

## CLINIC LETTER HEAD HERE

Date:

Mutual Patient Name:

DOB:

Dr. \_\_\_\_\_,

Mutual patient \_\_\_\_\_ was seen on \_\_\_\_\_ for an eye exam. The patient was best corrected to \_\_\_\_\_ in each eye. The patient has had repeated episodes of subconjunctival hemorrhages. These large hemorrhages are usually benign and self-limiting, but they are a cause for concern if they reoccur multiple times with no apparent underlying reason or etiology. Since the patient has had several episodes of these hemorrhages in the front of the eye, it is important to run blood work to determine if there is a systemic association that may be causing this problem.

Here is the blood work/type of testing that would be required in this situation. I request that you order these blood work for the patient to determine the cause of the recurrent bleeding in her eye. The patient is aware and is very motivated to determine a cause for the bleeding. If you would like to discuss with me prior to ordering any blood work, please email me at the email address below or you can reach me at the phone number below.

**Laboratory testing may be directed toward identifying blood dyscrasias, clotting disorders and other hematological abnormalities. Suggested testing may include (but is not limited to) the following:**

- Complete blood count with platelets (CBC with differential and platelets)
- CMB - comprehensive metabolic panel
- Prothrombin time (PT)
- Activated partial thromboplastin time (PTT)

- Activated partial thromboplastin time (APTT)
- An international ratio (INR) to rule out over-anticoagulation in patients taking blood thinners
- Antiphospholipid antibodies
- Homocysteine level, particularly in young men
- Assay for natural anticoagulants such as protein S and protein C, antithrombin III, factor V Leiden
- Beta-glycoprotein
- HIV Virus titers
- Anticoagulation panel for lupus if suspected autoimmune condition
- Sjogren's testing panel
- If African American, sickle cell panel
- Patients taking warfarin (Coumadin, Bristol-Myers Squibb) or dabigatran (Pradaxa, Boehringer Ingelheim Pharmaceuticals) or aspirin should obtain international normalized ratio (INR) values to determine if therapy needs to be adjusted

Sincerely,

Dr. Sambridhi Paudyal, OD

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