MAKING A DIFFERENCE: Keep the joy, shed the guilt!

Steps to Having a Sustainable Holiday

We are heading into the holiday season at a rapid pace—you've probably been seeing Christmas decorations in stores since before Halloween! But amid the twinkling lights, special treats and big meals, and all the cozy traditions we love, it is worth taking a bit of time to think how we might show our love for the earth by choosing more sustainable options and actions.

As the blog at Green Citizen suggests: You don't have to cancel Christmas (or any celebration) to be kinder to the planet. With a few simple tweaks to how you shop, gift, decorate, and handle food, you can enjoy a joyful, low-waste holiday season. A sustainable holiday is a celebration that keeps all the fun and traditions but reduces waste, pollution, and over-consumption.

Check out the resources below for some great ideas to keep the joy and shed the guilt. For more ideas, just type "sustainable holiday tips" into the search bar on your browser. And enjoy the holidays knowing you are being kind to the Earth as well as your family and friends!

The Ultimate Guide to Sustainable Holidays offers 15 specific tips and explains why the changes matter.

Sustainable Holidays Made Simple