

Eastland Jr./Sr. High School Lunch Menu September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1. Labor Day No School	2. Chicken Patty WG Bun Lettuce/Tomato/Onion Sweet Potato Fries Steamed Carrots	3. Texas Straw Hats Corn Salsa Churro	4. Pasta Bar Choice between Alfredo Sauce & Red Sauce Chicken or Meatballs Garlic Toast Italian Salad	5. Hot Ham & Cheese Pretzel bun Tater Tots Veggie Juice
8. Chicken Nuggets WG Dinner Roll Mashed Potatoes Gravy Steamed Carrots	9. Cheeseburger WG Bun Baked Beans L, T , O Baked French Fries	10. Pizza Caesar Salad Green Beans	11. Grilled Chicken Sandwich w/bacon on a WG Bun Lettuce, Tomato, Onion Chips Corn Strawberry Spinach Salad	12. Roasted Pork Loin Garlic Mashed Potatoes Steamed Carrots WG Dinner Roll WG Treat
15. Taco in a bag Romaine Lettuce Tomatoes, Salsa Refried Beans Corn & BB Salsa WG Treat	16. SIP Day Sub Sandwich Chips Carrots & Ranch Veggie Juice Apple Slices & Caramel WG Treat	17. Hot Dog or Brat WG Bun Baked Beans Pasta Salad Chips	18. Quesadilla Spanish Rice Romaine Salad Tomatoes, Cucumbers Veggie Juice	19. Baked Potato Bar Taco Meat or Bacon Cheese Sauce Steamed Broccoli WG Donut
22. Orange Chicken WG Fried Rice Steamed Broccoli Veggie Juice Fortune Cookie	23. Burrito Bowl w/Cilantro lime Rice Chicken Fajita or Pork Carnitas WG Tortilla Chips or Wrap Chipotle Beans Guacamole , Tomatoes, Salsa, Corn & BB Salsa WG Treat	24. Pulled Pork WG Bun Tater Tots Pickle Spears Coleslaw	25. Bosco Sticks Marinara Sauce Broccoli Salad Green Beans	26. Chicken Drumstick Mac & Cheese Tossed Salad Steamed Carrots
29. Texas Straw Hats Corn Salsa Churro	30. Chicken Patty WG Bun Lettuce/Tomato/Onion Sweet Potato Fries Steamed Carrots	1.	2. Meatball Sub Roasted Veggies Macaroni Salad	3. Hot Ham & Cheese Or Italian Slider Pretzel bun Tater Tots Veggie Juice

NOTES

Milk served with every meal.

- FF White
- FF Chocolate
- 1% White

Fresh and Canned Fruit are offered every day.

Daily alternate meal choices:

Chef Salad

Vegetarian Salad

Caesar Salad

Ala Carte snacks available daily:

PB & J Uncrustable

Assorted Chips

Whole Grain Bars

Bottled Water

Gatorade

Izze & Switch

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