

Resources on Sexuality + Fighting Sin

Iron City College Ministry

We were all created to use our sexuality one way, and we are all tempted to misuse our sexuality in various ways. But we are not our temptations.

WEBSITES + COURSES

[Fight the New Drug \(Pornography\)](#)

[7 Day Lust Free Living Email Course from Phylcia Masonheimer](#)

BOOKS

[Single, Dating, Engaged, Married - Ben Stuart](#)

[The Deeply Formed Life - Rich Villodas](#) (Specifically, Chapters 7 & 8)

[Swipe Right - Levi Lusko](#)

[The Sacred Search: What If It's Not about Who You Marry. But Why? - Gary Thomas](#)

[It's Not Just You: Freeing Women to Talk about Sexual Sin and Fight It Well - Ashley Chesnut](#)

[Gay Girl, Good God - Jackie Hill Perry](#)

[Sexual Sanity for Women: Healing from Sexual and Relational Brokenness - Ellen Dykas](#)

[The Death of Porn: Men of Integrity Building a World of Nobility - Ray Ortland](#)

PODCASTS

Thirty Minutes with the Perrys

- [Pornography and Marriage: Part One](#)
- [Pornography and Marriage: Part Two](#)
- [Dealing with Your Partners Sexual Past](#)
- [Sexuality & Self-Denial](#)
- [The Idolatry of Marriage](#)
- [Gender Identity, Biblical Womanhood, and Girly Girls](#)

The Place We Find Ourselves

- [When Your Story of Sexual Abuse Is Not Believed](#)
- [How to Overcome the Shame of Sexual Abuse](#)
- [Struggling with Sexuality: How Understanding Your Story Can \(Surprisingly\) Help](#)
- [Struggling with Sexuality: Part Two](#)

ARTICLES

[“Is Celibacy Cruel?” - Sam Allberry](#)

[“What Jesus Says About Sexuality in a #MeToo Age” - Sam Allberry](#)

[“15 Ways to Fight Lust with the Sword of the Spirit” - Kevin DeYoung](#)

[“Lust and the Christian Woman” - Phylicia Masonheimer](#)

[“God, What Do I Do with These Desires?” - Phylicia Masonheimer](#)

[“Just Get Married”: The Worst Advice for the Sexually Struggling - Phylicia Masonheimer](#)

[“How Far is Too Far?” is the Wrong Question - Phylicia Masonheimer](#)

[“What Causes Gender Dysphoria?” - Rob Smith](#)