

Room 406 Announcements & Reminder

I can be reached via email at twakeman@slzsd.org. Direct email is the best way to reach me at any time.

April 9, 2025

Reminder Open House tonight 5:30-6:30 p.m.

Please see below. This notice is coming home today with your student about our Puberty Education unit. We will begin the unit after spring break. If you have any questions please feel free to contact me.



San Lorenzo Unified School District

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April 8, 2025

Dear Families of San Lorenzo Unified School District,

This letter is to inform you that your child's class will soon be starting a unit on Family Life Education as part of the health education curriculum. It will be taught by your child's teacher for 5th grade and the 7th-grade science teacher for middle school. By teaching children about the ways they are developing and maturing, adults promote a positive attitude toward sexuality that helps children grow into healthy and responsible adults.

The comprehensive sexuality education unit requires the following topics: puberty, menstruation, reproductive systems, communication skills, making healthy choices, dealing with peer pressure, analyzing media influences for sexual messages, promoting healthy behavior, healthy relationships, and refusal skills. In addition, for 7th grade, the California Youth Act of 2016 requires all school districts to ensure that all pupils in grades 7-12 receive comprehensive sexual health education and HIV prevention and education.

The curriculum and materials used to teach Family Life Education are the following:

5th grade: Puberty: the Wonder Years, by Wendy Sellers

7th grade: Positive Prevention+, 2018 edition

The curriculum offers current and relevant information and provides the latest research and best practices for teaching children about these important topics. These materials were reviewed by teachers and parents and are available for review at the school site. They are also available for review at the district office, Educational Services Department. Please call your child's school if you want to review the materials.

Your child will be encouraged to talk to you about growing up. Interviews with a parent or another trusted adult will be assigned as homework in order to promote open communication.

If you **do not** wish your child to participate in Family Life Education, please write a letter asking that your child be excused from participating in the unit and return it to your child's teacher by Tuesday, April 15, 2025. If you decide that your child should not participate in some or all of the lessons, they will be excused without penalty. Please do not hesitate to contact your teacher, principal, or district office if you have any questions.

Sincerely,

Kai Dwyer
Director, Secondary Education
15510 Usher St., San Lorenzo, CA 94580
kdwyer@slzusd.org
510 317-4711

8 de abril 2025

Estimadas Familias del Distrito Escolar Unificado de San Lorenzo:

Esta carta es para informarles que la clase de su hijo pronto comenzará una unidad sobre Educación para la Vida Familiar como parte del plan de estudios de educación para la salud, y será impartida por el maestro de su hijo en 5to grado y el maestro de ciencias de 7to grado en la escuela intermedia. Al enseñar a los niños sobre las formas en que se están desarrollando y madurando, los adultos promueven una actitud positiva hacia la sexualidad que ayuda a los niños a convertirse en adultos saludables y responsables.

La unidad de educación sexual integral requiere los siguientes temas: pubertad, menstruación, sistemas reproductivos, habilidades de comunicación, tomar decisiones saludables, lidiar con la presión de los compañeros, analizar la influencia de los medios para mensajes sexuales, promover un comportamiento saludable, relaciones saludables y habilidades de rechazo. Además, para el grado 7, la Ley de la Juventud de California de 2016 requiere que todos los distritos escolares se aseguren de que todos los alumnos en los grados 7-12 reciban educación integral sobre la salud sexual y prevención y educación sobre el VIH.

El plan de estudios y los materiales utilizados para enseñar Educación para la Vida Familiar son los siguientes:

5to grado: Pubertad: los Años Maravillosos, por Wendy Sellers

7to grado: Prevención Positiva+, edición de 2018

El currículo ofrece información actual y relevante y brinda las últimas investigaciones y las mejores prácticas para enseñar a los niños acerca de estos importantes temas. Estos materiales fueron revisados por maestros y padres y están disponibles para su revisión en la escuela. También están disponibles para su revisión en la oficina del distrito, Departamento de Servicios Educativos. Por favor llame si desea revisar los materiales.

Se alentará a su hijo a hablar con usted sobre cómo crecer y entablar una conversación con sus padres/tutores. Las entrevistas con un padre u otro adulto de confianza se asignarán como tarea para promover la comunicación abierta.

Si no desea que su hijo participe en Educación para la vida familiar, escriba una carta pidiendo que se excluya a su hijo de participar en la unidad y devuélvala al maestro de su hijo antes del martes 15 de abril de 2025. Si decide que su hijo no debe participar en algunas o todas las lecciones, él o ella será excluido sin penalización. No dude en comunicarse con su maestro, director u oficina del distrito si tiene alguna pregunta.

Atentamente,

Kai Dwyer

Directora de Educación Secundaria

15510 Usher St., San Lorenzo, CA 94580

kdwyer@slzusd.org 510 317-4711



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2025年4月8日

亲爱的圣罗伦卓联合校区的家长,

这封信是为了通知您, 您孩子的班级很快将会开展一个关于家庭生活教育单元的学习, 这将作为健康教育课程的一部分, 这将由您孩子五年级的老师和来自初中的七年级科学老师一起教授。通过教育孩子有关成长和发育的知识, 成年人可以促进他们对性的正面态度, 并且帮助孩子成为为健康和负责任的成年人。

综合的性教育单元要求以下主题: 青春期、月经、生殖系统、沟通技巧, 作出健康的选择、应对同伴压力, 分析媒体对性信息的影响, 促进健康的行为、健康的关系和拒绝技巧。此外, 对于7年级, 《2016年加州青年法案》要求所有学区确保所有7-12年级的学生接受全面的性健康教育和艾滋病预防和教育。

用于教授家庭生活教育的课程和材料如下:

5年级: 青春期: 奇妙的岁月, 由温蒂·塞勒斯 (Wendy Sellers) 撰写

7年级: 积极预防+, 2018 版

该课程提供当前和相关的信息, 并提供最新的研究和最佳实践以教育孩子们了解这些重要的主题。这些材料已经过教师和家长审查, 您可在学校网站上查阅。材料也可以在教育服务部的学区办公室进行审查。如果您想查看该材料, 请致电我们。

我们将鼓励您的孩子与您谈论成长, 并与他们的父母/监护人进行对话。与父母或其他受信任的成年人的面谈作为家庭作业而布置, 以促进大家进行开放式的沟通。

如果您不希望您的孩子参加家庭生活教育, 请您书写一封信, 要求您的孩子免于参加该单元, 并在2025年4月15日星期二之前将其交给您孩子的教师。如果您决定您的孩子不应参加部分或全部课程, 他或她将被免责, 不会受处罚。如果您有任何疑问, 请随时联系您孩子的教师、校长或学区办公室。

真挚地,

凯·德怀尔

总监, 中学部教育

15510 Usher St., San Lorenzo, CA 94580

kdwyer@slzusd.org

510 317-4711

April 5, 2025

Our CSUEB Field trip is this MONDAY!!! Student MUST be on time as we will leave promptly at 8:45! Also, students need to carry their own lunch whether they bring it from home or getting their lunch from the school cafeteria. So, a small bag to carry their lunch hands free.

Details are below and please consider talking with your student about appropriate behavior.

On the way to CSUEB we will take 3 different busses. The first one #35 goes to Bay Fair Bart. The second #10 goes to Hayward Bart. And the last #60 will take us to CSUEB.

On the way back, we will take 2 different busses. The first is #60 to Hayward Bart and #34 to Farnsworth/Fargo Ave.

There is a very high chance that we will have to stand on the bus if it is full and the wait time between buses may be up to 15-20 minutes. Students have been instructed to not engage with strangers and to give up their seats to those that need them more.

We will have lunch roughly around 11am. CSUEB is a cashless campus and so students will need to bring their own lunch or a school lunch and a drink. The forecast right now shows there's a 60% chance of rain, but it looks like the rain stops before school starts.

Chaperones will hold onto their groups' AC Transit Day Passes. There will be 5 groups with 4-5 kids in each. My group will always be in the front. Coach Weller or Ms. Wakeman's group should be in the rear. We will have a school tour led by CSUEB Student Ambassadors. They have tailored their tour for elementary school students. We will be back by 1pm.

March 11, 2025

Your students are bringing home two very important papers that need your signature.

First, there is a permission slip for explaining our next unit in reading in reading. We will be reading the book *White Bird* by R. J. Palacio. It is a historical fiction book set during World War 2 and the subject matter does introduce the topic of the holocaust. We will be using it as a springboard for our continued conversations about kindness. We are going to be also learning about being an Upstander and social justice. At the end of the unit we will compare the text and the movie. Here is some more information about the book (which is suggested reading for 5-7 grades). [Graphic Novel Information](#) and the movie here: [Motion Picture Information](#)

Second, Room 406 is going on a field trip! Yay! We will be going to California State University East Bay in April. Please review and return your student's signed permission slip as soon as you are able.

Thanks!

Mar 9, 2025

Last week, we had the pleasure of a visit and performance from the Lion Dancers in honor of the Lunar New Year. It was a wonderful and enjoyable experience for all. Please enjoy the pictures below. .



February 26 2024

Hello Families,

Just wanted to let you know that this and next week students get to skip the writing journal homework. This will allow students to focus more time on completing their information report writing that is due this Friday, February 28. Also, we will be having a bit more math homework as we are working hard in our current math unit on multiplying and dividing fraction fractions.

February 13, 2025

We are at that time again for reading assessment. Next week, TUESDAY-FRIDAY school dismissal if 1:30 pm. The following list of students will stay with me until the regular 3:07 Dismissal on the given day.

Tuesday- Gia, Korie, Shima, Fatimah, Ricky,

Wednesday – Anna, Kevin, Qianchun, Bella,

Thursday-Nathan, Xander, Danilio, Izabella, Zoe

Friday-Cyrus, LamAnh, Josh, Andy Z

Note: a few students are not on the list. This is because they have already been assessed.

Please pick up your student at the Loop. I will walk them up front at 3:05. Thanks for your support.

January 11, 2025

Happy New Year to you all. Our first week back was productive.

In Language Arts, we have begun our class novel study of Wonder by RJ Palacio where we will explore fiction themes and author perspectives and grow our reading strategies. Please remember students should be reading AT HOME daily for 30 min.

In writing, we are working hard on gathering research facts as we improve and grow our information/report writing skills. Students should have 20-25 fact cards completed by MONDAY. They were told to work on it for weekend homework if they didn't have at least 20!

In Math, we started Unit 4-Multiplication and division
December 20, 2024

Thanks to everyone for helping make our Winter Holiday celebration a wonderful day. Students enjoyed playing "reindeer games," watching a silly story, and eating. WOW, did we eat!!! Thanks to everyone for sending in some amazing delicious foods. I really couldn't have happened without you all! As the year winds down, I feel so delighted that this is what I get to do! I get to encourage, laugh, and teach your people as they grow and learn who they are and who they want to become. The precious notes and thoughtful gifts I received also have me touched. Thanks to all of you who shared kind words and generous gifts. I hope that every one of you has a wonderful holiday season and that the new year brings you much laughter, peace and joy! See you all in the new year!

DECEMBER 11, 2024

Here is a copy of the letter coming home today about our Winter Celebration next week with details about our potluck and gift exchange game. PLEASE read it over. I have gone over it with students in detail. If you have any questions let me know.

Dec. 11, 2024

Dear Room 406 Families,

The Winter Holidays and Break are upon us. In celebration of this and all the hard work, Room 406 students have been doing, we are going to have a Winter Party! There will be two very special classroom activities on Friday, December 20th.

1) Room 406's Holiday Gift Exchange Game

On Friday, December 20th, Room 406 will be having its Holiday Gift Exchange Game. PARTICIPATION IN THIS IS COMPLETELY VOLUNTARY. Students who wish to participate should bring one, small wrapped gift that either a boy OR girl would appreciate receiving. The name of the student bringing the gift should be printed somewhere on the wrapping. We will then go through the students who are participating and have each randomly select another student's name from a hat. The student would then receive the gift brought by the student whose name they picked. This activity has been wildly successful and enjoyable for classes in the past and the students have a great time with it!

2) Room 406's Potluck Holiday Class Party

At 11:45 - 12:30 on Friday, December 20th, Room 406 will be having its Holiday Class Party. Students are invited to bring goodies to share with each other. **Family/Cultural holiday foods are encouraged!** Could you please send the following item to school Friday with your child...

_____(SEE YOUR INDIVIDUAL STUDENTS NOTE SENT HOME TODAY_____

Thank you for your consideration regarding the special classroom events on Friday. I know this class will have a fantastic time and will be sent off into the Winter Break smiling. Happy holidays!

Sincerely,

Ms. Wakeman

IMPORTANT NOTE: Due to San Lorenzo Unified School District policy regarding homemade food not being served to students at school, please DO NOT send homemade food to school. Food brought to class should be restaurant-produced, store-bought, or purchased through a store bakery (like those at Safeway, Food Maxx, etc.)

November 1, 2024

Correction

PLEASE NOTE– THERE WILL NOT BE ANY READING ASSESSMENTS ON FRIDAY 11/8.

Oct 29, 2024

NEXT WEEK IS EARLY DISMISSAL ALL WEEK for reading assessments.

The following students will stay after the 1:30 dismissal and be released at 3:07 dismissal time on their day. Please let me know if your student will be walking/biking home on their own from school by sending an email (twakeman@slzsd.org) or written note to the school.

Monday – Alicia, Zoe, Nathan, Ricky, Ivan

TUESDAY—NO STUDENTS-Staff Development Scheduled

Wednesday – Danilo, Kevin, Bella, Izabella,

Thursday- Andy Z, Fatimah, Shima, Anna

NO FRIDAY ASSESSMENTS!!!

PLEASE NOTE: Not every student is scheduled to stay for afternoon assessments. Some students will be assessed at a later time and/or during the school day.

October 25, 2024

Happy Halloween and Blessed Samhain, to all who celebrate. Our class decided to share our ancestor cards next week. I gave students the option to include a picture. This is completely optional. Students may put a copied photo on the back of their ancestor card. I'm happy scan/print copies of any photographs if students bring them to me by next Tuesday October 29. All original photos will be sent home with students unharmed by me. Again, the image is optional.

Reminders–

- Next Wednesday, October 30th the Dayton Fall Festival returns!

- Next Thursday, October 31 is an early dismissal day. Also, there is no school on Friday, November 1.



Here are



Dayton.









October 19, 2024

Our pumpkin patch is this Tuesday. Please be aware that students will be carrying home their pumpkins that day.

We had a busy and productive week. Here is a picture of our bulletin board showing off all our hard work reading the class book study on *Flying Solo* by Ralph Fletcher.





October 11, 2024

Thanks to all who donated to the PTO Pumpkin Patch Fundraiser. The PTO met its goal. Yay! The pumpkin patch is coming to Dayton :-) Pumpkins will be here at Dayton on Tuesday, October 22.

Next week (Oct. 14-18) is the Book Fair in the Dayton Library. Flyers went home today with students. Please see the flyer with the QR code to set up an eWallet if you want to give your students a set amount to spend. Our class will have our library time on Monday (1:20 pm). This one of PTO's

school fundraisers as a percentage comes back to Dayton. Here is the book flyer in Spanish and Chinese.

<https://docs.google.com/document/d/1tqFHxSQqrUfYuAzTV8RBSPmZm10hDpQMq6Jx09cGn2g/edit?usp=sharing>



Honoring our ancestors...All Hallow's Eve, Dia De Los Muertos, Samhain, Autumnal Equinox, Ghost Festival, Pchum Ben, & Qingming Festival. Cultures throughout the world and throughout time have created holidays and festivals to honor their beloved ancestors. Halloween traditions come from many of these different holidays. Our class will share and learn about each other by sharing about some of our ancestors.

This week students were given an extra "homework" assignment to prepare for our class circle at the end of the month. Students will prepare an honor card for a chosen ancestor. Each student was given a handout to bring home this weekend. It needs to be completed and returned to school no later than next Friday 10/18. The students will need this information to help create their honor cards. Pictures or artifacts are welcome if a student has one they wish to share but they are not required.

Here is a copy of the worksheet questions.

[Click Here to see Ancestor Questions Doc](#)

Dayton PTO Pumpkin Patch



PTO is sponsoring a pumpkin for every student at Dayton. PTO is donating funds to cover some of the cost. They are asking families for donations to cover the remainder. Can you help support the pumpkin patch with a voluntary donation of \$5 or more?

Donations are due by Friday, October 11.

Cash can be turned into your child's classroom PTO envelope teacher.

Thank you for your support!

Venmo QR code



October 7, 2024

It was great to talk with you all during parent-teacher conferences in the last few weeks. Autumn is here, not that we can tell by the weather. Your students have been amazing during this heat wave. We completed our first math unit test and moved on to Unit 2-Fractions. In reading, we are wrapping up our class novel study with *Flying Solo* by Ralf Fletcher. Next week will begin small reading groups focused on specific targeted strategies and skills based on student grouping needs. In writing, we are working on learning to revise our narrative story writing at a deeper level. Science and Social studies have been a bit of a slower start this year but we will be moving in our first units in the next few weeks.

Our PTO is hard at work this year helping to create exciting and fun community activities. This month they are helping to sponsor the Dayton Pumpkin Patch. Please see the flyer above and help support this event.

Sept. 8, 2024

We are already 3 ½ weeks into the school year. Please remember to sign up for your Parent-Teacher conference. Our class is coming together wonderfully. We have a wonderful bunch of students in room 406. We have spent the past few weeks working hard on some basic assessments to help me determine the best working groups to help move each student forward in their learning progress. I look forward to discussing each student's results and goals with each of you at our conference. Likewise, we have been participating in several team-building activities to help us learn more about individual self-regulation skills and group participation skills to help create the best learning environment for our students this year.

UPDATE!!!! I have heard again that my link prevents people from filling in the conference schedule. I REALLY believe I figured it out now.

Please sign up as soon as you are able!

[Parent-Teacher CONFERENCE SignUPS...IT WORKS NOW!!!!](#)



Wednesday, August 28

Thank you to all who were able to attend Dayton's Back to School Night event. The Dayton Class of 2025 is a strong, smart, and resilient group of kids capable of amazing things. It is my honor and privilege to help them on their growing and learning journey! Please refer to the info packet on your student's desks AND review the slide presentation below. If you could not make it to Back-to-School Night, please ask your student about the packet as it will go home in their homework folders tomorrow (Thursday) for you to review. Finally, if you have any questions after reviewing the information, feel free to email me at twakeman@staff.slzsd.org



VERY IMPORTANT....PARENT_TEACHER CONFERENCES are Sept. 24th, 26th, and 27th. The conference sign-up schedule is below. I have heard from a few parents that they couldn't access the sign-up sheet or click to enter information. I believe that the issue has been fixed. If you have any problems entering a day/time slot please email me with your day/time slot choices. I will enter requests in the order I receive them.

Sunday Aug 24, 2024

We are well underway! Thanks for all your cooperation and support in getting through reading assessment week. We will be completing reading assessments during class next week for those absent and several students who have shown reading improvements (clearly some students were reading in the summer 😊) over the summer (this means more reading to find the right range-it's a good thing, but it does take more time).

PLEASE NOTE-THIS WEDNESDAY is Back-to-School Night. Please join me in room 406 on Wednesday, August 28 at 5:30. We all have busy schedules and lives. I appreciate you taking the time out of your day to see what to expect for 5th grade and your student's learning environment this school year. I intend to give you the basics to help you support your students. Also, it is important to be there as we will have Parent-Teacher Conference sign-ups that night. So, PLEASE mark your calendars and set your cell phone alarms. 👍😊👍

August 17 UPDATED!!! I APOLOGIZE PROFUSLY!!!

I made an error in reading the Dayton School Calendar. This coming week we have Reading Assessments after school. HOWEVER, this year, the early dismissal days for assessments will only be Tuesday through Friday. I have updated the Assessment Schedule to ensure I can assess all students. Please scroll down to see the updated day assignments.

And our first class pic of the year. Here we are enjoying our first snack of the school year.



August 2024

Hello Everyone! Here we go! Welcome to your 5th grader's final year of elementary school. I am so excited and thrilled about the year ahead and watching this group of students grow and learn!

I have created this Classroom 406 blog page as a one-stop-shop to get all the information and or updates about things going on in our classroom and 5th grade Dayton information. Please start here if you have any questions. Also, please check this at least once a week as I plan to post weekly.

PLEASE NOTE the supply list on my Dayton teacher page or go directly to the link: [Classroom Supply List!](#)

Please mark your calendars for Back to School Night on Wednesday, August 28, 2024-Parent-Teacher Conferences will be discussed and sign-ups will be available that night.

READING ASSESSMENT WEEK IS NEXT WEEK August 20-23

PLEASE NOTE: ~~ALL NEXT WEEK~~ Early dismissal at 1:30 Tuesday, Aug. 19-Friday Aug. 23 so groups of students can stay after for individual reading assessments. Here is a list of which day each student will stay after for Reading assessments:

UPDATED

Tuesday – Shima, Nathan, Anna, Bella, Andy, Fatimah

Wednesday – Omar, Danilo, Kevin, Zoe, Izabella, Ivan

Thursday- Korie, Cyrus, Xander, LamAhn, Janine(Gia),

Friday - Qianchun, Joshua, Alicia, Ricky, Lucio

Students staying after 1:30 dismissal will be dismissed at 3:07 UNLESS you send a note letting me know they can bike/walk home on their own. Otherwise, I will walk students out to the traffic loop at the regular day dismissal time.

Finally, I have created an Amazon Classroom Wish List for things our classroom needs and could use. If you have any interest in helping our class with donations beyond the cash donation request you can visit the class wish list at the following link:

CLASSROOM AMAZON WISH LIST

https://www.amazon.com/hz/wishlist/ls/14IWGF814ANKZ?ref_=wl_share

Thank you so much to everyone who has already sent in class donations. It is so appreciated.

