

POIS Lab Publications & Presentations

(Updated August 2025)

* = student co-author

Bolded = lab members

Journal Articles

1. **Ong, C. W.**, *Sheehan, K., Ciarrochi, J., & Lee, E. B. (in press). Clinician perspectives on process-based therapy. *Practice Innovations*. [[Preregistration](#) / [Data & Code](#) / [Postprint](#)]
2. **Ong, C. W.**, *Sheehan, K., *Mann, A. J. D., & *Fox, E. (2025). Examining the effects of process-based therapy: A multiple baseline study. *Journal of Contextual Behavioral Science*, 100875. <https://doi.org/10.1016/j.jcbs.2025.100875> [[Preregistration](#) / [Data](#) / [Code](#) / [Preprint](#) / [Postprint](#)]
3. **Ong, C. W.**, *Skolnik, A. M., & Lee, E. B. (2025). Examining content overlap among nine psychological (in)flexibility scales: Do they measure the same construct? *Journal of Contextual Behavioral Science*, 35, 100872. <https://doi.org/10.1016/j.jcbs.2025.100872> [[Data](#) / [Code](#) / [Preprint](#) / [Postprint](#)]
4. **Ong, C. W.**, *Skolnik, A. M., *Johnson, H. M., Krafft, J., *Loew, S., *Kurtz, A. J., & Lee, E. B. (2024). Sociodemographic representation in randomized controlled trials for anxiety-related disorders in the U.S.: A systematic review (1993–2023). *Clinical Psychology Review*, 102446. <https://doi.org/10.1016/j.cpr.2024.102446> [[Preregistration](#) / [Data](#) / [Code](#) / [Preprint](#)]
5. **Ong, C. W.**, *Sheehan, K. G., Xu, J., Falkenstein, M. J., & Kuckertz, J. M. (2024). A network analysis of mechanisms of change during exposures over the course of intensive OCD treatment. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2024.03.089> [[Code](#) / [Preprint](#) / [Article](#)]
6. **Ong, C. W.**, *Sheehan, K. G., & Haaga, D. A. F. (2023). Measuring ACT in context: Challenges and future directions. *Journal of Contextual Behavioral Science*, 28, 235–247. <https://doi.org/10.1016/j.jcbs.2023.04.005> [[Preprint](#) / [Postprint](#)]

Manuscripts Under Review

1. **Ong, C. W.**, *Cusack, C. E., & Levinson, C. A. (2025). *Examining the relationship between network-based subgroups and treatment outcomes among individuals with eating disorders*. Manuscript submitted for publication. [[Preregistration](#) / [Code](#) / [Preprint](#)]
2. **Ong, C. W.**, *Sheehan, K., & Fox, E. (under review). A process-based approach to acceptance and commitment therapy. In M. Levin, & M. Twohig (Eds.), *Optimizing acceptance and commitment therapy*. Springer.

Student Conference Presentations

1. ***Sheehan, K.**, Falkenstein, M. J., Kuckertz, J. M., & **Ong, C. W.** (2025, July). *Who is most likely to ritualize during exposure tasks?* Research blitz talk presented at the 2025 IOCDF Research Symposium on OCD & Related Disorders, Chicago, IL and online.
2. ***Sheehan, K.**, Falkenstein, M. J., Kuckertz, J. M., & **Ong, C. W.** (2025, July). Treatment outcomes and ritualizing during exposure tasks. In L. Milgram (Chair), *The many roads to relief: Habituation, expectancy violation, and other mechanisms of ERP for OCDs*. Symposium presented at the 30th annual conference of the International OCD Foundation, Chicago, IL.
3. ***Avendano, J. S.**, ***Sheehan, K. G.**, & **Ong, C. W.** (2024, November). *Examining person-level networks of emotion regulation difficulties*. Poster presented at the 58th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
4. ***Sheehan, K.**, **Ong, C. W.**, Xu, J., Falkenstein, M. J., Kuckertz, J. M. (2024, November). *Network analysis of individuals receiving exposure and response prevention*. Poster presented at the 58th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
5. ***Skolnik, A. M.**, Fan, K., **Ong, C. W.**, Björghvinsson, T., & Beard, C. (2024, September). *An examination of trauma symptom networks in treatment responders versus non-responders*. Poster presented at the 40th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
6. ***Sheehan, K.**, ***Mann, A. J. D.**, & **Ong, C. W.** (2024, July). Using network-based case conceptualization in process-based therapy for perfectionism: A case study. In M. Woolley (Chair), *Mapping OCD: Leveraging network analysis to inform treatment precision and personalization for OCDs*. Symposium conducted at the 29th annual meeting of the International Obsessive Compulsive Disorder Foundation, Orlando, FL.
7. ***Sheehan, K.**, **Ong, C. W.**, Xu, J., Falkenstein, M. J., & Kuckertz, J. M. (2024, July). Network analysis of individuals at the start and end of exposure treatment. In M. Woolley (Chair), *Mapping OCD: Leveraging network analysis to inform treatment precision and personalization for OCDs*. Symposium conducted at the 29th annual meeting of the International Obsessive-Compulsive Disorder Foundation, Orlando, FL.
8. ***Sheehan, K.**, Milgram, L., Frank, H., Krafft, J., & Peterson, J. (2024, July). *Accessing treatment for obsessive-compulsive & related disorders: Barriers and solutions*. Panel conducted at the 29th annual meeting of the International Obsessive-Compulsive Foundation, Orlando, FL.
9. ***Skolnik, A.**, ***Johnson, H.**, Krafft, J., ***Loew, S.**, ***Kurtz, A.**, Lee, E. B., & **Ong, C. W.** (2024, April). *Sociodemographic representation in randomized controlled trials for anxiety-related disorders*. Poster presented at the annual conference of the Anxiety & Depression Association of America, Boston, MA.
10. ***Sheehan, K.**, Kuckertz, J. M., Falkenstein, M. J., & **Ong, C. W.** (2023, November). *Who is most impacted by ritualizing during exposure and response prevention?* Poster presented at the 57th annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
11. ***Skolnik, A.**, Fan, K., **Ong, C. W.**, Björghvinsson, T., & Beard, C. (2023, November). *An examination of trauma symptom networks in treatment responders versus non-responders*. Poster presented at the 57th annual convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

12. ***Sheehan, K.**, Kuckertz, J. M., Falkenstein, M. J., & **Ong, C. W.** (2023, July). *Who is most impacted by ritualizing during exposure and response prevention?* Poster presented at the 28th annual conference of the International OCD Foundation, San Francisco, CA.