

FITNESS OFFER FOR STUDENTS OF MONDRAGON UNIBERTSITATEA 25/26

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ARRASATE

BETI ONA

Timetable:

- From Mondays to Fridays: 9:00-21:00
- Saturdays: 9:00-13:00

| Type of rate | DURACIÓN | PRICE |
|--------------|-----------|-------------------------------|
| Year | 10 months | 255 €+ 5 €key (25.5 €/ month) |
| Semester | 6 months | 192 €+ 5 €key (32 €/ month) |

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

Services:

- Musculation Machine Room
- Heavy Duty Circuit (Nautilus)
- Inbody; body composition analyzer.
- Dietary counseling
- Aerobic room.

CROSSFIT ARRASATE

Fares:

- Basic rate. 8 lessons per month: 62€.
- Intermediate rate. 12 lessons per month: 72€.
- Advanced rate. 16 lessons per month: 82€.
- Unlimited rate. Unlimited lessons: 97€. (Includes specific competition programming)

***Students get a 20% discount** on the unlimited rate.


***Free registration** for new members.

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO |
|-------|---------------|--------------|---------------|--------------|---------------|-------------|
| 8:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | |
| 8:30 | | | | | | |
| 9:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | PARTNER WOD |
| 9:30 | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | |
| 10:00 | INICIACIÓN | | CROSSFIT | | CROSSFIT | PARTNER WOD |
| 10:30 | (10:15-11:15) | | (10:15-11:15) | | (10:15-11:15) | |
| 11:00 | | | | | | PARTNER WOD |
| 11:30 | | | | | | |
| 13:00 | | | | | | |
| 13:30 | | | | CROSSFIT | | |
| 14:00 | | | | | | |
| 14:30 | CROSSFIT | CROSSFIT | CROSSFIT | OPEN BOX | CROSSFIT | |
| 15:00 | | | | | | |
| 15:30 | | | | | OPEN BOX | |
| 16:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | | |
| 17:00 | CROSS INICIA | CROSS INICI | TOTAL | TOTAL | CROSSFIT | |
| 17:30 | FIT CION | FIT ACION | FITNESS | FITNESS | | |
| 18:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSS INICI | CROSSFIT | |
| 18:30 | | | | FIT ACION | | |
| 19:00 | | TOTAL | CROSSF | INICI | | |
| 19:30 | CROSSFIT | FITNESS | IT | ACION | | |
| 20:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | INICIACIÓN | |
| 20:30 | | | | | | |

SAIOA

| Type of rate | PRICE |
|--------------|-------|
| 1 month | 40€ |
| 9 months | 350€ |



| LUNES | MARTES | MIERCOLES | JUEVES | VIERNES |
|--|-------------------------------------|--------------------------------------|-------------------------------------|---|
| Cross Training 8:00 - 9:00 | Cross Training 8:00 - 9:00 | Cross Training 8:00 - 9:00 | Cross Training 8:00 - 9:00 | Cross Training 8:00 - 9:00 |
| | | | | |
| Yoga - Clasico 11:15 - 13:00 | | Yoga - Clasico 11:15 - 13:00 | | Yoga - Clasico 11:15 - 13:00 |
| | | | | |
| Cross Training 13:30 - 14:30 | | Cross Training 13:30 - 14:30 | | Cross Training 13:30 - 14:30 |
| Cross Training 14:30 - 15:30 | Stretching 14:30 - 15:45 | Cross Training 14:30 - 15:30 | Stretching 14:30 - 15:45 | Cross Training 14:30 - 15:30 |
| | | | | |
| Karate 9 - 13 años 17:00 - 18:00 Brazilian Jiu Jitsu | Karate 4 - 8 años 17:15 - 18:15 | Brazilian Jiu Jitsu 17:30 - 18:30 | Karate 4 - 8 años 17:15 - 18:15 | Yoga - Fit 16:00 - 17:30 Brazilian Jiu Jitsu 17:30 - 18:30 |
| Kick Boxing 18:00 - 19:30 | Karate 9 - 13 años 18:15 - 19:30 | Kick Boxing 18:30 - 19:30 | Karate 9 - 13 años 18:15 - 19:30 | Kick Boxing 18:30 - 20:00 |
| Karate Adultos 19:30 - 20:30 | Karate Adultos 19:30 - 20:30 | Karate Adultos 19:30 - 20:30 | Karate Adultos 19:30 - 20:30 | |

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

BILBO

FITNESS PARK INTERMODAL, BOLUETA AND BARAKALDO

(Offer 2024-2025 academic year)

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

| REGISTRATION | OFFER | MONTHLY FEE |
|--------------|---------------------------------|-------------|
| Free | First 12 weeks: 17€ per 4 weeks | 27€/4 weeks |

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

METROPOLITAN

- Welcome Pack with discounts and special gifts.
- Access to all Metropolitans in the rest of the cities in Spain (5 accesses per month) and unlimited access to Metropolitan Begoña.
- THE OFFER IS VALID until August 31, 2026

RATES EUSKADI BEGOÑA

- Enrollment currently ranges between €39 and €69.
- EUSKADI SEMI-ANNUAL TENDERS: €93 (payment of €558 or two payments of €279 over two consecutive months). (Free admission all day).
- EUSKADI TENDERS: €103 (Free admission all day).

VAT 21% INCLUDED

SERVICES INCLUDED IN FEES

The quotas include Fitness Room, Fitness Program, Directed Activities, Spa, Swimming Pool, Everyday Use Windows, Towel Service, WIFI Space, Welcome Pack (Fitness Initial Custom Plan, 50% dto. In an initial session with one of our Personal Coaches, 50% dto. or 2 x 1 for the first service of our restaurant, a free personalized beauty diagnosis, a 50% one-hour massage or facial hygiene and a UVA ray session).

ADDITIONAL SERVICES NOT INCLUDED IN FEES

Annual Box Office Rental/Garage/Exwindoive Service/One-day
 Invitation/Personalized Training/Pilates Method Training/Swimming
 Courses/Accident Insurance €3.9/Beauty Center Services.

CONDITIONS

- At the end of the collaborative offer period between your company and our BILBA center, when 10 people are discharged from the club, it will automatically be extended for another 12 months.
- In order to formalize the discharge, it is necessary to present the ID and verify that it does not have a bank account and belongs to the company by means of an identification document.
- The first payment is made in cash or by card and the next by bank address. So you have to present an account number.
- This offer cannot be accumulated with other offers in force at the time of registration.
- IMPORTANT: Any discount on tuition and/or tuition will only apply to the first school registration.
- To maintain these special conditions, it is essential to be a member of MONDRAGON UNIBERTSITATEA.
- If the company declines, these special conditions will be lost.
- This offer is not retroactive.

VIVAGYM



Option to use any VivaGym center

How to register?

- Visit this website: <https://www.vivagym.com/es-es/>
- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.

Conditions

*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

*This offer is valid until August 31, 2026.

*In the case of centers in Barcelona, accident insurance must be paid.

*You must show proof of Mondragon University membership.

CROSSFIT DEUSTO

- BOTIKA ZAHARRA rate €62/month; 8 classes to be distributed during the month.
Quarterly €177.

The following rates have a %10 discount:

- EUSKALDUNA BRIDGE rate €64,80/month; 12 classes to be distributed during the month. Quarterly €186,3
- PUENTE DEUSTO rate €73,80/month; 17 classes to be distributed during the month. Quarterly €213,3
- CAROLA CRANE rate €91,80/month; Unlimited distribution during the month. Quarterly €267,30
- Besides,
 - Subscriptions for 5 sessions, 58.50 euros (1 year duration).
 - Subscriptions for 10 sessions, 85.50 euros (1 year duration).

| NUESTRAS TARIFAS | | | |
|---------------------------|------------------------------|--------------------------|------------------------|
| BOTIKA ZAHARRA | PUENTE EUSKALDUNA | PUENTE DEUSTO | GRUA CAROLA |
| 8 sesiones / mes | 12 sesiones / mes | 17 sesiones / mes | Ilimitado |
| Mensual | Mensual | Mensual | Mensual |
| 62€ | 72€ | 82€ | 102€ |
| Trimestral 177€ | Trimestral 207€ | Trimestral 237€ | Trimestral 297€ |
| BONO 5 | | BONO 10 | |
| 5 sesiones | | 10 sesiones | |
| 65€ | | 95€ | |
| 1 año de duración | | 1 año de duración | |

** Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

PIUGAZ CLIMBING WALL

- 10% discounts on the entire offer (climbing courses, access vouchers, daily tickets, Yoga sessions, ...)
- Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university student and your ID card.
- Schedule: Monday to Friday 10:00-22:00 / Weekend 16:00-22:00

BOBO ESPAZIOA

Throughout the academic year, the possibility of trying the first session for free in all courses is planned in the BoBo space.



CLASES REGULARES

2025-2026

| LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
|--|--|---|---|---|
|  | | | | |
| 19h a 21h | | | | |
| GRUPO DANZA IMPRO KOLDO AROSTEGI | DANZA CONTEMP KOLDO AROSTEGI | DANZA CONTEMP OLATZ DE ANDRES | CONTACT IMPROVISACIÓN AIALA ETXEGARAI |  |

DONOSTIA

FITNESS PARK URBIL

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

| REGISTRATION | OFFER | MONTHLY FEE |
|--------------|---------------------------------|-------------|
| Free | First 12 weeks: 17€ per 4 weeks | 27€/4 weeks |

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

HEGALAK

Swimmingpool + fitness:

€36.50 per month (the month is counted from the day it begins).

- Monday to Friday: 7:15 a.m. to 5:00 p.m.
- Saturdays: 8:00 a.m. to 8:00 p.m.
- Sundays: 8:00 a.m. to 2:45 p.m.

** Payment: Payment must be made at the center. You must show your student/university worker certificate (request it from your faculty's sports department) along with your ID card.*

VIVAGYM



Option to use any VivaGym center

How to register?

- Visit this website: <https://www.vivagym.com/es-es/>
- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.

Conditions

*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

*This offer is valid until August 31, 2026.

*In the case of centers in Barcelona, accident insurance must be paid.

*You must show proof of Mondragon University membership.

[LA PERLA](#)

“University students” offer: 63,5€/month

- Daily entrance to the gym.
 - Schedule: Monday to Friday from 7:30 am to 9:30 pm; Saturdays from 8:30 am to 9:30 pm and Sundays from 8:30 am to 8:30 pm.
- Daily entrance to the thalassotherapy except weekends and holidays.
 - Schedule: 8:00-21:30.

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.*

CROSSFIT AMARA

Fares:

- Basic rate. 8 lessons per month: 69€.
- Intermediate rate. 12 lessons per month: 79€.
- Advanced rate. 16 lessons per month: 89€.
- Unlimited rate. Unlimited lessons: 101€.

*Students get a 20% discount on the unlimited rate.

*Free registration for new members.

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|---------------|--------------|---------------|---------------|---------------|-------------|----------|
| 7:00 | CROSSFIT | CROSSFIT | | CROSSFIT | | | |
| 7:30 | | | | | | | |
| 8:00 | INICIACIÓN | CROSSFIT | | CROSSFIT | | | |
| 8:30 | | | | | | | |
| 9:00 | CROSSFIT | INICIACIÓN | INICIACIÓN | INICIACIÓN | CROSSFIT | PARTNER WOD | |
| 9:30 | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | | |
| 10:00 | | | CROSSFIT | | CROSSFIT | PARTNER WOD | OPEN BOX |
| 10:30 | | | (10:15-11:15) | | (10:15-11:15) | | |
| 11:00 | | | | | | PARTNER WOD | OPEN BOX |
| 11:30 | | | | | | | |
| 13:00 | | | | | | | |
| 13:30 | CROSSFIT | | CROSSFIT | | CROSSFIT | | |
| 14:00 | | | | | | | |
| 14:30 | | | | | | | |
| 15:00 | OPEN BOX | | OPEN BOX | | OPEN BOX | | |
| 15:30 | | | | | | | |
| 16:00 | INICIACIÓN | | CROSSFIT | | INICIACIÓN | | |
| 16:30 | | CROSSFIT | | INICIACIÓN | | | |
| 17:00 | CROSSFIT | | CROSSFIT | | CROSSFIT | | |
| 17:30 | | CROSSFIT | | TOTAL FITNESS | | | |
| 18:00 | CROSSFIT | | INICIACIÓN | | CROSSFIT | | |
| 18:30 | | INICIACIÓN | | CROSSFIT | | | |
| 19:00 | TOTAL FITNESS | | CROSSFIT | | CROSSFIT | | |
| 19:30 | | CROSSFIT | | CROSSFIT | | | |
| 20:00 | CROSSFIT | | CROSSFIT | | | | |
| 20:30 | | CROSSFIT | | CROSSFIT | | | |
| 21:00 | | | | | | | |

*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.

IRUN

BROOKLYNG FITBOXING IRUN

Free trial session, with boxing gloves and bandages as a gift. If a MU group is formed, there will be flexibility in the schedule.

OÑATI

INDAR GIMNASIOA

Weight training/fitness

- Standard rate → 8:30 a.m.–9:00 p.m. → €40/month
- Student rate → 8:30 a.m.–4:30 p.m. → €30/month

EIBAR

CROSSFIT EIBAR

Fares:

- Basic rate. 8 lessons per month: 61€.
- Intermediate rate. 12 lessons per month: 71€.
- Advanced rate: 16 lessons per month: 79€.
- Unlimited rate: Unlimited lessons: 93€.

* Students get a 20% discount on the unlimited rate.

IRAILA/ SEPTIEMBRE 2022

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO |
|-------|---------------|---------------|---------------|---------------|---------------|-------------|
| 8:00 | CROSSFIT | CROSSFIT | | CROSSFIT | | |
| 8:30 | | | | | | |
| 9:00 | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | CROSSFIT | |
| 9:30 | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | (9:15-10:15) | |
| 10:00 | INICIACIÓN | | CROSSFIT | | CROSSFIT | PARTNER WOD |
| 10:30 | (10:15-11:15) | | (10:15-11:15) | | (10:15-11:15) | PARTNER WOD |
| 11:00 | | | | | | |
| 11:30 | | | | | | |
| 13:00 | | | | | | |
| 13:30 | | | | | | |
| 14:00 | | | | | | |
| 14:30 | CROSSFIT | | CROSSFIT | | CROSSFIT | |
| 15:00 | | | | | | |
| 15:30 | OPEN BOX | | OPEN BOX | | OPEN BOX | |
| 16:00 | | CROSSFIT | | CROSSFIT | | |
| 16:30 | CROSSFIT | | CROSSFIT | | CROSSFIT | |
| 17:00 | | INICIACIÓN | | TOTAL FITNESS | | |
| 17:30 | TOTAL FITNESS | | CROSSFIT | | INICIACIÓN | |
| 18:00 | | CROSSFIT | | CROSSFIT | | |
| 18:30 | CROSSFIT | | CROSSFIT | | CROSSFIT | |
| 19:00 | | TOTAL FITNESS | | INICIACIÓN | | |
| 19:30 | CROSSFIT | | INICIACIÓN | | | |
| 20:00 | | CROSSFIT | | CROSSFIT | | |
| 20:30 | | | | | | |

*Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card.

GASTEIZ

VIVAGYM



Option to use any VivaGym center

How to register?

- Visit this website: <https://www.vivagym.com/es-es/>
- To register, choose the GROS club and you can take advantage of our discount (€3/month).
- Choose the PRIME membership.
- Enter our code in the payment gateway (request it in the sports service).
- You can manage everything through the VIVAGYM app.

Conditions

*Free registration and a €3/month discount on the Prime membership (maximum 12 months).

*This offer is valid until August 31, 2026.

*In the case of centers in Barcelona, accident insurance must be paid.

*You must show proof of Mondragon University membership.

FITNESS PARK BOULEVARD

- Open 365 days.
- Free access to all fitness park centers IN Spain and France.
- This offer is only valid for contracts with a duration of 1 year.

| REGISTRATION | OFFER | MONTHLY FEE |
|--------------|---------------------------------|-------------|
| Free | First 12 weeks: 17€ per 4 weeks | 27€/4 weeks |

**Payment at the reception of the gym by presenting the certificate of the sports service where you are accredited as a university and your ID card with the students card.*

ARETXABALETAK

[HAZIA](#) YOGA CENTER

Option to join the groups offered at their center:

- Ask the schedule in kirolak.huhezi@mondragon.edu
- Sessions will start in October.
- Payments will be made at the center (a discount of 20% will be applied to all students and workers of the university).

| ORDUTEGIA | | | | |
|---------------------------------------|---|---|---|-------------------------------------|
| ASTELEHENA | ASTEARTEA | ASTEAZKENA | OSTEGUNA | OSTIRALA |
| | 8.00-9.30 HATHA YOGA (ARITZ) | | | 9.00-10.30 MEDITAZIOA (ASUN) |
| | 10.00-11.30 HATHA YOGA (ARITZ) | | | 11.00-12.30 MEDITAZIOA (ASUN) |
| 14.30-15.30 YOGA FLOW (ANNE) | | | | 15.00-16.30 MEDITAZIOA (ASUN) |
| 17.00-18.30 FLOW YOGA (ANNE) | 17.00-18.30 HATHA YOGA (ARITZ) | 17.00-18.30 POWER YOGA (ARITZ) | 17.00-18.30 HATHA YOGA (ARITZ) | 18.00-19.30 MEDITAZIOA (ASUN) |
| 19.00-20.30 FLOW YOGA (ANNE) | 19.00-20.30 HATHA YOGA (ARITZ) | 19.00-20.00 RESPIRACION CONSCIENTE (ARITZ) | 19.00-20.30 HATHA YOGA (ARITZ) | |