

Career Questions

Finding Authentic Work

While you may be experiencing the outward signs of success, do you still feel something is missing? If you're looking for deep fulfillment and an overall sense of contentment, you must have the courage to live in accordance with your life's purpose.

Answer the following questions to begin exploring a career that matches your unique talents and gifts. Since most of us no longer fit neatly into job descriptions, many of us are left with a feeling of dissatisfaction at the completion of our work.

My hope is that these questions will help you gain insight into what direction your career should take next and leave you exploring ways to move closer to authentic work for yourself.

Please answer as many questions as you can, then send the answers to me so we can schedule an introductory meeting to discuss the possibility of working together.

1. What challenges and motivates me?
2. What inspires me?
3. What does the 'perfect' work week look like to me?
4. Think of a time when life was very inspiring for you. What caused you to *feel* fulfilled at that time?
5. It's the end of your life; look back over the years, what must you have accomplished to *feel* a sense of completion?
6. What is your Life's Purpose? Are you mostly "on" Purpose or "off" Purpose?
7. What areas of your life are out of balance right now?
8. What effect is this having on the rest of your life?
9. If you thought about working at something that you love, what changes would you make immediately?
10. What long-term changes would you like to plan?
11. What talents do I have, either developed or underdeveloped?
12. When I daydream about work, what do I see myself doing?
13. When I look at my work life, which activities do I consider of greatest worth?
14. Are there career-related activities I feel I really should engage in, even though I might have dismissed such thoughts many times before for various reasons? What are they?
15. Where in my life am I selling out on myself?

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