

# Parenting Your Kids Through Tough Questions About Faith: Resources

## **General Resources for Parents about Helping Your Kids Stay in the Faith**

Books:

- [Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids](#) Kara Powell
- [The Sticky Faith Guide for Your Family](#) Dr. Kara E. Powell and Dr. Chap Clark.
- [So the Next Generation will Know: Preparing Young Christians for a Challenging World](#) Sean McDowell and J. Werner Wallace
- [Mama Bear Apologetics: Empowering Your Kids to Challenge Cultural Lies.](#) Hillary Morgan Ferrer
- [3 Big Questions That Change Every Teenager](#) Dr. Kara Powell
- [Parenting without Panic in an LGBT-Affirming World](#) Rachel Gilson
- [Growing With: Every Parent's Guide to Helping Teenagers and Young Adults Thrive in their Faith, Family and Future](#) Kara Powel and Steven Argue
- [The Anxious Generation](#) Jonathan Haidt. The author is not a Christian, but he makes a strong case for the benefits of church community and youth groups. Presents in-depth research.

Online resources:

- [Fuller Youth Institute](#) / also search for Kara Powell on YouTube.
- [Faith in an Anxious World](#) (Parenting Podcast)

## ***Elementary School Kids:***

Books:

- [The Case for Christ \(for Faith, for a Creator\) for Kids](#) Lee Strobel. (Ages 6-10). For teens, look for "student" editions of the "Case for..." books.
- [Indescribable / How Great is Our God / The Wonder of Creation](#), Louie Giglio (Ages 6-10) Fun daily devos to help kids see God's hand in creation
- [Cold Case Christianity for Kids: Investigate Jesus with a Real Detective](#) J. Wallace (Ages 8-12)
- [God's Crime Scene for Kids: Investigate Creation with a Real Detective](#). J. Wallace (Ages 8-12)
- [Who are You?](#) A Little Book about Your Big Identity, Christina Fox

Podcast for parents of Elementary School Kids: [Curiously Kaitlyn](#)

**Teens:**

Books:

- [10 Questions Every Teen Should Ask \(And Answer\) about Christianity](#) Rebecca McLaughlin
- [Living in a Gray World: A Teen's Guide to Understanding Homosexuality](#) Preston Sprinkle
- [3 Big Questions that Shape Your Future](#) Kara Powell
- [Swipe Right: The Life and Death Power of Sex and Romance](#) Levi Lusk

Podcasts:

- Growing With Parenting podcast:  
<https://fulleryouthinstitute.org/podcast/growing-with-parenting>

***Other General Resources to Help Parents prepare for Tough Questions***

Books:

- [Making Sense of God](#) and [Reasons for God](#) Timothy Keller (Both of these are superb)
- [Are All Religions True?](#) Harold Netland
- [People to Be Loved: Why Homosexuality is not Just an Issue](#). Preston Sprinkle
- [Embodied: Transgender Identities, the Church, and What the Bible has to Say.](#) Preston Sprinkle
- [What Should We Think About Gender and Identity.](#) Robert S. Smith (short, simple book with really helpful explanation of current terminology)
- [Does the Bible Affirm Same-Sex Relationships?](#) Rebecca McLaughlin (very simple, easy to read book.)
- [How NOT to read the Bible](#) Dan Kimball
- [Why Trust the Bible?](#) Amy Orr-Ewing (answers to common objections to the Bible)  
For the Body Timothy Tennent (why does God care what we do with our bodies?)
- [Body of Proof: 7 Best Reasons to Believe in the Resurrection of Jesus-And Why It Matters Today](#) Jeremiah J. Johnston

Videos and Podcasts:

- [thebibleproject.org](#)
  - Dozens of videos to help you understand the story of the Bible and how a Christian lives in that story.
- [Dr Craig Videos](#)
  - Short Animated Videos explaining basic philosophical arguments for God
- [The Surprising Rebirth of Belief in God](#)

- Interesting stories and interviews with former atheists who came back to belief in God and/or Christ. Includes the story of the rise and fall of the 21st century atheism movement. Helpful for understanding what draws people back to God.