

Table Talk Topics

1. Are you more like your mom or your dad? In what way?
2. Do you think crying is a sign of weakness or strength?
3. How do you define success?
4. How have you changed in the last five years?
5. How would you describe your future in three words?
6. If a doctor gave you five years to live, what would you try to accomplish?
7. What was the most formal event you ever attended? How was it?
8. If you could live one day of your life over again, what day would you choose? Why?
9. If you had the chance to go back in time and change one thing would you do it?
10. What is your favorite or least favorite smell?
11. Is it better to have loved and lost or to have never loved at all?
12. Is it more important to love or be loved?
13. To what degree have you actually controlled the course your life has taken?
14. What are you most looking forward to?
15. What are your top three personal values?
16. What makes you weird?
17. What can you do today that you were not capable of a year ago?
18. What do you do to deliberately impress others?
19. What do you imagine yourself doing ten years from now?
20. What do you think about when you lie awake in bed?
21. What do you want less of in your life?
22. What do you want more of in your life?
23. What is the greatest peer pressure you've ever felt?
24. What is the most defining moment of your life thus far?
25. What is the most valuable life lesson you learned from your parents?
26. What is the nicest thing someone has ever done for you?
27. What is the one thing you would most like to change about the world?
28. What is your biggest phobia?
29. What makes you angry? Why?
30. Whom do you secretly envy? Why?

31. If you were forced to eliminate every physical possession from your life with the exception of what could fit into a single backpack, what would you put in it?
32. What is your favorite fictional story? (novel, movie, fairytale, etc.)
33. If we learn from our mistakes, why are we always so afraid to make a mistake?
34. What is your favorite or least favorite sound?
35. What is your favorite place on Earth?
36. What is your favorite time of the year? Why?
37. What is your greatest skill or ability?
38. What is your most beloved childhood memory?
39. What is your number one goal for the next six months?
40. What is your most prized possession?
41. Can you describe your life in a six word sentence?
42. What life lesson did you learn the hard way?
43. What makes a person beautiful?
44. If the average human lifespan was 40 years, how would you live your life differently?
45. What makes you smile?
46. What three words would you use to describe the last three months of your life?
47. What worries you about the future?
48. What's a belief that you hold with which many people disagree?
49. What's something most people don't know about you?
50. What's something you know you do differently than most people?
51. What's the one thing you'd like others to remember about you at the end of your life?
52. What's your definition of heaven?
53. When do you feel most like yourself?
54. When have you worked hard and loved every minute of it?
55. When was the last time you lied? What did you lie about?
56. When was the last time you lost your temper? About what?
57. When was the last time you tried something new? How did it go?
58. When you think of 'home,' what, specifically, do you think of?
59. If you could ask one person, alive or dead, only one question who would you ask and what would you ask?