimming  
Courses/Accident Insurance €3.9/Beauty Center Services.

## CONDITIONS

- At the end of the collaborative offer period between your company and our BILBA center, when 10 people are discharged from the club, it will automatically be extended for another 12 months.
- In order to formalize the discharge, it is necessary to present the ID and verify that it does not have a bank account and belongs to the company by means of an identification document.
- The first payment is made in cash or by card and the next by bank address. So you have to present an account number.
- This offer cannot be accumulated with other offers in force at the time of registration.
- IMPORTANT: Any discount on tuition and/or tuition will only apply to the first school registration.
- To maintain these special conditions, it is essential to be a member of MONDRAGON UNIBERTSITATEA.
- If the company declines, these special conditions will be lost.
- This offer is not retroactive.

## VIVAGYM



## Option to use any VivaGym center

### How to register?

- Visit this website: <https://www.vivagym.com/es-es/>
- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.

### Conditions

\*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

\*This offer is valid until August 31, 2026.

\*In the case of centers in Barcelona, accident insurance must be paid.

\*You must show proof of Mondragon University membership.



## CROSSFIT DEUSTO

- BOTIKA ZAHARRA rate €62/month; 8 classes to be distributed during the month.  
Quarterly €177.

**The following rates have a %10 discount:**

- EUSKALDUNA BRIDGE rate €64,80/month; 12 classes to be distributed during the month. Quarterly €186,3
- PUENTE DEUSTO rate €73,80/month; 17 classes to be distributed during the month. Quarterly €213,3
- CAROLA CRANE rate €91,80/month; Unlimited distribution during the month. Quarterly €267,30
- Besides,
  - Subscriptions for 5 sessions, 58.50 euros (1 year duration).
  - Subscriptions for 10 sessions, 85.50 euros (1 year duration).

NUESTRAS TARIFAS			
<b>BOTIKA ZAHARRA</b>	<b>PUENTE EUSKALDUNA</b>	<b>PUENTE DEUSTO</b>	<b>GRUA CAROLA</b>
8 sesiones / mes	12 sesiones / mes	17 sesiones / mes	Ilimitado
Mensual	Mensual	Mensual	Mensual
<b>62€</b>	<b>72€</b>	<b>82€</b>	<b>102€</b>
Trimestral 177€	Trimestral 207€	Trimestral 237€	Trimestral 297€
<b>BONO 5</b>		<b>BONO 10</b>	
5 sesiones		10 sesiones	
<b>65€</b>		<b>95€</b>	
1 año de duración		1 año de duración	

*\* Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

### PIUGAZ CLIMBING WALL

- 10% discounts on the entire offer (climbing courses, access vouchers, daily tickets, Yoga sessions, ...)
- Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university student and your ID card.
- Schedule: Monday to Friday 10:00-22:00 / Weekend 16:00-22:00

### BOBO ESPAZIOA

Throughout the academic year, the possibility of trying the first session for free in all courses is planned in the BoBo space.



CLASES REGULARES

2025-2026

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
				
19h a 21h				
<b>GRUPO DANZA IMPRO</b> KOLDO AROSTEGI	<b>DANZA CONTEMP</b> KOLDO AROSTEGI	<b>DANZA CONTEMP</b> OLATZ DE ANDRES	<b>CONTACT IMPROVISACIÓN</b> AIALA ETXEGARAI	

## DONOSTIA

### FITNESS PARK URBIL

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

REGISTRATION	OFFER	MONTHLY FEE
Free	First 12 weeks: 17€ per 4 weeks	27€/4 weeks

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

### HEGALAK

#### **Swimmingpool + fitness:**

€36.50 per month (the month is counted from the day it begins).

- Monday to Friday: 7:15 a.m. to 5:00 p.m.
- Saturdays: 8:00 a.m. to 8:00 p.m.
- Sundays: 8:00 a.m. to 2:45 p.m.

*\* Payment: Payment must be made at the center. You must show your student/university worker certificate (request it from your faculty's sports department) along with your ID card.*

### VIVAGYM



#### **Option to use any VivaGym center**

##### **How to register?**

- Visit this website: <https://www.vivagym.com/es-es/>
- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.



## Conditions

\*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

\*This offer is valid until August 31, 2026.

\*In the case of centers in Barcelona, accident insurance must be paid.

\*You must show proof of Mondragon University membership.

## [LA PERLA](#)

“University students” offer: 63,5€/month

- Daily entrance to the gym.
  - Schedule: Monday to Friday from 7:30 am to 9:30 pm; Saturdays from 8:30 am to 9:30 pm and Sundays from 8:30 am to 8:30 pm.
- Daily entrance to the thalassotherapy except weekends and holidays.
  - Schedule: 8:00-21:30.

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

## CROSSFIT AMARA

### Fares:

- Basic rate. 8 lessons per month: 69€.
- Intermediate rate. 12 lessons per month: 79€.
- Advanced rate: 16 lessons per month: 89€.
- Unlimited rate: Unlimited lessons: 101€.

\*Students get a 20% discount on the unlimited rate.

\*Free registration for new members.

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:00	CROSSFIT	CROSSFIT		CROSSFIT			
7:30							
8:00	INICIACIÓN	CROSSFIT		CROSSFIT			
8:30							
9:00	CROSSFIT	INICIACIÓN	INICIACIÓN	INICIACIÓN	CROSSFIT	PARTNER WOD	
9:30	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)		
10:00			CROSSFIT		CROSSFIT	PARTNER WOD	OPEN BOX
10:30			(10:15-11:15)		(10:15-11:15)		
11:00						PARTNER WOD	OPEN BOX
11:30							
13:00							
13:30	CROSSFIT		CROSSFIT		CROSSFIT		
14:00							
14:30							
15:00	OPEN BOX		OPEN BOX		OPEN BOX		
15:30							
16:00	INICIACIÓN		CROSSFIT		INICIACIÓN		
16:30		CROSSFIT		INICIACIÓN			
17:00	CROSSFIT		CROSSFIT	TOTAL FITNESS	CROSSFIT		
17:30		CROSSFIT					
18:00	CROSSFIT		INICIACIÓN		CROSSFIT		
18:30		INICIACIÓN		CROSSFIT			
19:00	TOTAL FITNESS		CROSSFIT		CROSSFIT		
19:30		CROSSFIT		CROSSFIT			
20:00	CROSSFIT		CROSSFIT				
20:30		CROSSFIT		CROSSFIT			
21:00							

\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.

## IRUN

### BROOKLYNG FITBOXING IRUN

Trial session 5€ using the code **2J2-GHF-6Q4**. If a MU group is formed, there will be flexibility in the schedule.

## OÑATI

### INDAR GIMNASIOA

Weight training/fitness

- Standard rate → 8:30 a.m.–9:00 p.m. → €40/month
- Student rate → 8:30 a.m.–4:30 p.m. → €30/month

## EIBAR

### CROSSFIT EIBAR

**Fares:**

- Basic rate. 8 lessons per month: 61€.
- Intermediate rate. 12 lessons per month: 71€.
- Advanced rate: 16 lessons per month: 79€.
- Unlimited rate: Unlimited lessons: 93€.

\* Students get a 20% discount on the unlimited rate.

IRAILA/ SEPTIEMBRE 2022						
	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
8:00	CROSSFIT	CROSSFIT		CROSSFIT		
8:30						
9:00	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	
9:30	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	(9:15-10:15)	
10:00	INICIACIÓN		CROSSFIT		CROSSFIT	PARTNER WOD
10:30	(10:15-11:15)		(10:15-11:15)		(10:15-11:15)	PARTNER WOD
11:00						
11:30						
13:00						
13:30						
14:00						
14:30	CROSSFIT		CROSSFIT		CROSSFIT	
15:00						
15:30	OPEN BOX		OPEN BOX		OPEN BOX	
16:00		CROSSFIT		CROSSFIT		
16:30	CROSSFIT		CROSSFIT		CROSSFIT	
17:00		INICIACIÓN		TOTAL FITNESS		
17:30	TOTAL FITNESS		CROSSFIT		INICIACIÓN	
18:00		CROSSFIT		CROSSFIT		
18:30	CROSSFIT		CROSSFIT		CROSSFIT	
19:00		TOTAL FITNESS		INICIACIÓN		
19:30	CROSSFIT		INICIACIÓN			
20:00		CROSSFIT		CROSSFIT		
20:30						

\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.

## GASTEIZ

### VIVAGYM



#### Option to use any VivaGym center

##### How to register?

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- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.

##### Conditions

\*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

\*This offer is valid until August 31, 2026.

\*In the case of centers in Barcelona, accident insurance must be paid.

\*You must show proof of Mondragon University membership.

### FITNESS PARK BOULEVARD

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

REGISTRATION	OFFER	MONTHLY FEE
Free	First 12 weeks: 17€ per 4 weeks	27€/4 weeks

*\*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

## ARETXABALETAK

### [HAZIA](#) YOGA CENTER

Option to join the groups offered at their center:

- Ask the schedule in [kirolak.huhezi@mondragon.edu](mailto:kirolak.huhezi@mondragon.edu)
- Sessions will start in October.
- Payments will be made at the center (a discount of 20% will be applied to all students and workers of the university).

ORDUTEGIA				
ASTELEHENA	ASTEARTEA	ASTEAZKENA	OSTEGUNA	OSTIRALA
	8.00-9.30 HATHA YOGA (ARITZ)			9.00-10.30 MEDITAZIOA (ASUN)
	10.00-11.30 HATHA YOGA (ARITZ)			11.00-12.30 MEDITAZIOA (ASUN)
14.30-15.30 YOGA FLOW (ANNE)				15.00-16.30 MEDITAZIOA (ASUN)
17.00-18.30 FLOW YOGA (ANNE)	17.00-18.30 HATHA YOGA (ARITZ)	17.00-18.30 POWER YOGA (ARITZ)	17.00-18.30 HATHA YOGA (ARITZ)	18.00-19.30 MEDITAZIOA (ASUN)
19.00-20.30 FLOW YOGA (ANNE)	19.00-20.30 HATHA YOGA (ARITZ)	19.00-20.00 RESPIRACION CONSCIENTE (ARITZ)	19.00-20.30 HATHA YOGA (ARITZ)	