## **About MINC**

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#### What is netball?

Netball is a fast-paced, team sport similar to basketball with seven players per team. The goal is to pass the ball (no traveling) and shoot into a hoop (with no backboard).

### Who can join?

MINC welcomes female identifying players aged 16+ who have some netball experience, regardless of level of play. Players should be comfortable with basic netball rules and skills, as no beginner coaching is provided.

### Do you take beginners?

MINC doesn't offer beginner training, but those with basic netball experience are welcome to join. If you pretty much know the rules and played even many years ago you are good to go!

#### Do you take juniors?

Currently, MINC is an adult-focused club and does not offer junior programs. If you are 16-18 years old you are welcome to join but we ask that an adult stays to supervise you during the session. If you are 14-16 years old and have played a high level of netball before coming to NYC we are happy to organize a trial session to see if you can join us.

### What standard do you play?

MINC includes players of various skill levels — some of our players have not played since high school whereas others played regularly for a club before coming to NYC. For League and Tournaments, we do have some additional playing requirements (see these sections).

## How to Join

## Joining & Membership

## How do I sign up/join?

You can sign up for MINC sessions through the Kenko (previously called Bookee) app/website. To be able to join our whatsapp group or attend a session you will need to pay a (\$40 annual fee - if joining before July, and \$20 after). However, once you join your first session will be on us! Be sure to book and then come to a committee member at the session for a refund.

## What's included in the membership fee?

The \$40 membership ensures that we can run MINC by covering insurance, affiliation fees, equipment and other day-to-day expenses. Players still pay a session fee each time they participate in a MINC activity.

# Training

## **Training & Attendance**

## NOTE: Training is currently paused while summer league and summer skills are underway. When is training?

Training sessions are held every Tuesday in the Fall/Winter from 8:15 to 9:45 pm. Check out Kenko to sign-up to training. Please note that if there are no training sessions listed it means we are currently not running training

## Where is training?

Sessions take place at Nord Anglia International School, 44 E 2nd St, New York, NY.

#### What do I need to wear?

Wear comfortable athletic clothing and appropriate footwear suitable for indoor courts. Bring a water bottle!

## What is the cancellation policy?

Cancellations are 12 hrs in advance for a refund. Please do not message the committee for exceptions to this.

# Outdoor League

#### <u>League</u>

## What is "MINC League"?

MINC runs an intra-club league on select Saturdays throughout the year in Crown Heights, Brooklyn. Players are sorted into teams for each league and for 6 weeks they battle it out against other MINC teams.

### When is "MINC League"?

League takes place on Saturday mornings with the first league of the season beginning on March (look out on the whatsapp group and on Kenko for signups!) . Exact times vary but games usually start between 8-10am depending on the season.

We run 3 league seasons: Spring, Summer and Fall.

### Where is League?

League takes place on one of the few proper netball courts in NYC — Lincoln Terrace Park in Crown Heights near the 2/4 train at Utica Avenue.

#### How do I sign-up for League?

Sign-up for the league will be in March. Check out Kenko during this time to sign-up as a squad player and you will be contacted to let you know which team you have been allocated to.

#### What level of netball do I need to play to join League?

Our League is a more competitive playing opportunity and girls will be on the court to win. We suggest that (describe req?) you should come to Training before signing up for League.

### Who umpires/scorekeepers for the league?

Our umpires and officials are volunteers from our membership pool.

#### What do I wear for the League?

Wear comfortable athletic clothing and appropriate footwear suitable for outdoor courts. Bring a water bottle- especially in the summer when it gets very hot. Don't forget sunscreen.

#### How long are games?

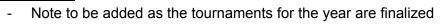
For Spring and Summer League we play full netball games -  $4 \times 15$  mins and in the Fall we sometimes vary this to prepare for tournaments.

## **Key Dates**

- Spring League Mar 8, 2025 to Apr 12, 2025 (6 weeks)
- Summer League Jul 12, 2025 to Aug 23, 2025 (7 weeks)
- Fall League Oct 4, 2025 to Nov 8, 2025 (6 weeks)

## **Tournaments**

## **Tournaments**



## **Communication and Questions**

## **Communication and Announcements**

## How do I hear about things at MINC?

- We use both a mailing list and a whatsapp group for communication. To signup please fill in our membership form for 2025 to be added to the whatsapp group or to the mailing list

## If I have questions, what do I do?

Please first refer to the FAQs doc right here as well as look at Kenko; if you still have a
question please reach out to Beth or Nikita (+13477217108) and we will be happy to
assist you