

NEW Physical Education Legislation: Summaries & Considerations

Summary of Assembly Bill [2073](#):

Assembly Bill 2073 provides flexibility in how physical education instructional minutes are scheduled for schools with alternate term schedules (4X4, Trimester, etc). New requirements for sites on alternate term schedules include:

- Grade Six:
 - Students receive at least 400 minutes of physical education instruction every 10 school days for a semester.
 - Semesters can not be fewer than 18 weeks.
 - Students receive at least 3,600 physical education instructional minutes every school year.
- Grades 7-12:
 - Students receive at least 800 minutes of physical education instruction every 10 school days for a semester.
 - Semesters can not be fewer than 18 weeks.
 - Students receive at least 7,200 physical education instructional minutes every school year.
- Sites must apply for a waiver from the CDE Testing and Accountability Office if any students will complete Physical Fitness Testing (PFT) outside the state required testing window for PFT (February - May).

Considerations for Physical Education in California:

- Sites on alternative schedules should review their instructional minutes for compliance.
 - Schools and districts are encouraged to have conversations with school counselors and administrators, as this could impact staffing and master schedules.
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Summary of Assembly Bill [1653](#):

Assembly Bill 1653 requires schools that offer interscholastic athletic programs to develop and implement written emergency action plans that include procedures for addressing heat illness, alongside existing protocols for sudden cardiac arrest and other medical emergencies.

Considerations for Physical Education in California:

While physical education is not specifically mentioned in this legislation, physical education departments should be aware of and follow site emergency action plans and procedures per district guidance which may include:

- Detailed list(s) and location(s) of all medical supplies, including AEDs.
 - Procedures for medical emergencies for cardiac arrest, concussions and heat related illnesses.
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Summary of Assembly Bill [2377](#):

Assembly Bill 2377 mandates that students in grades 1-12 be granted accommodations in physical education classes during periods of religious fasting.

- Parents and/or guardians must submit a request for accommodation in writing to the school principal.
- Accommodations allow pupils to complete alternate activities and/or assignments while still receiving credit for required physical education instructional minutes.

Considerations for Physical Education in California:

- Schools should implement clear procedures for parents and/or guardians to request accommodations due to religious fasting.
- Physical education teachers/departments should provide alternative activities that maintain engagement with physical education content that is similar to the lesson's intended outcomes, which may include:
 - Providing opportunities for less strenuous physical activity.
 - Ensuring students have access to shade and frequent breaks to avoid dehydration and heat related illness.
 - Providing students the opportunity to engage in activities in different roles (coach, referee, scorekeeper, peer assessor, videographer, etc).