

# Gender Affirming Hormone Therapy in Meanjin



*Created by the UQ Union Queer Collective  
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This document lists services, health providers and networks available in Meanjin (Brisbane), written by members of the UQ Union Queer Collective. It uses a community rating system, identified by members of Open Doors Youth Service and the UQ Union Queer Collective.

## Rating system





**Excellent:** Service is meant for the LGBTQIA+ community

**Very-Good:** Service is great at inclusion, but might not be a queer only service or maybe less knowledgeable on some issues.

**Good:** Service is committed to inclusion

★ : Members have had great experiences with the service.

## Other Guides

-  [UQUQC Meanjin LGBTQIA+ Services](#) for a list of LGBTQIA+ services in Meanjin (Brisbane)
-  [UQUQC Resources to learn about LGBTQIA+ and queer topics](#) for a detailed resource and info for allies/those new to LGBTQIA+ topics.
-  [UQUQC Gender Affirming Wear](#) for a detailed guide and list on gender affirming wear companies.
-  [dbt-skills-workbook.pdf](#) for the whole DBT skills workbook.

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## Informed Consent

Firstly, [AusPATH details on informed consent and Gender Affirming Hormone Therapy](#).  
Accessible here: <https://shorturl.at/hmyT2>

Informed Consent is the prescription of medication by a qualified GP without the need for a psychologist diagnosis. The GP is required to fully inform you of the effects, risks, and possible outcomes for the treatment, and provided you accept the given information in totality you may proceed with treatment once an Informed Consent form is individualised and filled out. Informed Consent GPs are not mandatory so you will have to find one that identifies themselves as one. For more information check out [TransHub](https://www.transhub.org.au/clinicians/informed-consent):

<https://www.transhub.org.au/clinicians/informed-consent>

## Routes to access GHAT/HRT

There are a few ways to access hormones, here's a brief list of what type of doctor and why you might choose them. No GP should make you wait a certain period of time to verify you are trans or gender diverse. Some GP's might request a psychology sign off on a diagnosis of gender incongruence or gender dysphoria.

*Note, for those accessing testosterone under PBS restrictions apply on who can prescribe it.*

*"Must be treated by a specialist general paediatrician, specialist paediatric endocrinologist, specialist urologist, specialist endocrinologist or a Fellow of the Australasian Chapter of Sexual Health Medicine; or in consultation with one of these specialists; or have an appointment to be assessed by one of these specialists.*

*The name of the specialist must be included in the authority application."*

<https://www.pbs.gov.au/medicine/item/10380H>

## Ways to access

- 1) GP who prescribe through informed consent
  - a) Note to access Testosterone via PBS it must be prescribed by a sexual health physician with authority
- 2) Sexual health physician
- 3) Endocrinologist

You have a few options, fastest routes are:

- Get a referral to either Dr Graham Neilsen at Stonewall Medical centre
- Book an appointment with Clinic 30
- Book an appointment with Dr Fiona Bisshop at Holdsworth House
- For Dr Stuart Aitken at The Evandale Practice call the practise and ask about how to book an appointment with him.

## GP's & Sexual Health Physicians Who Prescribe HRT

Majority of these recommendations come from AUSPATH, find allied health AUSPATH providers on AUSPATH's website: <https://auspath.org.au/providers/>

DocDir also provides a directory of Australian clinicians: <https://docdir.org.au/>

- Dr Fiona Bishop: Trans Medicine, Sexual Health: Holdsworth House Fortitude Valley, Brisbane;
- Dr Victoria Featherstone: GP: Holdsworth House Fortitude Valley ★
- Dr Stuart Aitken: Trans Medicine, Sexual Health: Bundall Gold Coast & Windsor ★
- Dr Gale Bearman: Trans Medicine: Highgate Hill, Brisbane ★
- Dr Graham Neilsen: Sexual Health Physician; Stonewall Medical Centre, Windsor & Brisbane Gender Service ★
- Dr James Allen: Stonewall Medical Centre, Windsor
- Dr Hemming Lu: Stonewall Medical Centre
- Dr Rhys Young: Holdsworth House ★
- Dr Nicholas Martin: QCGP+ Clinic ★
- Dr Shimalshini Fernando: Doctors @ Brisbane Markets
- Dr Anna Thomas: Greenslopes
- Dr Ethan Salleh: Gladstone Road Medical Centre
- Dr Matthew Barber: Gladstone Road Medical Centre
- Dr Mitch: Jimboomba Medical Centre
- Dr Ladhams: Our Medical Centre
- Dr Jane MacLeod: Holdsworth House ★
- Dr Ruth Taylor : Gasworks Medical Centre

## Endocrinologists with trans experience

- Dr Naomi Achong: Access Specialist Centre, Belmont (16+ years)
- Dr Anna Thomas: Stones Corner
- A/Prof Gordon Senator: Southport & Palm Beach
- Dr Grant Cracknell: St Andrew's War Memorial Hospital, Brisbane
- Dr Chris Strakosch: Greenslopes
- Dr Matthew Balcerek: Auchenflower
- Dr Margaret Williamson: Indooroopilly
- Dr Áine Peoples: South Brisbane

## GP's for referrals & general care

- Gasworks Family Practice
- Gladstone Medical Centre
- Stonewall Medical Centre
- Holdsworth House
- Dr Wendall: Stonewall Medical Centre
- Dr Rebecca Lock: Stonewall Medical Centre
- Dr Ladhams: Our Medical Home
- Dr John Bennet: UQ Medical Centre & Toowong Smart Clinic
- Dr Tracey Schrader: Clinic30
- Dr Ethan Salleh: Gladstone Medical Centre
- Dr Matt Barber: Gladstone Medical Centre
- Dr Gale Bearman: Gladstone Medical Centre

## Other resources for GHAT/HRT

### [Dr Fiona Bisshop's research on trans health in emergency care](#)

<https://onlinelibrary.wiley.com/doi/full/10.1111/1742-6723.13990>

### [Trans Research](#)

Trans research is a research group within the Department of Medicine at The University of Melbourne. The Trans Health Research team are based at the University's Department of Medicine at Austin Health, which is a teaching hospital affiliated with the University

<https://www.transresearch.org.au/>

### [Fact sheet: Masculinising Hormone Therapy for Gender Transition](#)

<https://hormones-australia.org.au/wp-content/uploads/2021/03/Fact-Sheet-Masculinising-Hormone-Therapy-for-Gender-Transition.pdf>