

School Supports & Resources	BC Curriculum Connections- Students are expected to know (Content)	Lessons/Units
Teacher Guide for providing Substance Literacy Language Matters- An Introductory Guide for Understanding Mental Health and Substance Use: A resource for Educators and School Communities (Ministry of Education BC) ABC’s of Substance Use- A guide to Evidence based approaches to youth substance use in BC Schools. K-12 Youth Harm Reduction Toolkit- IH Sacred Tobacco- PHE Canada Tobacco & Vaping Resources for Schools- IH Tips for Providing Substance Use and Sexual Health Education in Schools -Interior Health Quitnow.ca -Youth Vaping Website- Mini-Site with updated resources for youth interested in quitting or reducing their vaping. Health Canada Tip Sheet- Talking with your Teen about Vaping Vaping and Youth: Factsheet for Parents Vaping- Parent and Guardian Letter	Grade 9- physical, emotional, and social aspects of psychoactive use and potentially addictive behaviours. Grade 10- physical, emotional, and social aspects of psychoactive use and potentially addictive behaviours. <i>*Psychoactive substances including : alcohol, tobacco, illicit drugs and solvents.</i>	Safety First Stanford Medicine- Tobacco Prevention Toolkit (13 lesson plans, discussion guides and kahoots) - Intro to Safety First Drug Education - Keeping you Safe; Reducing Your Harm: An Overview - Drugs and The You-th Brain - Stress, Coping and Wellness - Stimulants - E-Cigarettes/Vaping - Cannabis - Alcohol & Other Depressants - Fentanyl & Opioid Awareness & Overdose Prevention - Hallucinogens - Media Literacy: Understanding the Portrayal of Drugs - Zero-Tolerance: Understanding School Drug Policy - Looking Back, Looking Forward Safety First Interior Health Educators Guide- Interior Health IMINDS- - Cross-curricular lessons about substance use and addiction STOMP KIT (Students Move Together to Prevent Tobacco Use) - Is inquiry designed learning to empower youth to take action around their health, while also giving them the tools they need to examine their habits, reflect on the harms of vaping and smoking behaviours, and encourage them to generate healthy conversations with peers around tobacco. - Video explaining Sacred Tobacco - www.phecanada.ca/programs/stomp