

1. How are you feeling? Give us a quick temperature check in a few words, or even in emoji.

Not surprised given the enabling and gas-lighting by so many. Saddened by the attacks and the truth about our country's ills.

Frustrated. Disappointed but not surprised. A bit numb. Do laws matter anymore? Why do people suck? Why is a huge swath of the population convinced in conspiracy theories? Why does protesting for black lives warrant backlash but storming the Capitol is met with little resistance. I also feel somewhat like an idiot thinking economic anxiety was the reason when it was just an excuse for racism. It's not like I didn't see the signs beforehand and I don't even like the president at all yet this is far worse than I've imagined. It also doesn't feel like this is even close to over...they're apparently planning on coming back on the 19th and I'm not sure if this country can wait until the inauguration to stop this madness.

Also I need people to stop lying about what happened. It's ridiculous seeing people try to deflect and be hypocrites about the whole event.

I feel confused and sad. I am tired of the division. I am tired of the "othering" I want to understand why people feel so much fear and hatred and I want to know what we can do to heal.

Scary Discouraged N

Emotionally drained, exhausted, afraid to speak out

Disgusted, ashamed, and not surprised

I can't believe I thought trump got elected because of "economic anxiety". I guess I gave people the benefit of the doubt before. But at the same time, it seems like I should have known sooner.

Angry, ashamed, tired. So very tired. Some friends of mine in DC were verbally attacked in their own front yard last night near Capitol Hill and had property damage.

Angry, unsurprised, disappointed in response.

Frustrated with people saying "this is not America." Yes, it is. Wake up.

not surprised but still horrified. Worried for my children. Upset with family and friends who defended and justified the acts of violence.

Also angry. Feeling like it's not surprising at all but I'm sick of some people pretending it is. Tired of seeing politicians who stoked the flames of this for the last four years turn around and pretend they're "shocked and appalled" it ended this way. Tired of people trying to equate this with BLM and social justice protests from the summer. Thankful for the Georgia results and

incoming Admin. Not naive enough to think it'll fix everything but at least it's a very small start to get some of these people out of positions of power.

Was happy about Georgia through all this. What an accomplishment to have such high turnout in such a high voter suppression-ridden state

Nervous & Angry. Worried about my friends of color.

Emotional, looking for accountability

Exhausted; not surprised, but still appalled; irritated at the minimization of the events in some spaces; keeping Georgia in mind to move forward; sickened and scared when I saw a person wearing Tr*mp 2020 gear at the grocery store hours after the riot

Frustrated, but not surprised. Angry that it took this long for the dangers of Trump's support base to be realized by the GOP and angry that it took 4 deaths and many more injuries for his staunch supporters to come out of their delusion about the election results. Happy that we're finally calling these people what they are: domestic terrorists. Terrorists. Worried about what's to come in the next few days, weeks, years with this dangerous sector of society armed, unhinged, and enabled. Worried about what the next headline will be. Thankful for Georgia results and what looks to be a very progressive Congress + Executive branch for 2021 onward. Trying to stay hopeful but as a Black person in America; it's been hard and tiring these past few months, especially knowing the issues that lead to yesterday's events are deeply ingrained within our country and won't be solved overnight. Racism, bigotry, delusion, division, etc. Hopeful nonetheless, especially thankful for this community.

Terrified, humiliated, shamed by the actions of others

Deep anger

Truly angry. Disgusted

How do we move forward in a constructive way with international allies, who relied on us for guidance when conducting their own elections, when we are derailed by terrorists who are institutionally supported. Frustrated, scared and dismayed. Are we watching the end of our democratic society?

I am not surprised. I continue to be frustrated by the rhetoric that this was a protest and that those people had valid reason to storm the capital. This should be named domestic terrorism, and the white supremacists at fault (all layers) must be held accountable.

Hardly surprised and almost apathetic. I don't feel like anything meaningful will come of this even. I still don't expect a full rebuke of Trump and allies spreading lies and fanning hatred. What can we do?

Angered by pictures of the military response to BLM protests and none for the protection from white supremacist domestic terrorism

Appalled by the audacity of the mob which entered the capitol and police incapacity. I am astonished also by how they were even able to enter in the first place? Had this been any other racial group protesting even peacefully, they would have to deal with much worse (to put it mildly)

It was like watching an apocalyptic film unfold, and I was not surprised until I saw terrorists walking out the door - I thought they would be trapped in the Capitol and arrested...I am deeply afraid that there are many people walking around that support and condone this and that this is the moment of fracture that will not be healed. When people say that the Civil War was "brother against brother" I now feel that I am staring that in the face. It's sickens me.

2. What are some of the ways you experienced the events of January 6?
Being on Twitter pretty much all day and talking with my family. I also spent it talking with my fellow BlueJays on Discord
Glued to the computer, texting with family and friends
Constantly watching the news/ doom scrolling. Hearing my grandparents yell at the news from downstairs.
Talking with family & friends while watching it play out; in shock and disbelief
Hours of twitter
Hours of NPR (radio) and some TV coverage.
At home on my couch with my partner; but also in the waiting room at a hospital where I had to listen to a woman cheer on the people on the screen and audibly say to those of us within ear shot "well done comrades" -- it was awful.
Social media to some extent, but tried not to go too far down the wormhole.
Reaffirming people calling and texting to ask if my partner was there or not (he works in DC on the Hill). (He wasn't thankfully).
Checking in on all my friends and family in DC to make sure they stayed inside after dark.
On my computer, reassuring my boyfriend he wasn't crazy for feeling like he couldn't focus on his work all day because he was so sad and stressed. Sharing calls for justice on my social platforms. Checking in with friends.
Talking to my kids about what was happening, conversation, texts, news
Phone stuck in my hand, eyes stuck on the happenings in DC
Have to be honest, was surprised President Daniels actually sent an email about this within hours instead of within days.
Glued to the news notifications com
On the phone the entire afternoon, I completely abandoned any kind of productivity, I feel shitty that I left some things hanging in my inbox and also human
I had just come home, and I kinda just sighed. I didn't really look at the news until later. I felt empty, among other things.
Laying in bed where I had been all day, trying to avoid news and worried about what the next headline would be. Upset and frustrated, couldn't sleep last night.

3. What questions came up for you as a result of yesterday's events?

do you think this is a putsch or a violent mob?

Attempted coup. Time will tell. Rs cannot pretend not to have egged this on. They need to own it, completely and then some, and work for this to change 180 degrees

Will capital police be something that is no longer under the control of a president? DC should be its own state

Will there be a shootout in the capital? Will elected representatives die? Will there be further violence or targeted attacks in wake of this? Will Trump supporters/allies believe? If they do, will they care or change their minds?

How compromised are law enforcement agencies? When will this happen again? Will political leaders take this seriously enough or will fake outrage against the mob from republicans who fomented it be enough? Will anyone beyond a couple people arrested face consequences? How can we do anything to fight this?

Where are the police, national guard; how is this happening? What are trump supporters thinking now? IMPEACH him now, he can do a lot of damage in the next 2 weeks

Why did national security not take this pre-publicized MAGA event seriously, but had unnecessary swarms of law enforcement in advance of BLM protests?

Importance of DC having statehood - would that have allowed for them to be better prepared?

Why is Trump not out of office yet? Why are we allowing this police force to continue as though they didn't contribute? Why are members of Congress who clearly stoked this being expelled immediately?

How many arrests will ACTUALLY happen as a result? I heard 52 today... BLM arrests topped 14,000 this summer... unreal.

Will ALL of those responsible be held accountable? Particularly those at the top.

They are not yet, really, except to pretend they haven't played the game of enabling and milking a chaos agent and destructor in chief

This changes the game forever around security of government buildings and processes.

How do we acknowledge that this is a small group not representing all Americans or Republicans?

Is it possible to instead of wishing for violence against these rioters, is there a way to make this the standard for how police handle future protests? There was a clear difference in how police treated white protestors compared to black protestors at previous events? Can we acknowledge this in a productive way instead of wishing for more violence and hate?

How do you reconcile a belief in humanity with these actions? How do we identify with what it means to be “American” and how we include our government in those definitions. How and why people believe what they do. The fear of change.

Do my right-leaning friends and family really think this is patriotic???

Wonder if anyone wants to take their vote(s) for Trump back now? If there are folks with true regret to have to burden now. AND if so, good. But it doesn't help us now.

We can't say that the ambiguity of fascism is a defense anymore, right>?

Will the Capitol police be held accountable for this? Why do people suck?

What will the next thing be? What are our plans of actions to combat this? What will it take for people to step away from bigotry and come towards unity? For people to not embody a false sense of power? What will happen to Trump? Will this constant feeling of dread ever end?

[illegible]

4. What are your hopes and worries for the future?

Fascism is rising, both the Democratic Party and the Republican Party have no actual plan for this, they expect things to go back to normal, which won't happen in a dying empire on a dying planet. I hope there is a way for a multiracial coalition to develop to take these challenges head on, but I don't know where to see that being built.

Facism rising globally as well, it is a precarious time at best, and a critical one. As climate change ravages the earth increasingly it will only worsen, without a major unprecedented pivot in how we treat each other and the planet

Will it get worse before it gets better? Can justice prevail? Does good win over evil?

People think January 20 everything will magically change. Get real.

Hoping for justice to be carried out but worried it won't be... and what happens when the next person comes along who is this evil but much smarter and competent and "digestible"? Hopeful the new Admin will enact some real changes that paint a clear picture of where our nation's priorities should rest. Hopeful people my age and younger are seeing all of this and planning to run for office, campaign, join NGOs, etc. in the future.

Hoping for some meaningful climate/environmental action from Biden and a Democratic Congress. I'm hopeful that Democractic control enables centrist Republicans to reject Trump and extremist, collaborate more, rekindle bipartisanship. I worry Dems will squander the next two years without major legislative victories or a captured judiciary prevents meaningful change. I worry both Republicans and Democrats will become more entrenched until violence becomes worse.

That we will have a President and VP that are human beings - and have compassion, respect, and understanding of how language matters, action matters, and resources matter.

Just last night, I cut ties with two family members over all this. My hope is that they see my absence and action as a wake up call to listen and look around; but my worry is that I won't get those relationships back.

Hoping for my children and the younger generation to have eyes to see and hears to hear what is good and strive to protect our democracy.

I am mourning the loss of my parents

I worry that the essence of liberalism allows fascism to grow

