

what's that feeling called?

When you feel so lonely, yet
the thought of being embraced
by another person makes
ur stomach churn

It's the paradox of
the one who thinks she's unlovable
and her perpetual yearning for love

Note:

It's sappy, but I wrote this when I was going through a depressive episode. I just wanted someone to hug me and tell me that it will be okay, but I had no one at all, and I felt so unloveable el oh el. I'm doing much better now though, sometimes. Anyways, here's a picture of my dog because he loves me :')

