

WPL 96hr Intermediate – Lesson 8: Health

Ref	Section Title / Text	Visual	Narration	Other Notes
<p><b>Pre-class</b></p>	<p><b>What's new?</b> Activity 1 (Speaking, Listening, Reading) A1</p>	<p>Health</p> <p>Watch a video clip 'Laughter is the best medicine' <a href="https://www.englishcentral.com/video/11831">https://www.englishcentral.com/video/11831</a> (source: English Central)</p> <p>Part 1 Consider these questions:</p> <ol style="list-style-type: none"> <li>1. How many times does the average adult laugh in a day?</li> <li>2. Besides making us feel good, what else can laughter do?</li> <li>3. Do you agree that "Laughter is the best medicine"? Why?</li> </ol> <p>Part 2</p> <ol style="list-style-type: none"> <li>1. Learn the vocabulary</li> <li>2. Practice reading and speaking activities</li> </ol>	<p>Welcome back to Pre-class Lesson 8.</p> <p>In this lesson, we will be talking about being a smart consumer.</p>	<p>A. Show thumbnail or link this video <a href="https://www.englishcentral.com/video/11831">https://www.englishcentral.com/video/11831</a> for learners to click on under the instruction.</p> <p>Answers to Part 1:</p> <ol style="list-style-type: none"> <li>1. 17 times</li> <li>2. improve health and fight diseases</li> </ol>
	<p>Activity 2 (Listening, Speaking) A2</p>	<p>Listen to the passage. Do you find it funny? Why?</p> 	<p>A patient was seen fleeing down the hall of the hospital just before his operation. "What's the matter?" he was asked by a nurse. He said, "I heard the nurse in the operation theatre said, 'It's a very simple operation, don't worry, I'm sure it will be all right.' The nurse asked, "She was just trying to comfort you. What's so frightening about that?" The patient replied, "She was talking to the doctor!"</p>	<p>Create a voice over that reads the story.</p> <p>Insert illustration</p>

In-Class	<b>What you will learn in Lesson 8</b>	<p><b>Health</b></p> <p>By the end of this lesson, you will be able to:</p> <ol style="list-style-type: none"> <li>1. respond to the opening questions by the doctor</li> <li>2. describe basic health symptoms to the doctor</li> <li>3. call in to report sick</li> <li>4. use pronouns in health-related issues</li> </ol> <p><u>Grammar Focus</u> :</p> <ol style="list-style-type: none"> <li>1. Pronouns</li> <li>2. Collocations</li> </ol>	<p>Welcome back to In-class lesson 8.</p> <p>If you recall, my name is _____, and I'm excited to be helping you to learn English.</p>	
Let's Start B1	<p>Watch a video clip 'Tips on protecting yourself from COVID-19' <a href="https://youtu.be/ICrFWD1FRJ4">https://youtu.be/ICrFWD1FRJ4</a> (source: Gov.sg)</p> <p>Can you list out the tips mentioned in the video?</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>			<p>A. Show thumbnail or link this video <a href="https://youtu.be/ICrFWD1FRJ4">https://youtu.be/ICrFWD1FRJ4</a> for learners to click on under the instruction.</p> <p>Create line for learners to type in answers.</p> <p>Answers:</p> <ul style="list-style-type: none"> <li>● wash hands with soap and water</li> <li>● put on a mask</li> <li>● use hand sanitisers</li> <li>● refrain from using wipes</li> <li>● split the staff into two groups</li> <li>● work remotely</li> <li>● have minimal contact with clients</li> </ul>
Let's Learn 1 Grammar B2	<p><u>Responding to the opening question by a doctor</u></p> <p>Let's listen to questions by a doctor</p> <p>Where does it hurt? Where is the pain? Are you having a fever?</p>		<p>Where does it hurt? Where is the pain? Are you having a fever? Does your body feel hot? Do you feel hot? Do you have any difficulty swallowing food or water? Is it worse after you have eaten?</p>	<p>Create an audio recording of the questions.</p>

	<p>Does your body feel hot? Do you feel hot? Do you have any difficulty swallowing food or water? Is it worse after you have eaten?</p> <p>In an earlier lesson, you learnt about “collocations”, that is word-pairings. Similarly, there are word-pairings for health symptoms.</p> <p><u>Examples:</u></p> <p>I went to the doctor because I have <u>sore eyes</u>. (✓) I went to the doctor because I have <u>eyes pain</u>. (✗)</p> <p>Mr. Lee has a sprained ankle. (✓) Mr. Lee has a sprained head. (✗) Mr. Lee has a <i>headache</i>. (✓)</p> <p><u>Common patterns of collocations include:</u></p> <p>Verb + noun = kick a ball Adjective + noun = sore eyes</p> <p>As for ‘ache’ in the word, “headache”, it is a suffix which we add the end of a word. The addition of a suffix changes the meaning of the word. (We will be covering ‘suffixes’ at length in a later lesson.)</p>		
<p><b>Practice 1</b> <b>(Reading)</b> B3</p>	<p>Identify paired words by matching the parts of the body with ‘sore’, ‘sprained’ or ‘ache’.</p> <p>Parts of the body: ankle stomach eyes back head feet wrist tooth gums knee</p>		<p>Create a drag and drop activity to pair parts of the body with ‘sore’, ‘sprained’ or ‘ache’.</p> <p>Answers: Sore eyes, sore gums, sore feet Sprained ankle, sprained wrist, sprained knee Stomachache, backache, headache, toothache</p>

		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #cccccc;"> <th style="width: 33%;">Sore</th> <th style="width: 33%;">Sprained</th> <th style="width: 33%;">-ache</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;"> <u>Example:</u>   <i>Throat</i> </td> <td></td> <td></td> </tr> </tbody> </table>	Sore	Sprained	-ache	<u>Example:</u>  <i>Throat</i>				
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	<p><b>Practice 2 (Reading)</b> B4</p>	<p>Link the relevant three parts A+B+C to form a complete sentence.</p> <p style="text-align: center;">Part A                      Part B                      Part C</p> <ol style="list-style-type: none"> <li>1. Mix     +     one teaspoonful     +     of syrup with warm water</li> <li>2. Rub</li> <li>3. Swallow</li> <li>4. Take</li> <li>5. Measure</li> <li>6. Use</li> <li>7. Mix</li> </ol>		<p>Create a two-column drag and drop to form a complete sentence.</p> <p>Answers:</p> <ol style="list-style-type: none"> <li>2. Rub the ointment on the sore part of the hand.</li> <li>3. Swallow these tablets with some water.</li> <li>4. Take these pills three times a day.</li> <li>5. Measure two teaspoonful of cough mixture</li> <li>6. Use the eye drops before you go to bed at night.</li> <li>7. Mix this powder with half a cup of water.</li> <li>8. Gargle the salt solution at least three times a day</li> </ol>						



	<p>2. (a) (b) (c)</p> <p>3. (a) (b) (c)</p> <p>4. (a) (b) (c)</p> <p>5. (a) (b) (c)</p>	c. maybe	
<p><b>Let's Learn 2</b> B6</p>	<p><u>Describing your health symptoms to the doctor</u></p> <p>Let us listen and look at a dialogue between a doctor and a patient.</p> <p>Doctor: Good Morning, Mr Lee. How can I help you today? Patient: I don't feel well. I think I'm sick. Doctor: Now, tell me your symptoms. Patient: I have a sore throat. I'm also aching all over, but I don't have a fever. Doctor: Let me see your throat. All right, say "Ah". Patient: What's wrong with me, doctor? Doctor: You are probably coming down with flu. I will give you some flu tablets and a day off from work. Go back and rest. Remember to drink lots of water. Patient: Thank you, doctor.</p>	<p>Doctor: Good Morning, Mr Lee. How can I help you today? Patient: I don't feel well. I think I'm sick. Doctor: Now, tell me your symptoms. Patient: I have a sore throat. I'm also aching all over, but I don't have a fever. Doctor: Let me see your throat. All right, say "Ah". Patient: What's wrong with me, doctor? Doctor: You are probably coming down with flu. I will give you some flu tablets and a day off from work. Go back and rest. Remember to drink lots of water. Patient: Thank you, doctor.</p>	<p>Create an audio recording of the dialogue.</p>
<p><b>Practice 4 (Role play)</b> B7</p>	<p>A. Practise the dialogue in Let's Learn 2 with a partner. Switch roles.</p> <p>B. Using the same format of the dialogue between the doctor and the patient, create new conversations by using the following vocabulary :</p> <p>headache sprained ankle fever sore eyes cough cold</p>		

<p><b>Let's Learn</b> <b>3</b> B8</p>	<p><u>Calling in to report sick</u></p> <p>Let's listen and look at the dialogue between William and Kok Seng</p> <p>William: Good Morning, is this Kok Seng? Kok Seng: This is Kok Seng speaking. William: Kok Seng, this is William. I need to call in sick today. Kok Seng: What seems to be the problem? William: My left leg is swollen. Kok Seng: How did that happen? William: My brother and I went hiking and we were stung by bees. Kok Seng: When did it happen? William: Yesterday morning, but it got worse last night. Kok Seng: Are the both of you alright? Have you seen a doctor? William: Yes, the doctor gave my brother and me an injection. He also gave me two days off from work. Kok Seng: Take a good rest. I'll see you when you return to work. William: Thank you.</p> 	<p>William: Good Morning, is this Kok Seng? Kok Seng: This is Kok Seng speaking. William: Kok Seng, this is William. I need to call in sick today. Kok Seng: What seems to be the problem? William: My left leg is swollen. Kok Seng: How did that happen? William: My brother and I went hiking and we were stung by bees. Kok Seng: When did it happen? William: Yesterday morning, but it got worse last night. Kok Seng: Are the both of you alright? Have you seen a doctor? William: Yes, the doctor gave my brother and me an injection. He also gave me two days off from work. Kok Seng: Take a good rest. I'll see you when you return to work. William: Thank you.</p>	<p>Create an audio recording of the dialogue.</p> <p>Insert illustration.</p>
<p><b>Practice 5</b> <b>(Role play)</b> B9</p>	<p>Work in pairs. Use the following dialogue format to practise calling in to report sick.</p> <p>Staff: Good Morning, may I speak to _____? Supervisor: _____. Staff: _____ (name of supervisor), this is _____ (your</p>		

name). I won't be able to work today.  
 Supervisor: \_\_\_\_\_.  
 Staff: \_\_\_\_\_ (Say what is your sickness).  
 Supervisor: How did that happen?  
 Staff: \_\_\_\_\_. (Explain briefly)  
 Supervisor: Have you seen a doctor?  
 Staff: \_\_\_\_\_.  
 Supervisor: \_\_\_\_\_.  
 Staff: Thank you.

**Let's Learn 4**  
B10

Pronouns are words that take the place of nouns. We use pronoun in place of a noun so that we do not have to repeat the noun. There are different types of pronouns. In personal pronouns, they can be the subject or the object of the sentence.

Example:

Subjective form

My brother and **me** went hiking and we were stung by bees. ( X )  
 My brother and **I** went hiking and we were stung by bees. ( ✓ )

Objective form

The doctor gave my brother and **I** an injection. ( X )  
 The doctor gave my brother and **me** an injection. ( ✓ )

Subject Pronoun	Object Pronoun	Possessive Adjective	Possessive Pronoun
I	Me	My	Mine
We	Us	Our	Ours
You	You	Your	Yours
She	Her	Her	Hers
He	Him	His	His
It	It	Its	-
They	Them	Their	Theirs

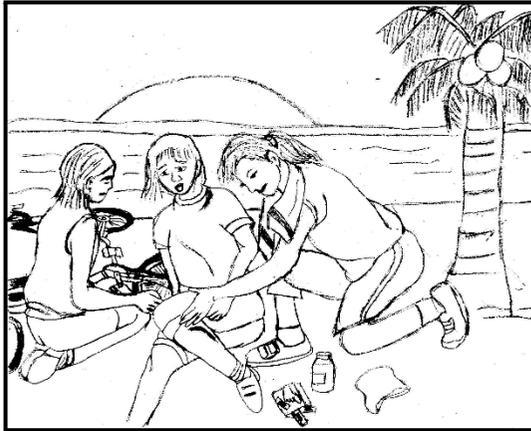
We use possessive pronouns and possessive adjectives to show ownership or relationship. A possessive adjective goes together

Insert table.

	<p>with a noun. A possessive pronoun takes the place of a possessive adjective and its noun.</p> <p>Examples:</p> <p>Debby is Mrs Simpson’s daughter.          Debby is <b>her</b> daughter.          Sally is my daughter and Debby is <b>hers</b>.</p> <p>This is the children’s playroom.          This is <b>their</b> playroom.          This playroom is <b>theirs</b>.</p> <p>We do not use <b>one</b> after a possessive adjective.          Example: When Terry walked into the room, he placed his bag next to <b>mine</b>. (✓)          When Terry walked into the room, he placed his bag next to <b>my one</b>. (X)</p> <p>We must not confuse <b>its</b> with <b>it’s</b></p> <p>a) Its is a possessive adjective          Example: The dog is happily wagging <b>its</b> tail.</p> <p>b) It’s is the contraction for <b>It is</b>.          Example: <b>It’s</b> a wonderful day for a stroll in the park.</p>		
<p><b>Practice 6</b>  <b>(Reading)</b>          B11</p>	<p>Use pronouns and possessive adjectives from the box to complete the paragraph.</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;">             It mine he me we my I my I him              his hers           </div> <p>Terry and ___ are the best of friends. ___ grew up in the same neighbourhood and even went to the same school. ___ has asked ___ to drive ___ to see the doctor tomorrow. I am not sure which car ___ should take. I could take ___ mother’s car, but I am not</p>		<p>Create a drag and drop for the paragraph.</p> <p>Terry and I are the best of friends. <b>We</b> grew up in the same neighbourhood and even went to the same school. <b>He</b> has asked <b>me</b> to drive <b>him</b> to see the doctor tomorrow. I am not sure which car <b>I</b> should take. I could take <b>my</b> mother’s car, but I am not sure if <b>hers</b> is running</p>

	<p>sure if ____ is running properly. I think I will take ____ father's car, because ____ is new and is running well. I definitely cannot take ____, because I sent ____ to the car workshop last Friday.</p>		<p>properly. I think I will take <b>my</b> father's car, because <b>his</b> is new and is running well. I definitely cannot take <b>mine</b>, because I sent <b>it</b> to the car workshop last Sunday.</p>
<p><b>Let's Access Activity 1 (Speaking, Listening, Writing)</b> B12</p>	<p>If you are holding a job, naturally you do not wish to fall sick often because it affects your performance, as well as, upsets your work schedules. Besides, all workers are allocated a fixed number of days as sick leave.</p> <p>In groups of 3 - 4, discuss the many ways in which you can keep yourself healthy so that you can perform your duties effectively at the workplace.</p> <p>Select a representative to present it to the class what your group has discussed.</p>		
<p><b>Activity 2 (Reading)</b> B13</p>	<p>Use the personal pronouns in the box to complete the letter.</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>her us it she him I they me us he</p> </div> <p>Dear Janet, How are you? Mum and Dad miss you and so do David and _____. Dad says _____ finds life too peaceful without you to tease _____. Mum says _____ doesn't feel like singing because you aren't here to accompany _____ on the piano. Maths is tough without you to teach David and _____ easy ways of solving problems. You also help _____ to love maths by making _____ enjoyable. Please write. Grandpa and Grandma say _____ would like to hear from you too. All of _____ want to know about your adventures at the university. Love Sam</p>		<p>Answers: Dear Janet, How are you? Mum and Dad miss you and so do David and <b>I</b>. Dad says <b>he</b> finds life too peaceful without you to tease <b>him</b>. Mum says <b>she</b> doesn't feel like singing because you aren't here to accompany <b>her</b> on the piano. Maths is tough without you to teach David and <b>me</b> easy ways of solving problems. You also help <b>us</b> to love maths by making <b>it</b> enjoyable. Please write. Grandpa and Grandma say <b>they</b> would like to hear from you too. All of <b>us</b> want to know about your adventures at the university. Love Sam</p>

<b>Post-class</b>	<b>Vocabulary</b> C1	<p><b>Look up the English definition in</b> (Longman Dictionary - <a href="http://www.ldoceonline.com/">http://www.ldoceonline.com/</a>)</p> <p>Click on a word to hear the pronunciation.</p> <p>Match the word to its meaning.</p> <ol style="list-style-type: none"> <li>1. symptoms</li> <li>2. ointment</li> <li>3. solution</li> <li>4. gargle</li> <li>5. mumbled</li> <li>6. cure</li> <li>7. injection</li> <li>8. neighbourhood</li> <li>9. peaceful</li> </ol>		<p>Show thumbnail or link for the online dictionary - <a href="http://www.ldoceonline.com/">http://www.ldoceonline.com/</a></p> <p>Create a matching activity (This is to introduce learners to the meaning of the vocabulary for the lesson.)</p> <p>Create a matching activity for them to guess the meaning of the words.</p> <p>Answers:</p> <ol style="list-style-type: none"> <li>1. a change in body function that is experienced by a patient</li> <li>2. a medicine that is applied externally for soothing an irritation</li> <li>3. two or more substances are mixed to form a liquid</li> <li>4. rinsing one's mouth and throat</li> <li>5. speaking in a low voice</li> <li>6. relieve a person of the effect of a disease or condition</li> <li>7. the act of putting a liquid into the body by means of a syringe.</li> <li>8. people living near one another in a surrounding or nearby region</li> <li>9. quiet and free from disturbance</li> </ol>
	<b>Activity (Speaking)</b> C2	<p>Look at the picture and answer the three questions. In the actual test, you will be given 45 seconds to answer each question.</p>		<p>Link the activity with Flipgrid.</p> <p>Insert the illustration.</p>



1. Describe the picture.
2. Tell me about a time when you witnessed an accident.
3. Why is it important to put on protective gear when riding a bicycle?

**Thank you! See you in the next lesson!**