

### Round 1: CRC

1. How many miles are one mile club aiming to run for charity?
2. How many runners finished the entire distance of the anniversary waltz last November?
3. Which anniversary was it?
4. What is Jane Tunnicliffe's post race hydration of choice?
5. What was the average time to complete the magic mile?
  - a. 7:24
  - b. 7:34
  - c. 7:44
6. What is the name of the hill at the end of Slaughterford 9?
7. Can you name one of the two roads where CRC traditionally do their lampposts sessions?
8. Who won the 2019 unsung hero award at the AGM?

### Round 2: Running Trivia

1. In which year did Roger Bannister run the first 4 minute mile?
2. How many meters are there in a mile?
3. What notable feature is present in a steeplechase?
4. Who became the first female outright winner of the spine race in 2019?
5. An uphill race featuring over a kilometre of elevation gain in a 5k distance is known as a vertical what?
6. Which runner held the women's marathon world record with a time of 2:15:25 set in 2003?
7. Can you name the athlete and clothing entrepreneur who ran every day for 52 years and 39 days?
8. London is one of 6 Marathons known globally as the marathon majors. Can you name one other?

### Round 3: General Knowledge

1. Which element is represented by the chemical symbol pb
2. A compass bearing is traditionally given in which unit of measure?
3. Can you name the founder of the globally recognised Vacuum Cleaner manufacturer based in Malmesbury?
4. Featuring a jump to the left - can you name the song from the Rocky Horror Show?
5. How big in square Km is the county of Wiltshire?
  - a. 2,485
  - b. 3,485
  - c. 4,485
6. Can you name a species of Deer that lives in the UK?
7. Which colourful flower typically appears in woodland during spring?
8. In her 1985 hit single - what was Kate Bush doing to that hill?