

Family Ski & Road Trip Packing Guide

Packing for a mountain getaway with kids doesn't have to feel like a sport in itself. Use this master checklist to ensure everyone stays warm, dry, and happy on and off the slopes!

On-The-Mountain Gear

- **Base Layers:** Moisture-wicking thermal tops and bottoms (Avoid cotton! Use merino wool or synthetic materials).
- **Mid-Layers:** Fleece sweaters or lightweight down jackets for extra insulation.
- **Outerwear:** High-quality, waterproof ski jackets and insulated snow bibs/pants.
- **Hands & Feet:** Waterproof ski gloves/mittens, moisture-wicking wool ski socks (pack extra pairs!), and hand warmers.
- **Safety & Vision:** Anti-fog ski goggles and properly fitted ski helmets.

Lodge & Off-Slope Essentials

- **Footwear:** Heavy-duty, insulated snow boots with good traction for walking around the village or base area.
- **Cozy Wear:** Beanies, fleece neck gaiters (safer than scarves on lifts), and comfortable loungewear for the cabin.
- **Skincare Prep:** High-SPF sunscreen and lip balm with SPF (the sun reflection off the snow is intense!).

Road Trip & In-Vehicle Supplies

- **Entertainment:** Downloaded audiobooks, podcasts, and offline movies for the drive.
- **Snack Cache:** High-protein snacks, hydration packets, and insulated thermals filled with hot cocoa or tea.
- **Emergency Kit:** Windshield ice scraper, small snow shovel, jumper cables, and warm blankets.

- Heather's Pro-Tips for a Smooth Trip:

1. **Book Activities in Advance:** Popular family events like **snow tubing** and the **mountain coaster** sell out fast. Don't wait until you arrive; book online weeks before your trip.
2. **Call Ski Schools Early:** If your kids need first-day lessons, call the resort's ski school ahead of time to secure a spot with the best instructors.
3. **Check the Weather Daily:** Alpine coasters and mountain attractions depend heavily on daily weather windows. Always call or check the resort app before walking up to the gate