One goal I have for my instruction is...
One goal I have for my advocacy is...

I want to beef up my speaking instruction by...

One strategy I'd like to focus on for the first trimester is...

One structure or routine I'd like to focus on for the first trimester is...

I will launch the school year with...
I will launch the school year feeling/knowing...
I believe that I can/am...

I believe my students can/are...

When things get tough I can/will... When I'm overwhelmed I can/will...

One thing I will do to set myself up for success is... One mantra I can carry with me is...