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START WITH PRAYER
Take a few minutes to begin in prayer to God. Invite the Holy Spirit to come and lead this time of reflection…

PRAYING THROUGH SCRIPTURE
Read each verse below slowly a few times. Go slow. Breathe. And invite God to speak to you. After a few moments, write down a prayer or reflection for each verse.

"The Lord is my Shepherd, I shall not want"

PRAYER/REFLECTION:

"He makes me lie down in green pastures. He leads me beside quiet waters."

PRAYER/REFLECTION:

"*He restores my soul. He guides me in the paths of righteousness of his name's sake."*

PRAYER/REFLECTION:

“*Even though I walk through the valley of the shadow of death, I fear no evil, for you are with me, your rod and your staff, they comfort me.”*

PRAYER/REFLECTION:

“*You prepare a table before me in the presence of my enemies; You have anointed my head with oil; My cup overflows.”*

PRAYER/REFLECTION:

“Surely goodness and lovingkindness will follow me all the days of my life, And I will dwell in the house of the Lord forever.”

PRAYER/REFLECTION:

PRAYER. Close with one final prayer. Thank God for his guidance, care, protection, and provision as your Shepherd.