



Team Navigators

5D



REMOVAL from INSTRUCTIONAL TIME FORM

Student Name:

Date/Time:

Grade/Class:

The lesson could not continue because...

The student was not **RESPECTFUL** by...

- ☐ causing disruptions
- ☐ being uncooperative with a peer/adult
- ☐ arguing/disobeying an adult
- ☐ having a conflict with another student

The student was not **RESPONSIBLE** by...

- ☐ following directions repeatedly

The student was not **SAFE** by...

- ☐ keeping hands/feet/objects to myself
- ☐ using materials appropriately
- ☐ following dress code

Additional details for why the student is being removed or OTHER reason.

Staff Signature/Name (Printed if illegible)

Office Actions Taken: *(Provide brief detail)*

- ☐ Student sat for a ____ minute "Time out/Cool down."
- ☐ Student completed "Think Sheet/Behavior Reflection" and returned to class.
- ☐ Student used the sensory room.
- ☐ Student was cooperative with office staff.

Student Return to Class at _____.

Office Staff Signature:

Berea-Midpark Middle School

Student Think Sheet-Behavior Reflection

<u>MY CHOICES</u>	<u>REASONS FOR MY CHOICES</u>	
What choices did you make? <ul style="list-style-type: none"> <input type="checkbox"/> Used mean words. <input type="checkbox"/> Hit, kicked, pushed, tripped or scratched <input type="checkbox"/> Took something that didn't belong to me <input type="checkbox"/> Hurt someone else's property <input type="checkbox"/> Refused to follow an adult's directions <input type="checkbox"/> Used materials inappropriately 	How were you feeling <i><u>BEFORE</u></i> you made the choice? <ul style="list-style-type: none"> <input type="checkbox"/> Sad <input type="checkbox"/> Angry <input type="checkbox"/> Jealous <input type="checkbox"/> Disappointed <input type="checkbox"/> Lonely/Left out <input type="checkbox"/> Worried <input type="checkbox"/> Nervous <input type="checkbox"/> Embarrassed <input type="checkbox"/> Ashamed/Guilty 	What did you want? <ul style="list-style-type: none"> <input type="checkbox"/> Someone to pay attention to you <input type="checkbox"/> To get revenge <input type="checkbox"/> To feel happier <input type="checkbox"/> To not do my work <input type="checkbox"/> To get away from someone <input type="checkbox"/> To have something <input type="checkbox"/> To have control or power over something/someone <input type="checkbox"/> To have fun <input type="checkbox"/> For someone to like me or include me
<u>CONSEQUENCES OF MY CHOICES</u>		
How do you feel now? <ul style="list-style-type: none"> <input type="checkbox"/> Sad <input type="checkbox"/> Angry <input type="checkbox"/> Jealous <input type="checkbox"/> Disappointed <input type="checkbox"/> Lonely/Left out <input type="checkbox"/> Worried <input type="checkbox"/> Nervous <input type="checkbox"/> Embarrassed <input type="checkbox"/> Ashamed/Guilty 	How did your choice hurt you? <ul style="list-style-type: none"> <input type="checkbox"/> I didn't learn as much <input type="checkbox"/> I feel worse now <input type="checkbox"/> People might not trust me as much now <input type="checkbox"/> People might think I'm not very kind 	How did your choice hurt someone else? <ul style="list-style-type: none"> <input type="checkbox"/> It hurt their feelings <input type="checkbox"/> It hurt their body <input type="checkbox"/> It hurt something that belongs to them <input type="checkbox"/> They didn't get to learn as much <input type="checkbox"/> They felt disrespected
<u>MAKING IT BETTER</u>		
What can you do to make it better? <ul style="list-style-type: none"> <input type="checkbox"/> Apologize <input type="checkbox"/> Clean up the mess <input type="checkbox"/> Do my work <input type="checkbox"/> Follow the directions <input type="checkbox"/> Not argue with an adult <input type="checkbox"/> Ask what I can do to make it better 	What will you do differently next time? <ul style="list-style-type: none"> <input type="checkbox"/> Ask an adult for help <input type="checkbox"/> Take some deep breaths or do something else to calm myself down <input type="checkbox"/> Focus on doing my work <input type="checkbox"/> Think before I speak <input type="checkbox"/> Try to see the value in what I'm learning <input type="checkbox"/> Try to get along with others 	What will happen if you make a better choice next time? <ul style="list-style-type: none"> <input type="checkbox"/> People will want to be around me <input type="checkbox"/> I will be proud of myself <input type="checkbox"/> I will learn more <input type="checkbox"/> My grades will improve