6-DIVE CHECKLIST STATE QUALIFICATION

1 VOLUNTARY DIVE

- 1st dive of diver's choice from must be from voluntary dive list (see below for appropriate date)
- NO MINIMUM DD for this dive
- Voluntary dive # must be circled

5 OPTIONAL DIVES

- 5 different dives with all 5 groups represented (Forward, Back, Reverse, Inward, & Twisting)

GENERAL

- TOTAL DD for all 6 dives must be **11.5 or greater for girls**
- TOTAL DD for all 6 dives must be **12.0 or greater for boys**
- All of the above dives must be totally different dives. That is, the dive numbers (101, 403) must all be different.
- The scoresheet must be signed by the diver and the GHSA Coach PRIOR to submission for the competition

State Cut: 190 points - updated 2020

TO SCORE IN A REGULAR MEET

- Voluntary dive rule for the 1st dive still applies.
- only 4 groups must be represented in dives 2-6.
- Keep in mind that does not make it a valid qualification sheet for States...just makes you eligible to compete in the dual meet and score points for your team.